Price Transparency

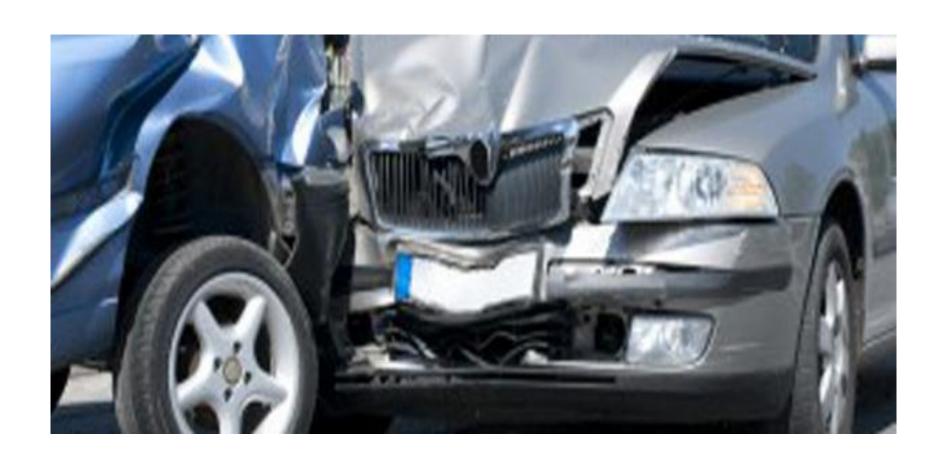
HJR 20 Subcommittee January 17, 2018

Steve Loveless, MHA

President SCL Health Montana



St. Vincent Healthcare St. James Healthcare Holy Rosary Healthcare







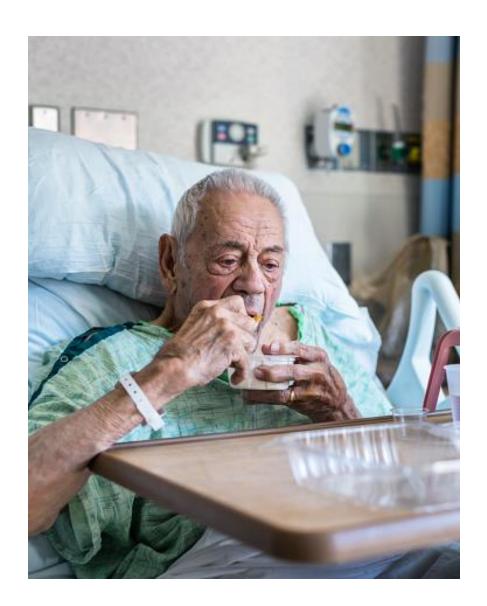






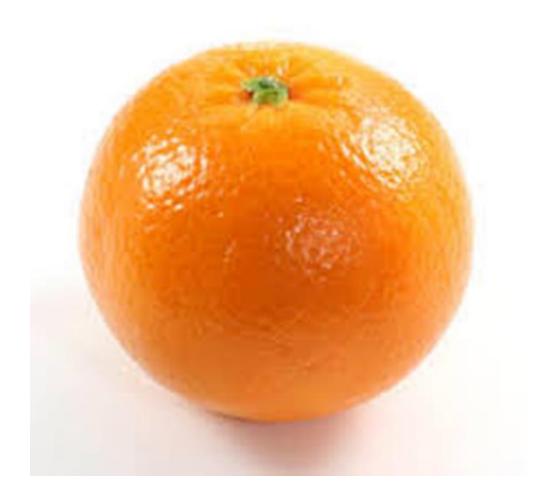








Healthcare





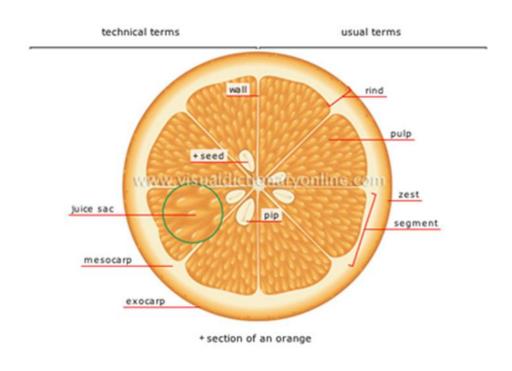
Segmented Care





Approach in Transition





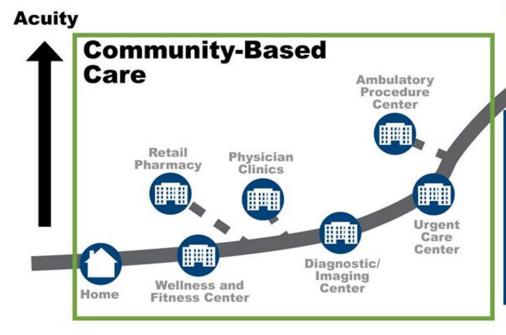


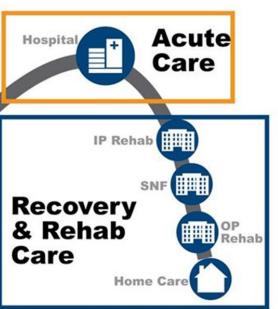
A Closer Look





Continuum of Care



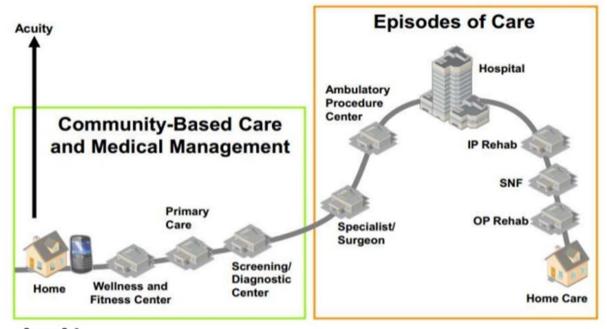




Source: Sg2

What Does The Future Hold?

Expect to Be Held Accountable for the Continuum of Care—Owned or Not



Source: Sg2



The Care Delivery Value Chain: A Case Study

INFORMING AND **ENGAGING** What do patients need to be educated about? need to be collected?

- Importance of exercise, weight reduction, proper nutrition
- · Meaning of diagnosis · Prognosis (short-

and long-term

· Drawbacks and

outcomes)

· Setting expectations · Importance of nutrition, weight loss, vaccinations

Home preparation

· Importance of rehab · Post-surgery risk factors

recovery

· Expectations for

- Importance of rehab adherence
- Longitudinal care
- · Importance of exercise, maintaining healthy weight

- MEASURING
- What measures
- Joint-specific symptoms and function (e.g., WOMAC scale)
- · Overall health (e.g., SF-12 scale)
- · Loss of cartilage · Change in subchondral bone

benefits of surgery

- Joint-specific symptoms and function
- · Overall health
- · Baseline health status
- · Fitness for surgery (e.g., ASA score)
- Blood loss
- · Operative time
- · Complications
- Infections

plan

- Joint-specific symptoms and function
- Inpatient length of stay
- · Ability to return to normal activities
- · Joint-specific symptoms and function
- · Weight gain or loss
- · Missed work
- · Overall health

ACCESSING

Where do patient care activities take place?

- PCP office
- · Health club
- Physical therapy clinic
- · Specialty office
- · Imaging facility
- · Specialty office
- · Pre-op evaluation center
- · Operating room
- · Recovery room · Orthopedic floor at hospital or specialty surgery center

INTERVENING

- · Nursing facility
- Rehab facility
- Physical therapy clinic Home
- · Specialty office
- · Primary care office
- · Health club

TYPICAL PATH OF PATIENT CARE

MONITORING/ PREVENTING

MONITOR CARE DELIVERY

 Conduct PCP exam What activities · Refer to specialists, are performed if necessary at each stage?

PREVENT

- · Prescribe antiinflammatory medicines
- Recommend exercise regimen
- · Set weight loss targets

IMAGING

· Perform and evaluate MRI and x-ray

DIAGNOSING

-Assess cartilage loss -Assess bone alterations

CLINICAL EVALUATION

- · Review history and imaging
 - Perform physical exam
 - Recommend treatment plan (surgery or other options)

- Overall prep · Conduct home assessment
- · Monitor weight loss

PREPARING

SURGICAL PREP

- · Perform cardiology, pulmonary evaluations
- · Run blood labs
- · Conduct pre-op physical exam

ANESTHESIA

 Administer anesthesia (general, epidural, or regional)

SURGICAL **PROCEDURE**

- · Determine approach (e.g., minimally invasive)
- · Insert device
- · Cement joint

PAIN MANAGEMENT

· Prescribe preemptive multimodal pain

SURGICAL

· Immediate return to OR for manipulation, if necessary

RECOVERING/

REHABBING

MEDICAL

· Monitor coagulation

LIVING

- · Provide daily living support (showering, dressing)
- · Track risk indicators (fever, swelling, other)

PHYSICAL THERAPY

· Daily or twice daily PT sessions

MANAGING

MONITOR

· Consult regularly with patient

MONITORING/

MANAGE

- Prescribe prophylactic antibiotics when needed
- Set long-term exercise plan
- · Revise joint, if necessary

ORTHOPEDIC SURGEON

For more on the CDVC, see Redefining Health Care: Creating Value-Based Competition on Results, by M.E. Porter and E.O. Teisberg (Harvard Business Review Press, 2006).



A Closer Look At The Typical Path of Patient Care: Knee Replacement

Typical Path of Patient Care						
	MONITORING/ PREVENTING	DIAGNOSING	PREPARING	INTERVENING	RECOVERING/ REHABBING	MONITORING/ MANAGING
Point of Care	PCP OfficeHealth ClubPhysical Therapy Clinic	Specialty OfficeImaging Facility	Specialty OfficePre-op Eval Center	ORRecovery RoomOrthopedic Unit	Nursing FacilityRehab FacilityPhysical Therapy ClinicHome	Specialty OfficePCP OfficeHealth Club
Care Delivery	MonitorPrevent	ImagingClinical Eval	Overall PrepSurgical Prep	AnesthesiaSurgical ProcedurePain Management	SurgicalMedicalLivingPhysical Therapy	MonitorManage



Considerations to get to price

What is the procedure?

What is the payer source?

What is the plan within the payer source?

Is there co-insurance?

What is the deductible/is it met?

Is the patient in or out of network?

Is the provider employed or independent?

Is the provider in our out of network?

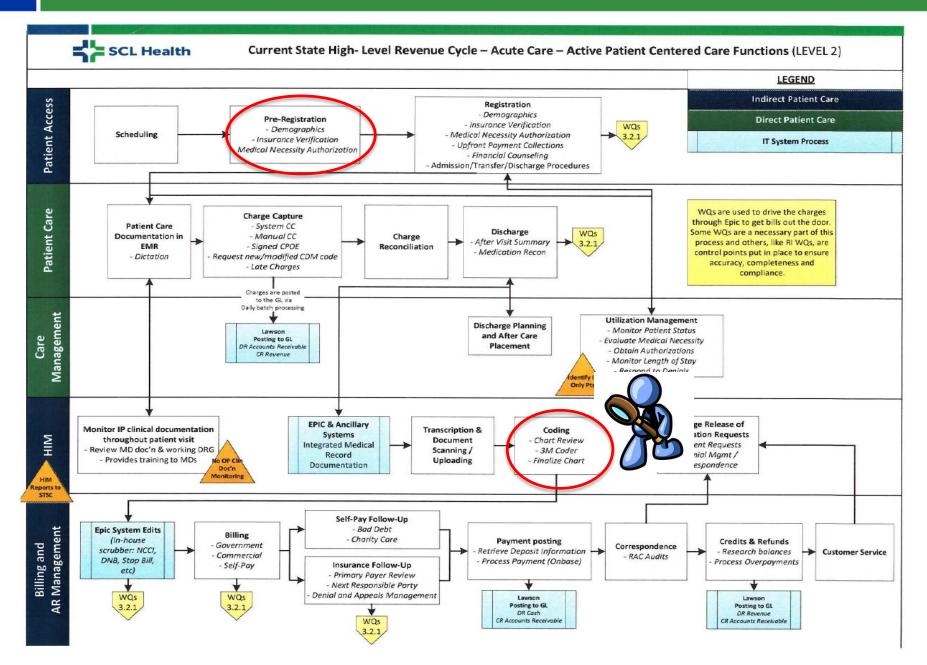
What are the patient comorbidities?

What are the provider preferences for this procedure?

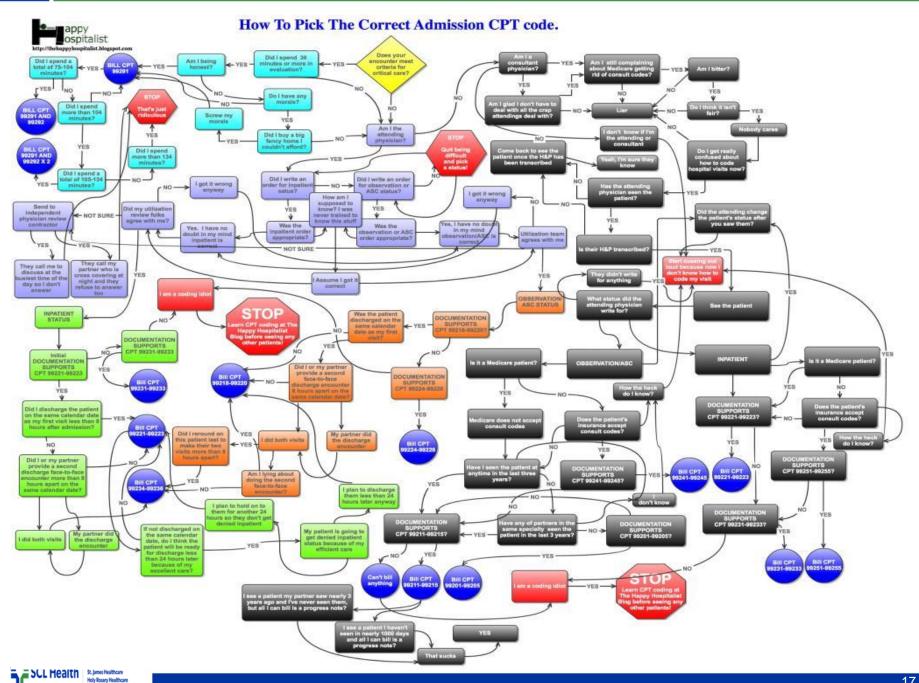
Is what was anticipated in the surgical intervention what occurred?

Is the recovery as anticipated, is there a post acute stay, and a repeat of the questions









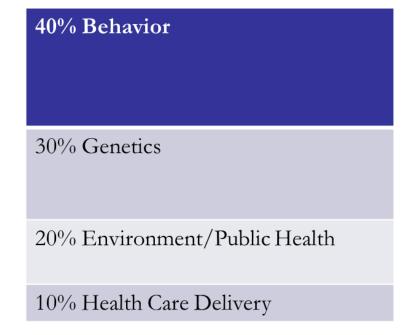
Price Alone Is Not The Answer





Determinants of Health?





Tobacco

Diet/Activity Patterns

Alcohol

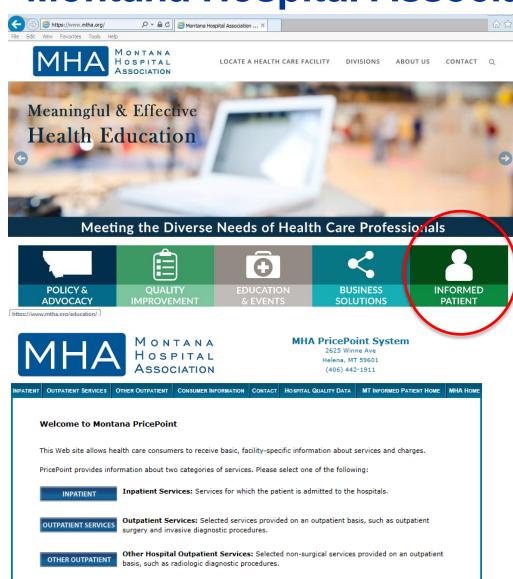
☐ Sexually Transmitted Disease

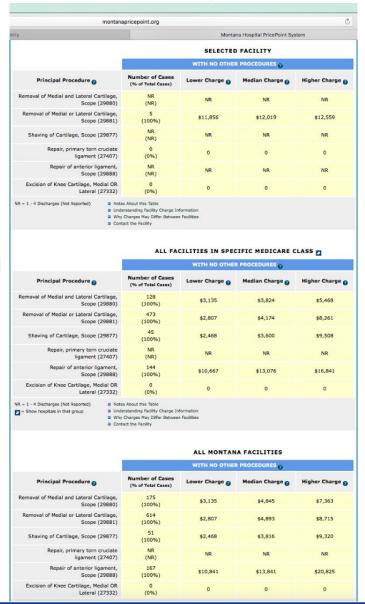
Suicide, Violence & Accidents

Steven A. Schroeder, M.D., We Can Do Better – Improving the Health of the American People, New England Journal of Medicine, 357:12, p. 1221, Sept. 20, 2007.



Montana Hospital Association Pricing







SCL Health's Philosophy to Price Transparency

Promoting and supporting price transparency is something SCL Health believes is the right thing to do.

At SCL Health we also believe that clinical quality and safety metrics, patient satisfaction and consumer reviews will benefit our consumers.



SCL Health Transparency Actions

- Began the development of the electronic infrastructure to share pricing by facility in early 2017
- Piloted in one Colorado care site with the most common outpatient procedures
- Added the most common inpatient procedures, physician/provider and ER charges by level to the site; on January 1, 2018 spread to all SCL Health Colorado care sites



SCL Health Transparency Site

- http://www.sclhealth.org.patients-visitors/understandingmedical-costs/
- Top 50 inpatient services and procedures performed
- Most common outpatient charges
- Most common physician/provider charges
- ER charges by level of care for patients that do not have insurance



SCL Health Transparency Next Steps

Will now begin to look at Montana with the expectation of adding St. Vincent followed by St. James and Holly Rosary



Summary

Why is this so difficult?

Traditional healthcare structure has led to segmentation

As consumers we lack the expertise

Payer options, coding, billing and pricing processes are complex

Price alone is not the answer

Need to understand the total cost of care

Individual providers don't have all the information needed



Our Future



