From: Theresa J. Lawlor
Helena PACT CLIENT

1-17-05

EXHIBIT 6
DATE Jan 19, 2005
HB

About 6 years ago - when I first moved to Helena - I was involved in a very destructive relationship that included drug and alcohol abuse, physical and emotional abuse, suicidal tendencies, and severe mental illness that resulted in numerous and frequent hospitalizations at Warmsprings State mental institution. These problems had plagued my life for over 25 years. I had been involved in many different mental-health organizations, in 3 separate states, suffered many breakdowns + subsequent hospitalizations - but never seemed to get "better." That is untill I became a client of the Helena PACT Team a few years ago.

With the help of PACT services and support, I can truly say that I am now a "new person." Through PACT's case-managers I have recieved sound and professional therapy and counseling that has helped me overcome the many serious obstacles to mental and emotional health in my life - that at one time seemed to me to be impossible to overcome. As a result of PACT, I have managed to live successfully in the Helena community for over 2 years - without a hospitalization in Warmsprings.

With PACT's help I have been able to put behind me a destructive lifestyle, bad personal relationships and choices, and drug and alcohol abuses. I am now living a new-life of emotional and mental stability and of spiritual healing.

for the 1ST time in my life - I feel

over →

that I am involved in a mental-health system that really works for me. The Helena PACT team has made it possible for me to live a balanced, normal, and happy life - filled with <u>hope</u> instead of <u>despair</u>,

The primary reason I have decided to remain living in the Helena area is precisely because of the outstanding services I have received from the Helena PACT team. These services include: emotional and spiritual counseling and support, drug and alcohol counseling, money management, help in obtaining decent housing, professional and effective therapy, and proper medication management.

In short - PACT has been a "Godsend" to me! It is the best mental-health program that I have ~~ever~~ ever been a part of ~~for~~ in my entire life. It has been instrumental in changing my life for the better! I thank God for the Helena PACT team!

Sincerely,

Theresa J. Lawlor
(Helena PACT Client)
1-17-05