

Montana State Legislature

2011 Session

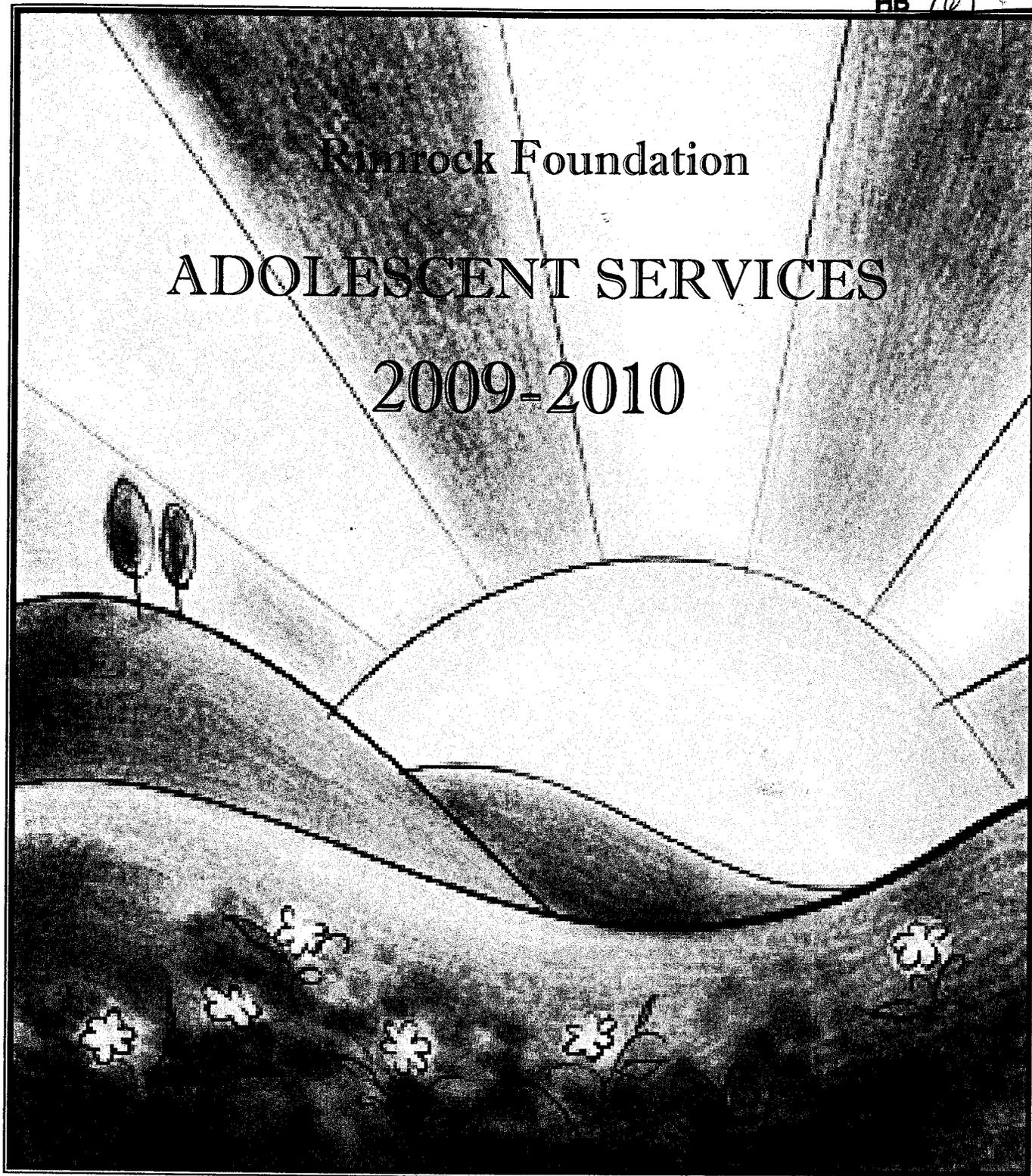
Exhibit 6

This exhibit is a booklet which can not be scanned, therefore only the front cover/table of content and 10 pages have been scanned to aid in your research.

The original exhibits are on file at the Montana Historical Society and may be viewed there.

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Rimrock Foundation
ADOLESCENT SERVICES
2009-2010



Hope For Adolescent Care

Rimrock Foundation Adolescent Facilities

The Adolescent Residential Treatment Programs are specialty program components which provide treatment to chemically dependent adolescents between the ages of 13 and 18. Adolescent females are served at our Freedom House while males are served at our New Choices facility.

This level of care is provided when addiction is severe, or there are insufficient supports in the home or community environment, and the child is deemed unlikely to respond effectively to outpatient modalities.

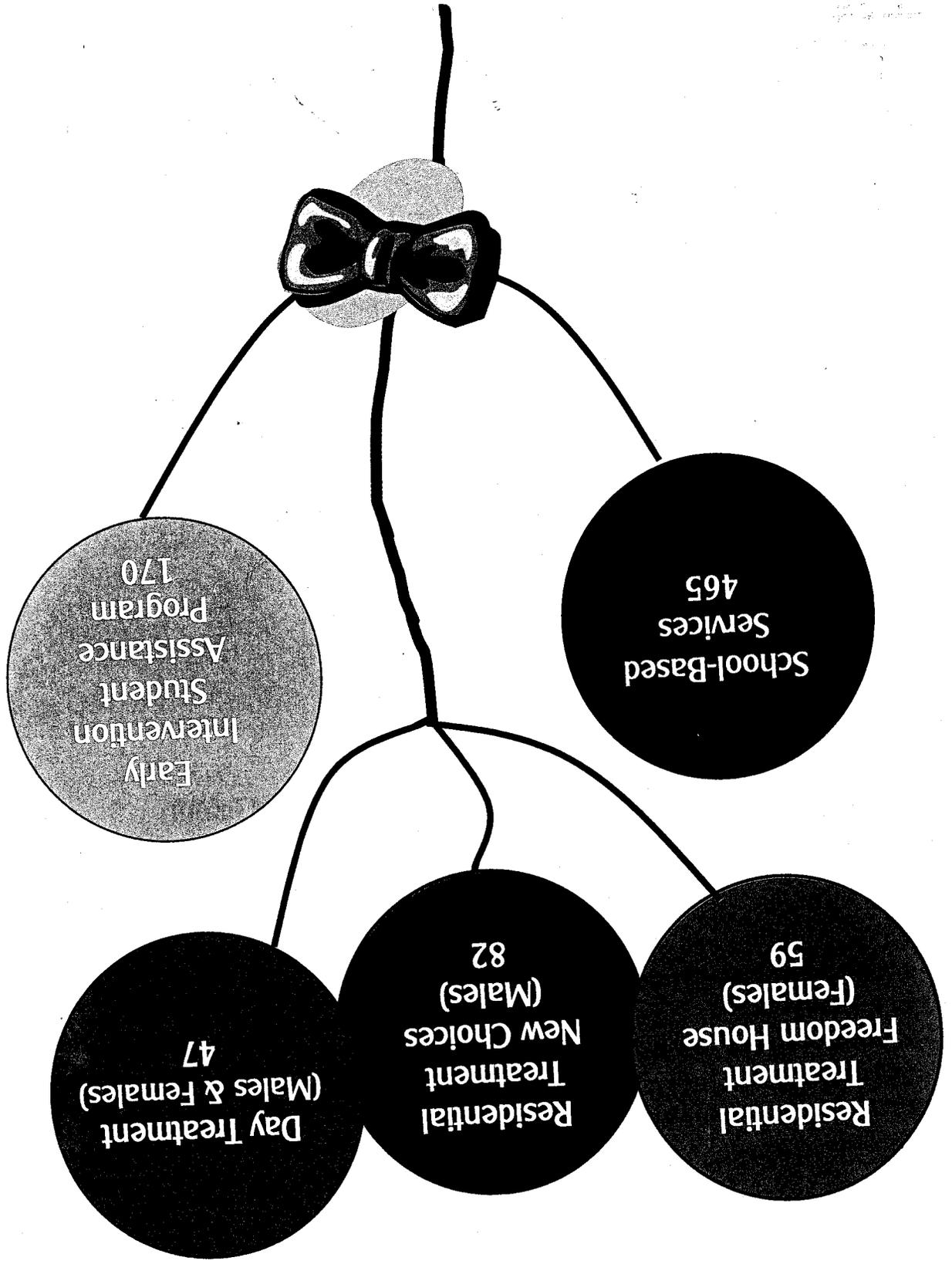


*New Choices
Male Adolescent Services*



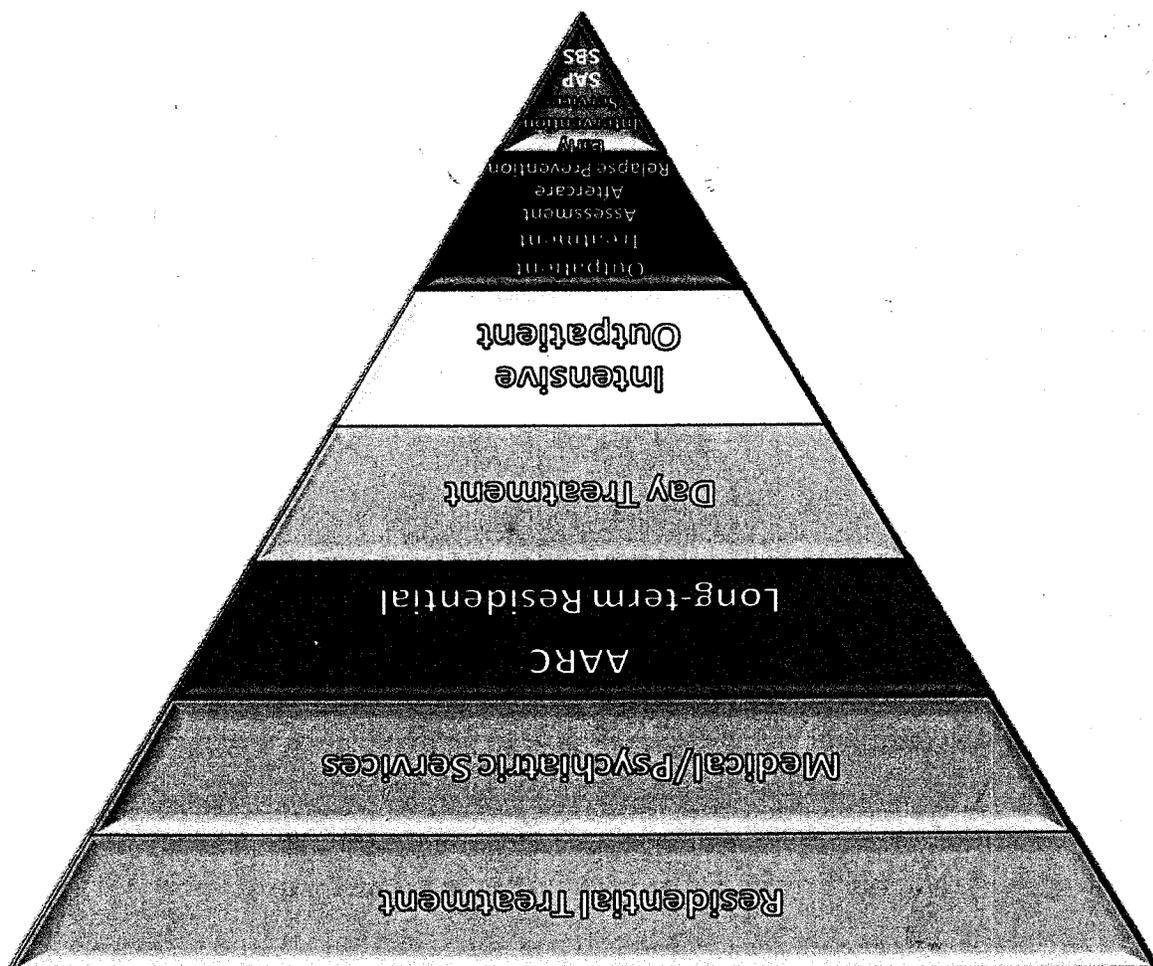
*Freedom House
Female Adolescent Services*

Adolescents Served by Rimrock Foundation
2009-2010



823 youth were served in adolescent programs provided by Rimrock Foundation





Adolescent Treatment Service Levels

The growth of the Foundation's Adolescent Continuum of Services is due in large measure to the support of the Addictive and Mental Disorders Division of the Department of Health and Human Services. The Bureau has been a staunch supporter of the expansion of services to Montana's youth and, in particular, of the installation of school-based services in Billings. Without this support, we would not be able to expand and sustain these important services.

ACKNOWLEDGEMENT



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**School District 2/Rimrock Foundation
Student Assistance Program
Outcome Data**

The Student Assistance Program initiated for School District 2 by the Truancy Center and the Rimrock Foundation has completed its sixth academic year. The cooperation of principals, deans, and school counselors has made this innovative and needed program possible. Through the Student Assistance Program, school age youth who are given a school suspension for violating rules related to alcohol or other drug use and sent to the District's Truancy Center, are provided a comprehensive clinical evaluation by Rimrock Foundation Student Assistance Program Staff and assisted in obtaining needed services. There is no charge to either the families or the students for the program services. Polly Searl, Truancy Center Director, works closely with Foundation on-site staff to facilitate referrals of students deemed at risk.

The Student Assistance Program maintains contact with families over the course of 12 months to ensure that services are appropriate or to assist with additional referrals when needed.

This program is made possible with funding from the Chemical Dependency Bureau of the Addictive and Mental Disorders Division of Montana's Department of Health and Human Services. It is the only demonstration project of its kind in Montana at the present time. Our long term goal continues to be one of replication in other school districts in Montana.



Mona L. Sumner, MHA, ACATA
Chief Operations Officer
Rimrock Foundation



Demographic Data

Gender: 5 Year Average: 63.84% (males) 36.1% (females)

	2006	2007	2008	2009	2010
Males	74%	59.6%	65.6%	60.0%	60.0%
Females	26%	40.4%	34.4%	40.0%	40.0%

Number of Students Served: 6 Year Average: 111.2

2005	2006	2007	2008	2009	2010
84	111	109	132	120	120

Average Age of Students Served: 15.3 in 2010

Age	<12	13	14	15	16	17	18
%	4.1%	8.8%	17.6%	22.9%	18.2%	21.2%	6.5%

2009-2010 Summary Data

	<u>6 Year Average</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	<u>2008</u>	<u>2009</u>	<u>2010</u>
# Referred	74	84	111	109	132	127	170
# Refusing Services	6.4 (10.3%)	6 (7.1%)	9 (8.0%)	6 (5.5%)	4 (3%)	7 (5%)	13 (7.6%)
Average Age	15.5	15	15.7	15.6	15.7	15.4	15.3
# Schools Represented	10	10	10	8	11	11	18
Average Grade Level	9.8	10	9.7	10	9.9	9.8	9.6
Average GPA Of Referred Students	1.6	1.5	1.7	1.6	1.6	1.8	1.9
% on Probation	7.8%	5.9%	9%	8.3%	8.4%	7.7%	10.6
% Medicaid	19.7	11.9	27%	23.9%	16.8%	19.1%	22.4

Referrals Per School:

<u>High Schools – 78.8%</u>	
Senior High School	38
West High School	45
Skyview High School	20
Career Center	12
GED Transitions	6
YGBR Academy	1
Frameworks	6
Adelphi	1
Tumbleweed	1
Other Schools	7

<u>Middle Schools – 20.6%</u>	
Castlerock	10
Riverside	11
Lewis & Clark	5
Will James	1

<u>Elementary Schools - .06%</u>	
Sandstone	1

6.7% of families were unavailable for follow-up contact (phone disconnect, etc.)

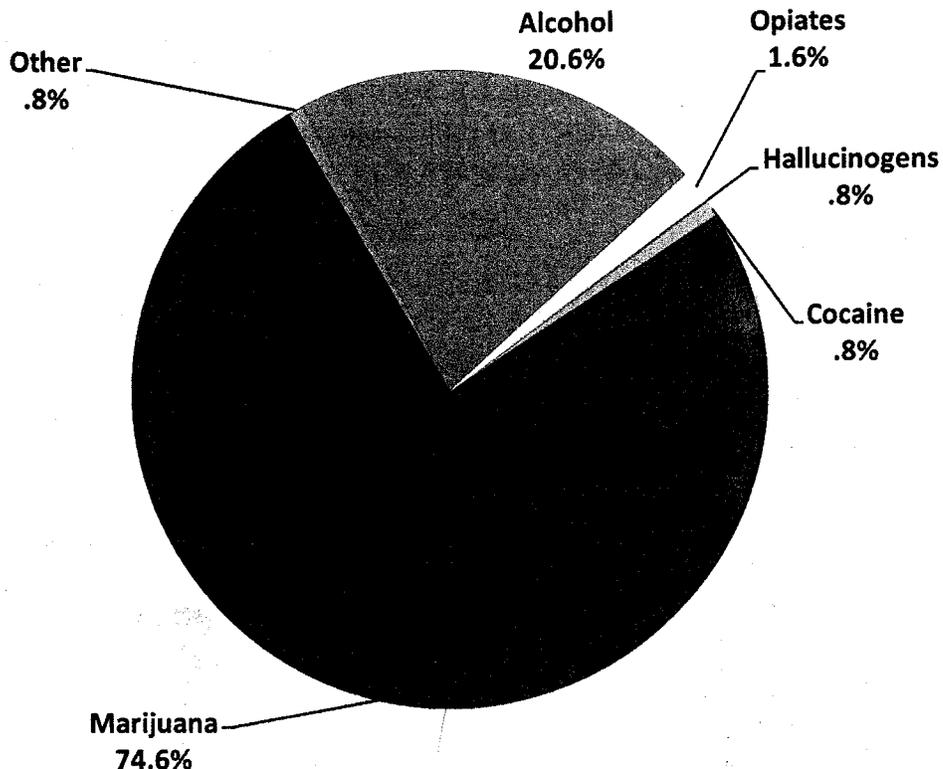
Treatment Referrals Given:

<u>Addiction Treatment</u>	
Intensive Outpatient	5.2%
Day Treatment	20.2%
Residential Treatment	28.6%
Motivational Enhancement Therapy	17.3%

<u>Other</u>	
Individual Counseling	12.7%
Psychiatric Evaluation	5.2%
Family Therapy	2.3%
Long-Term Residential	3.5%
No Use Contracts Only	4.0%

Primary Drugs of Choice:

74.1% (130) of students evaluated were diagnosed with a substance use disorder



Summary of 2009-2010 Findings

This year represents the sixth academic year of the Student Assistance Program located at the Truancy Center and operated by School District II. We were able to accommodate a 70% increase in evaluations this year due to a .5 increase in staff funded by the Chemical Dependency Bureau of the Addictive and Mental Health Division.

The number of schools using the program also increased significantly (nearly 50%). This indicates the perceived effectiveness of the Truancy Center model.

The number of students served in the program and diagnosed with a substance use disorder continues to increase (74.1%) which supports the appropriateness of referrals to the program.

An alarming increase in the percent of students using marijuana was noted this year which may reflect increasingly casual attitudes toward this drug fueled by the Medical Marijuana movement.

The School-Based Counseling Services

Initiated under a contract with Billings Senior High School, Rimrock Foundation hired and placed the first fulltime counselor at the school for the academic year beginning August of 2006 and ending in June of 2007. For the school year 2007 ending June 2008, West High School also contracted with Rimrock Foundation for a 1/2 time counselor. Currently, we have a full-time counselor at Senior High and half-time counselor at West and Skyview, and a full-time counselor at the Career Center. Thus, School-Based services are now available at all District II high schools.

The objectives of school-based services are:

- To identify at-risk students and provide motivational services
- To provide support services to students returning to school from treatment
- To provide intervention and referral services
- To provide supportive programs and services based upon the needs identified in the at-risk population

2009-2010 Summary

Our school-based programs are heavily utilized and reflect an ever-broader range of referral sources which suggests increasing support of the program. Our programs in these settings include Individual Counseling, Peer Support Groups, Motivational Enhancement Therapy Groups and Relapse Prevention groups for students who have had previous treatment for substance abuse or who are returning to school from a treatment setting.

This school year saw a 57% increase in the numbers of students served in our school-based program. Thanks to the continued support of the Chemical Dependency Bureau of the Addictive and Mental Disorders Division of our state, we have 2.5 FTE counselors available to our schools offering needed services.

The research on risk and protective factors in the prevention of drug abuse is used as a guide for the focus of these programs. The protective factor of having an adult at school with whom at risk youth can establish a relationship is a key focus. The counselor is available to talk to and is aware of the student's issues. This forms the basis of these school-based services. We know positive bonding with school to be a key protective factor in reducing drop outs and preventing substance abuse. Finally, we extend our appreciation to the school administrators who have made it possible for us to put these services into our schools. We look forward to another year of growth and success with you.

School-Based Program: Senior High School Full-Time Services Demographic Data

Gender:

	<u>#</u>	<u>%</u>
Female	108	54%
Male	91	45.7%
Total Served	199	

Age Distribution: Mean Age = 15.8 Years

<u># of Students</u>	<u>Age</u>	<u>%</u>
26	14	13%
54	15	27%
48	16	24%
54	17	27%
16	18	8%

Grade Level: Mean = 10.27

<u>Grade Level</u>	<u># of Students</u>	<u>%</u>
9	71	36%
10	46	23%
11	39	20%
12	42	21%