

Report to the Montana Legislature

Twelve Month Out-of State Placement and Monitoring Report

July 1, 2009 through June 30, 2010

(No. 1.3)

Submitted August 24, 2010

Youth in Out of State Placements: July 1, 2009 through June 30, 2010 (SFT 2010)				
Psychiatric Residential Treatment Facilities (PRTF) and Therapeutic Group Homes (TGH)				
Source of Funding for placement:	Medicaid only	Medicaid plus one or more agency	Non-Medicaid	Total

Unduplicated number of youth in out of state PRTFs or TGH	28	45	27	100
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- Information about youth in out of state acute psychiatric hospitals has been omitted. These admissions are generally brief and are either in border facilities or in a facility near a PRTF out of state.
- For purposes of reference, the total unduplicated number youth in an out of state PRTF or TGH in SFY 2009 (12 months) was **127**.

Medicaid funding was available for 73 of the 100 youth in out of state placements in SFY 2010. The chart below indicates placements by agency along with the funding source. This count excludes youth placed in treatment without agency involvement. Due to the fact that some youth were involved with more than one agency and some youth were placed more than once during the SFY, the numbers below do not represent unduplicated youth.

System Utilization of Out of State Placements to Psychiatric Residential Treatment Facilities or Therapeutic Group Homes July 1, 2009 through June 30, 2010				
	Child and Family Services placements	Juvenile Probation Placements	Dept of Corrections Placements	School district placements
Used Medicaid funding. May have used additional agency or third party funding for room and board, or for additional days when Medicaid authorization ends.	22	23	4	0
Agency or third party funding only; non-therapeutic placements	11	21	0	0
Total youth out of state at any time during past 12 months (SFY 2010)	33	44	4	0

**New Out-Of-State PRTF Admissions Funded by Medicaid
July 1, 2009 through June 30, 2010**

Medicaid Admissions to Out of State Psychiatric Residential Treatment Facilities (PRTFs)

Twenty-five (25) youth funded by Medicaid were admitted to out of state placements during this period. The following information was collected about those twenty-five Medicaid admissions:

Legal Guardian:

Bio family	Adoptive Parents	Child and Family Services
12	5	8

Referral Source:

Acute Care Hospital	Instate PRTF	Other
21	2	2

Highest level of previous treatment prior to hospital:

PRTF	TGH	Home and Community based services
11	9	5

Medicaid Admissions to Out of State Therapeutic Group Home (TGH)

Eighteen (18) youth funded by Medicaid were admitted to Normative Services, Inc. in Wyoming during this period.

Administrative rule requires the youth must be denied admission by all three in-state PRTFs prior to going to an out of state PRTF.

Reason(s) given by in state PRTFs for not admitting the 25 Medicaid funded youth who were subsequently admitted to an out of state PRTF:

1. History of multiple PRTF placements without response to treatment.	17
2. Severe violence/physical aggression, Facility can't assure safety.	18

3. Disregard for limit setting by staff, requiring 1:1 staff more than 75% of time.	4
4. Minimal response to psychotropic medications in reduction of severe psychiatric symptoms.	0
5. Severe suicide risk based on multiple attempts over recent six month period.	2
6. Established pattern of antisocial behavior with no documented response to treatment.	4
7. Specific symptoms/diagnosis that is not responding to medical or psychological treatment.	2
8. Primary presenting problem is chemical dependency. No prior substance abuse treatment and inpatient CD treatment is indicated.	0
9. Developmentally disabled or IQ/neuron-psych deficits. Too impaired to benefit from treatment offered.	9
10. Medical condition requiring specialized services beyond the capacity of facility.	3
11. One or only presenting problem is sexually reactive or sex offending behavior.	8
12. Autism Spectrum Disorder	3
13. Fire setting behavior	0
14. Elopement risk	0
15. Fetal Alcohol Spectrum disorder	0
16. Neuro-psychiatric disorder	0
17. Lack of bed availability	9
18. Age inappropriate (too young or too old)	0
19. Other reasons: Youth needs both acute and residential levels of care in same facility Facility cannot manage youth's diabetes Youth needs PRN medications and physical restraint to manage aggression Facility not prepared to address youths conduct disorder Facility can't manage combination of youth's aggression, size and low IQ Facility requires youth be restraint and seclusion free for at least 48 hours Youth currently in instate facility that recommends lateral move to another PRTF Youth needs concurrent chemical dependency and psychiatric treatment Facility unwilling to admit youth when outpatient treatment team does not recommend admission to this facility.	

Cost of youth Medicaid funded youth placed out of state: 7/1/09 through 6/30/2010

Note: Data is based on paid claims data, not date of service

Psychiatric Residential Treatment Facilities (PRTF)						
Date of Payment	Net Payments		Youth Served (unduplicated count)		Total	
	In-State	Out-of-State	In-State	Out-of-State	Net Payments	Youth
SFY						

						Served
2007	\$9,664,845	\$5,531,384	339	104	\$15,196,229	418
2008	\$8,125,599	\$4,603,668	329	92	\$12,729,267	409
2009	\$10,224,496	\$2,751,270	368	70	\$12,975,766	432
2010	\$10,484,756	\$2,641,886	401	62	\$13,126,642	463

Therapeutic Group Home (TGH)						
Date of Payment	Net Payments		Youth Served (unduplicated count)		Total	
SFY	In-State	Out-of-State	In-State	Out-of-State	Net Payments	Youth Served
2007	\$13,647,596	\$1,993,662	454	13	\$15,641,258	515
2008	\$14,857,506	\$2,181,274	479	14	\$17,038,780	582
2009	\$14,856,023	\$1,071,911	478	13	\$15,927,934	530
2010	\$15,261,290	\$847,179	563	34	\$16,108,469	597

Efforts the Department has initiated to avoid out of state placements:

The Children's Mental Health Bureau has initiated a variety of efforts intended to control, and where possible, reduce out-of-state placements in a therapeutic group home and psychiatric residential treatment facilities. The following activities describe those efforts.

1. Most out of state PRTFs have completed a survey describing the specialty care available in their facility and how it is provided. The results will assist Montana in making appropriate referrals for specialty care to out of state facilities.
2. Montana Medicaid is not enrolling new out of state providers unless there is a youth with a specific clinical need that cannot be met by any already enrolled provider, and no other enrolled provider will accept the youth. All out of state PRTFs must be licensed, accredited, and certified. Currently there are only 11 out of state PRTFs and 1 therapeutic group home enrolled in Montana Medicaid.
3. Beginning July 1, 2010 all PRTF providers must complete and submit a Discharge Plan Review Form within 30 days of admission or Medicaid will not authorize additional covered days. This effort is intended to encourage more adequate discharge planning and shorter lengths of stay in both instate and out of state PRTFs.

4. The Children's Mental Health Bureau plans to open two new PRTF "waiver" sites (Helena and Great Falls) before 12/31/2010, in addition to the current sites in Billings and Missoula. This program offers home and community alternatives to youth and families in these communities in lieu of admission to a PRTF. Some youth exit the PRTF while still eligible for that level of care to enroll in this program.
5. CMHB regional staff and the Utilization Management contractor's regional staff are involved with the community treatment team and referring service provider before a youth is authorized for admission to an out of state PRTF. This staff seeks alternatives to the out of state admission among qualified Montana providers. (In SFY 2010 admissions to out-of-state PRTFs averaged just over 6% of all admissions to PRTFs; in SFY 2006 OOS admissions were 26% of all admissions)
6. In SFY 2010 the average length of stay for youth in out-of-state PRTFs was 102 days, compared with an average length of stay of over 300 days in SFY 2004 for youth in out of state facilities. Aggressive management by the state's Utilization Management contractor Magellan Medicaid Administration has resulted in only 53% of the requests for continued stay authorization for PRTF level of care being fully approved and another 47% receiving either a denial or a partial denial which allows additional days to complete discharge planning.
7. CMHB is increasing the capacity for wraparound facilitation in community settings by offering wraparound facilitation training and coaching. The goal is to offer at least twelve training opportunities to providers during the next SFY.