

REPORT 27
DATE 2-18-15
NO 501

2013

Montana

Youth Risk

Behavior

Survey

High School Results



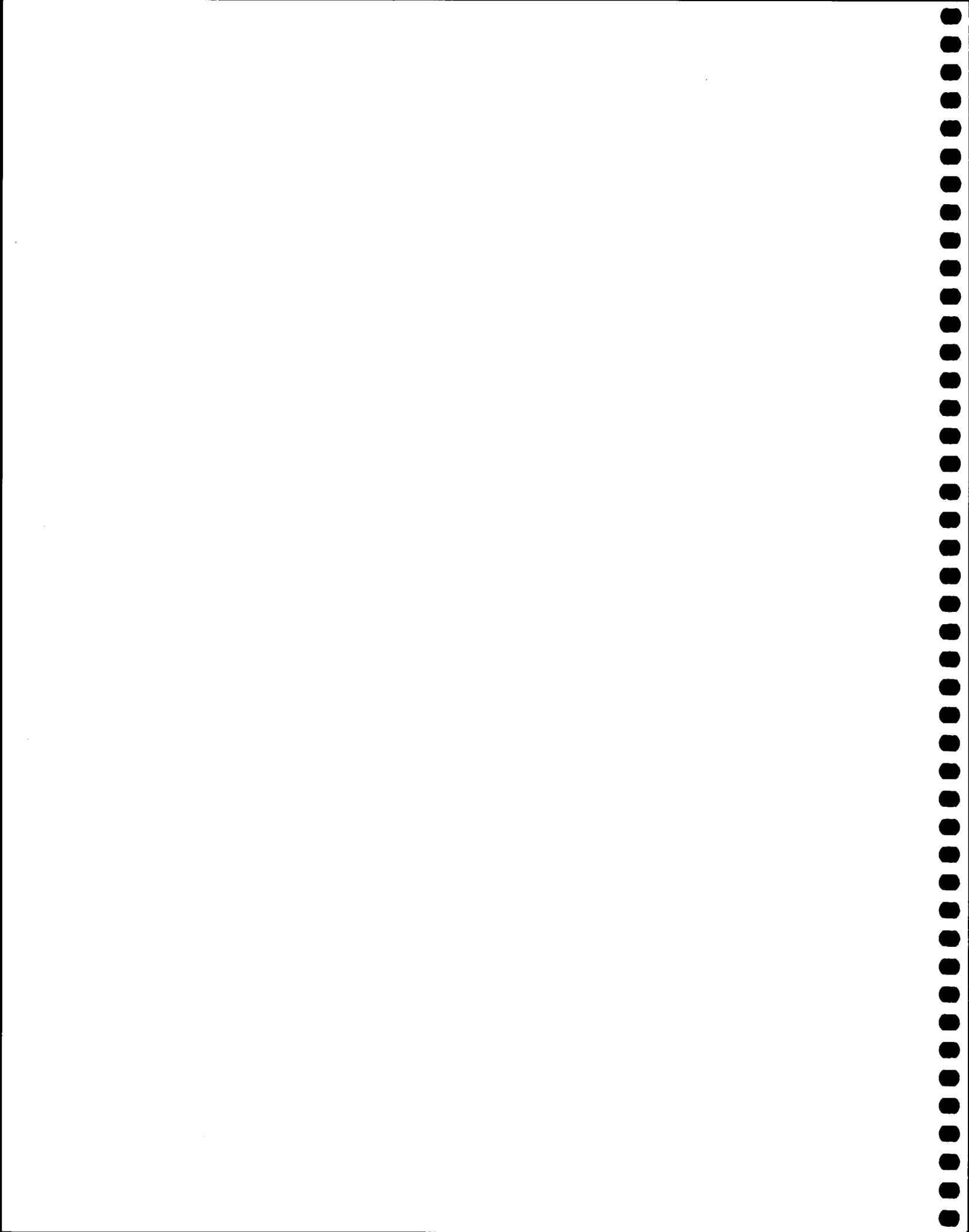
AND 2013 COMPARATIVE REPORT FOR:

- GRADES 7-8
- AMERICAN INDIAN STUDENTS ON OR NEAR A RESERVATION
- AMERICAN INDIAN STUDENTS IN URBAN SCHOOLS
- NONPUBLIC ACCREDITED SCHOOLS
- ALTERNATIVE SCHOOLS
- STUDENTS WITH DISABILITIES



opi.mt.gov

Montana
Office of Public Instruction
Denise Juneau, State Superintendent



ACKNOWLEDGMENT

The 2013 Youth Risk Behavior Survey (YRBS) report is a continuation of the surveillance and reporting system for adolescent risk behaviors developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, U.S. Centers for Disease Control and Prevention (CDC). The YRBS was first used in Montana in 1991. Superintendent Denise Juneau, and the Montana Office of Public Instruction, acknowledge the participation, support and cooperation of those persons who made the 2013 Montana Youth Risk Behavior Survey possible. Sincere appreciation is expressed to:

- the U.S. Centers for Disease Control and Prevention, Division of Adolescent and School Health, Surveillance Research Section, and WESTAT Technical Assistance Project;
- the cosponsors of the YRBS – the Montana Board of Crime Control, the Montana Department of Public Health and Human Services, Billings Area Indian Health Service, the Montana Department of Transportation, Healthy Mothers, Healthy Babies Montana;
- the district superintendents, school principals, YRBS coordinator and teachers who cooperated with and supported the survey; and, most importantly,
- the Montana students who participated in the survey.

The Office of Public Instruction is committed to equal employment opportunity and nondiscriminatory access to all our programs and services. For more information or to file a complaint, contact OPI Title IX/EEO Coordinator at (406) 444-2673 or opipersonnel@mt.gov.



**2013 Montana
Youth Risk Behavior Survey
High School Results
Table of Contents**

	Page
Introduction	7
Survey Methods	7
Frequency Distributions	9
Graphs	33
Trend Report (1993 - 2013)	71



2013 Comparative Data Results	87
--------------------------------------	-----------

5

INTRODUCTION

The Youth Risk Behavior Survey (YRBS) is an epidemiologic surveillance system that was established by the U.S. Centers for Disease Control and Prevention (CDC) to help monitor the prevalence of behaviors that not only influence youth health, but also put youth at risk for the most significant health and social problems that can occur during adolescence and adulthood.

In the United States, 72 percent of all deaths among youth and young adults aged 10-24 years results from four causes: motor-vehicle crashes (26%), other unintentional injuries (17%), homicide (16%), and suicide (13%). Substantial morbidity and social problems also result from the estimated 410,000 births; 517,174 cases of chlamydia, gonorrhea, and syphilis; and 2,036 cases of human immunodeficiency virus (HIV) reported among youth aged 15-19 years. Among adults aged ≥ 25 years, 57 percent of all deaths in the United States result from cardiovascular disease (34%) and cancer (23%). These leading causes of morbidity and mortality among youth and adults in the United States are related to six categories of priority health-risk behaviors: behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection; unhealthy dietary behaviors; and physical inactivity. These behaviors frequently are interrelated and are established during childhood and adolescence and extend into adulthood.

To monitor priority health-risk behaviors in each of these six categories and obesity and asthma among youth and young adults, CDC developed the YRBS. The YRBS has been conducted biennially since 1991 in Montana.

The purpose of the YRBS is to assist educators and health professionals in determining the prevalence of the aforementioned health-risk behaviors among youth. This report describes the results of the survey and the methods used to conduct the survey. The results will be used to focus the continuing development of statewide comprehensive health education and to reduce those health behaviors that place Montana youth at risk.

Survey results are presented in the following parts:

- Introduction
- Frequency Distributions
- Graphs - Gender, Grade Level and Race
- Trend Report (1993 - 2013)
- Comparative Tables by Student Population

SURVEY METHODS

DESCRIPTION OF YRBS

The YRBS was developed cooperatively by the CDC, 19 other federal agencies, and state and local departments of education to measure the extent to which adolescents engage in health-risk behaviors. The 2013 survey instrument consisted of 99 questions which assessed the six priority health-risk behaviors which result in the greatest amount of morbidity, mortality, and social problems among youth. These behaviors include behaviors that result in unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection; unhealthy dietary behaviors and physical inactivity.

SAMPLE SELECTION PROCESS

All public schools in Montana with students in grades 9 through 12 were eligible to be selected for inclusion in the sample. Fifty schools were randomly selected with probability proportional to enrollment. The 2013 YRBS was completed by 4,889 students in 50 public high schools during late winter of 2013. The school response rate was 100 percent, the student response rate was 87 percent, and the overall response rate was 87 percent. The weighted results presented in this report are based on the behavior and opinion of the participants in the sample; however, the results can be used to make inferences concerning the priority health-risk behaviors of all high school students in Montana.

Superintendents of school districts were contacted during October 2012 to obtain approval to administer the YRBS. Sufficient time was allowed to gain school board and/or parent approval, and to answer any questions about the survey. Each participating school submitted a list of second-period classes and a random set of these classes was selected and surveyed. In smaller schools, a census of students was provided. Survey coordinators for each school were assigned by school administrators and packets of information, including instructions, survey booklets, and answer sheets, were mailed to each school during February 2013. Surveys were administered during second period classes during the last week of February and returned to the Office of Public Instruction (OPI) for processing within one week of survey administration.

The teachers who administered the survey to students were provided detailed written instructions to ensure uniform survey administration across sites. To encourage accurate responses to sensitive questions, a strict protocol was implemented to protect the privacy and confidentiality of all participating students. Participation in the survey was voluntary. Students could decline to participate, turn in blank or incomplete survey

forms, or stop completing the survey at any time. The protocols used in the YRBS ensure that participating schools are not violating any federal laws protecting students' rights and privacy, including the Protection of Pupil Rights Amendment and the Family Educational Rights and Privacy Act (FERPA).

SURVEY VALIDITY AND LIMITATIONS

A weighting procedure was performed to reduce bias by compensating for differing patterns of nonresponse at the school and student levels and to reflect the likelihood of sampling each student. The weighted results contained in this report can be used to make inferences about the priority health-risk behaviors of all high school students in grades 9 through 12 in all schools in Montana.

The approximate error rate, using a normal approximation, is plus-or-minus 3 percent. However, users should be careful when using the data since respondents in self-reported surveys may have a tendency to underreport behaviors that are socially undesirable, unhealthy, or illegal (alcohol consumption, drug use, seat belt nonusage, etc.) and overreport behaviors that are socially desirable (amount of exercise, etc.).

**2013 MONTANA
YOUTH RISK BEHAVIOR SURVEY**



FREQUENCY DISTRIBUTIONS

The 2013 YRBS results are representative of all students in grades 9-12. The weighted demographic characteristics of the sample are as follows:

Female	48.4%	9 th grade	26.5%	Black*	0.5%
Male	51.6%	10 th grade	25.3%	Hispanic/Latino	3.4%
		11 th grade	24.0%	Native American	9.9%
		12 th grade	23.7%	White*	83.3%
		Other	0.4%	All other races	0.5%
				Multiple races	2.4%

*Non-Hispanic



2013 MONTANA YOUTH RISK BEHAVIOR SURVEY HIGH SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys completed by 4,889 high school students in public high schools in Montana during February 2013. Frequency distributions may not total 4,889 due to nonresponse and percents may not total 100 percent due to rounding.

Q-1 How old are you?

	<u>Percent</u>
A. 15 years or younger	38.4%
B. 16 or 17 years old	48.4%
C. 18 years old or older	13.2%

Q-2 What is your sex?

	<u>Percent</u>
A. Female	48.4%
B. Male	51.6%

Q-3 In what grade are you?

	<u>Percent</u>
A. 9 th grade	26.5%
B. 10 th grade	25.3%
C. 11 th grade	24.0%
D. 12 th grade	23.7%
E. Other	0.4%

Q-4 Are you Hispanic or Latino?

	<u>Percent</u>
A. Yes	3.4%
B. No	96.6%

Q-5 What is your race?

	<u>Percent</u>
A. Black	0.5%
B. Hispanic/Latino	3.4%
C. Native American	9.9%
D. White	83.3%
E. All other races	0.5%
F. Multiple races	2.4%

Q-6 How tall are you without your shoes on?

Q-7 How much do you weigh without your shoes on?

The next 7 questions ask about safety.

Q-8 When you rode a bicycle during the past 12 months, how often did you wear a helmet?

	<u>Percent</u>
A. I did not ride a bicycle during the past 12 months	29.6%
B. Never wore a helmet	50.3%
C. Rarely wore a helmet	6.1%
D. Sometimes wore a helmet	4.5%
E. Most of the time wore a helmet	5.1%
F. Always wore a helmet	4.4%

Q-9 How often do you wear a seat belt when riding in a car driven by someone else?

	<u>Percent</u>
A. Never	3.2%
B. Rarely	6.9%
C. Sometimes	11.8%
D. Most of the time	30.3%
E. Always	47.8%

Q-10 How often do you wear a seat belt when driving a car?

	<u>Percent</u>
A. I do not drive a car	18.8%
B. Never	3.8%
C. Rarely	5.5%
D. Sometimes	6.0%
E. Most of the time	14.8%
F. Always	51.2%

Q-11 During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

	<u>Percent</u>
A. 0 times	75.5%
B. 1 time	8.9%
C. 2 or 3 times	9.1%
D. 4 or 5 times	2.5%
E. 6 or more times	4.1%

Q-12 During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	<u>Percent</u>
A. I did not drive the past 30 days	22.0%
B. 0 times	68.1%
C. 1 time	5.1%
D. 2 or 3 times	2.8%
E. 4 or 5 times	0.6%
F. 6 or more times	1.3%

Q-13 During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

	<u>Percent</u>
A. I did not drive the past 30 days	21.7%
B. 0 days	34.6%
C. 1 or 2 days	11.7%
D. 3 to 5 days	6.1%
E. 6 to 9 days	4.1%
F. 10 to 19 days	7.0%
G. 20 to 29 days	5.1%
H. All 30 days	9.7%

Q-14 During the past 30 days, on how many days did you talk on a cell phone while driving a car or other vehicle?

	<u>Percent</u>
A. I did not drive the past 30 days	22.6%
B. 0 days	29.9%
C. 1 or 2 days	15.7%
D. 3 to 5 days	9.2%
E. 6 to 9 days	6.8%
F. 10 to 19 days	7.8%
G. 20 to 29 days	3.7%
H. All 30 days	4.3%

The next 12 questions ask about violence-related behaviors.

Q-15 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

	<u>Percent</u>
A. 0 days	74.3%
B. 1 day	3.8%
C. 2 or 3 days	4.9%
D. 4 or 5 days	2.6%
E. 6 or more days	14.4%

Q-16 During the past 30 days, on how many days did you carry a gun?

	<u>Percent</u>
A. 0 days	89.5%
B. 1 day	3.0%
C. 2 or 3 days	3.1%
D. 4 or 5 days	1.2%
E. 6 or more days	3.1%

Q-17 During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

	<u>Percent</u>
A. 0 days	90.1%
B. 1 day	1.4%
C. 2 or 3 days	1.6%
D. 4 or 5 days	0.7%
E. 6 or more days	6.2%

Q-18 During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?

	<u>Percent</u>
A. 0 times	73.8%
B. 1 time	12.7%
C. 2 or 3 times	9.0%
D. 4 or 5 times	1.9%
E. 6 or 7 times	0.7%
F. 8 or 9 times	0.5%
G. 10 or 11 times	0.3%
H. 12 or more times	1.1%

Q-19 During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	<u>Percent</u>
A. 0 days	91.2%
B. 1 day	5.4%
C. 2 or 3 days	1.9%
D. 4 or 5 days	0.3%
E. 6 or more days	1.2%

Q-20 During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

	<u>Percent</u>
A. 0 times	93.7%
B. 1 time	3.0%
C. 2 or 3 times	1.4%
D. 4 or 5 times	0.6%
E. 6 or 7 times	0.2%
F. 8 or 9 times	0.1%
G. 10 or 11 times	0.0%
H. 12 or more times	0.9%

Q-21 During the past 12 months, how many times were you in a physical fight?

	<u>Percent</u>
A. 0 times	77.2%
B. 1 time	10.1%
C. 2 or 3 times	7.2%
D. 4 or 5 times	1.9%
E. 6 or 7 times	0.8%
F. 8 or 9 times	0.5%
G. 10 or 11 times	0.1%
H. 12 or more times	2.1%

Q-22 During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

	<u>Percent</u>
A. 0 times	97.7%
B. 1 time	1.6%
C. 2 or 3 times	0.4%
D. 4 or 5 times	0.1%
E. 6 or more times	0.2%

Q-23 During the past 12 months, how many times were you in a physical fight on school property?

	<u>Percent</u>
A. 0 times	92.7%
B. 1 time	4.9%
C. 2 or 3 times	1.4%
D. 4 or 5 times	0.2%
E. 6 or 7 times	0.2%
F. 8 or 9 times	0.0%
G. 10 or 11 times	0.1%
H. 12 or more times	0.5%

Q-24 Have you ever been physically forced to have sexual intercourse when you did not want to?

	<u>Percent</u>
A. Yes	8.7%
B. No	91.3%

Q-25 During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

	<u>Percent</u>
A. I did not date the past 12 months	26.9%
B. 0 times	66.6%
C. 1 time	2.6%
D. 2 or 3 times	2.0%
E. 4 or 5 times	0.4%
F. 6 or more times	1.4%

Q-26 During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

	<u>Percent</u>
A. I did not date the past 12 months	26.9%
B. 0 times	65.1%
C. 1 time	3.2%
D. 2 or 3 times	2.5%
E. 4 or 5 times	0.7%
F. 6 or more times	1.7%

The next 3 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

Q-27 During the past 12 months, have you ever been bullied on school property?

	<u>Percent</u>
A. Yes	26.3%
B. No	73.7%

Q-28 During the past 12 months, have you ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, websites, or texting?

	<u>Percent</u>
A. Yes	18.1%
B. No	81.9%

Q-29 During the past 12 months, have you ever been the victim of teasing, name calling or bullying because someone thought you were gay, lesbian, or bisexual?

	<u>Percent</u>
A. Yes	13.2%
B. No	86.8%

The next question asks about hurting yourself on purpose.

Q-30 Have you ever been choked by someone or tried to choke yourself on purpose, such as with a belt, towel, or rope, for the feeling or experience it caused? (This is also called the Choking Game, Knock Out, Space Monkey, Flatlining, or the Fainting Game.)

	<u>Percent</u>
A. Yes	7.4%
B. No	92.6%

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own life.

Q-31 During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	<u>Percent</u>
A. Yes	26.4%
B. No	73.6%

Q-32 During the past 12 months, did you ever seriously consider attempting suicide?

	<u>Percent</u>
A. Yes	16.8%
B. No	83.2%

Q-33 During the past 12 months, did you make a plan about how you would attempt suicide?

	<u>Percent</u>
A. Yes	13.6%
B. No	86.4%

Q-34 During the past 12 months, how many times did you actually attempt suicide?

	<u>Percent</u>
A. 0 times	92.1%
B. 1 time	4.7%
C. 2 or 3 times	2.3%
D. 4 or 5 times	0.4%
E. 6 or more times	0.5%

Q-35 If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	<u>Percent</u>
A. I did not attempt suicide during the past 12 months	92.1%
B. Yes	2.6%
C. No	5.3%

The next 11 questions ask about tobacco use.

Q-36 Have you ever tried cigarette smoking, even one or two puffs?

	<u>Percent</u>
A. Yes	41.1%
B. No	58.9%

Q-37 How old were you when you smoked a whole cigarette for the first time?

	<u>Percent</u>
A. I have never smoked a whole cigarette	68.5%
B. 8 years old or younger	2.5%
C. 9 or 10 years old	2.2%
D. 11 or 12 years old	5.1%
E. 13 or 14 years old	8.4%
F. 15 or 16 years old	10.4%
G. 17 years old or older	2.9%

Q-38 During the past 30 days, on how many days did you smoke cigarettes?

	<u>Percent</u>
A. 0 days	84.8%
B. 1 or 2 days	4.4%
C. 3 to 5 days	2.4%
D. 6 to 9 days	1.4%
E. 10 to 19 days	1.5%
F. 20 to 29 days	1.8%
G. All 30 days	3.7%

Q-39 During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

	<u>Percent</u>
A. I did not smoke cigarettes during the past 30 days	84.8%
B. Less than 1 cigarette	4.0%
C. 1 cigarette	3.1%
D. 2 to 5 cigarettes	6.0%
E. 6 to 10 cigarettes	1.2%
F. 11 to 20 cigarettes	0.5%
G. More than 20 cigarettes	0.4%

Q-40 During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)

	<u>Percent</u>
A. I did not smoke cigarettes during the past 30 days	84.8%
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	3.4%
C. I bought them from a vending machine	0.2%
D. I gave someone else money to buy them for me	3.8%
E. I borrowed (or bummed) them from someone else	4.7%
F. A person 18 years old or older gave them to me	1.0%
G. I took them from a store or family member	0.4%
H. I got them some other way	1.7%

Q-41 During the past 30 days, on how many days did you smoke cigarettes on school property?

	<u>Percent</u>
A. 0 days	96.3%
B. 1 or 2 days	1.7%
C. 3 to 5 days	0.5%
D. 6 to 9 days	0.3%
E. 10 to 19 days	0.3%
F. 20 to 29 days	0.3%
G. All 30 days	0.6%

Q-42 Have you ever smoked cigarettes daily; that is, at least one cigarette every day for 30 days?

	<u>Percent</u>
A. Yes	9.2%
B. No	90.8%

Q-43 During the past 12 months, did you ever try to quit smoking cigarettes?

	<u>Percent</u>
A. I did not smoke during the past 12 months	79.1%
B. Yes	11.3%
C. No	9.6%

Q-44 During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, beechnut, Skoal, Skoal Bandits, or Copenhagen?

	<u>Percent</u>
A. 0 days	86.6%
B. 1 or 2 days	4.1%
C. 3 to 5 days	2.0%
D. 6 to 9 days	1.4%
E. 10 to 19 days	1.5%
F. 20 to 29 days	1.0%
G. All 30 days	3.6%

Q-45 During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?

	<u>Percent</u>
A. 0 days	91.7%
B. 1 or 2 days	2.6%
C. 3 to 5 days	1.3%
D. 6 to 9 days	0.8%
E. 10 to 19 days	0.8%
F. 20 to 29 days	0.7%
G. All 30 days	2.1%

Q-46 During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

	<u>Percent</u>
A. 0 days	84.2%
B. 1 or 2 days	8.5%
C. 3 to 5 days	3.4%
D. 6 to 9 days	2.0%
E. 10 to 19 days	0.7%
F. 20 to 29 days	0.2%
G. All 30 days	0.9%

The next 7 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

Q-47 During your life, on how many days have you had at least one drink of alcohol?

	<u>Percent</u>
A. 0 days	29.5%
B. 1 or 2 days	14.5%
C. 3 to 9 days	15.6%
D. 10 to 19 days	11.9%
E. 20 to 39 days	10.2%
F. 40 to 99 days	9.1%
G. 100 or more days	9.2%

Q-48 How old were you when you had your first drink of alcohol other than a few sips?

	<u>Percent</u>
A. I have never had a drink of alcohol other than a few sips	34.3%
B. 8 years old or younger	6.0%
C. 9 or 10 years old	5.1%
D. 11 or 12 years old	8.8%
E. 13 or 14 years old	21.8%
F. 15 or 16 years old	20.6%
G. 17 years old or older	3.4%

Q-49 During the past 30 days, on how many days did you have at least one drink of alcohol?

	<u>Percent</u>
A. 0 days	62.9%
B. 1 or 2 days	16.6%
C. 3 to 5 days	9.5%
D. 6 to 9 days	6.2%
E. 10 to 19 days	3.3%
F. 20 to 29 days	0.7%
G. All 30 days	0.8%

Q-50 During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

	<u>Percent</u>
A. 0 days	94.3%
B. 1 or 2 days	3.6%
C. 3 to 5 days	0.9%
D. 6 to 9 days	0.5%
E. 10 to 19 days	0.1%
F. 20 to 29 days	0.1%
G. All 30 days	0.5%

Q-51 During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row; that is, within a couple of hours?

	<u>Percent</u>
A. 0 days	76.5%
B. 1 day	8.0%
C. 2 days	5.9%
D. 3 to 5 days	5.3%
E. 6 to 9 days	2.6%
F. 10 to 19 days	1.1%
G. 20 or more days	0.6%

Q-52 During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?

	<u>Percent</u>
A. I did not drink alcohol during the past 30 days	63.6%
B. 1 or 2 drinks	10.5%
C. 3 drinks	3.5%
D. 4 drinks	2.5%
E. 5 drinks	4.6%
F. 6 or 7 drinks	5.3%
G. 8 or 9 drinks	2.9%
H. 10 or more drinks	7.2%

Q-53 During the past 30 days, how did you usually get the alcohol you drank?

	<u>Percent</u>
A. I did not drink alcohol during the past 30 days	62.2%
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1.2%
C. I bought it at a restaurant, bar, or club	0.2%
D. I bought it at a public event such as a concert or sporting event	0.2%
E. I gave someone else money to buy it for me	11.3%
F. Someone gave it to me	13.6%
G. I took it from a store or family member	2.4%
H. I got it some other way	8.9%

The next 4 questions ask about marijuana use. Marijuana is also called grass or pot.

Q-54 During your life, how many times have you used marijuana?

	<u>Percent</u>
A. 0 times	62.4%
B. 1 or 2 times	7.7%
C. 3 to 9 times	7.0%
D. 10 to 19 times	4.4%
E. 20 to 39 times	3.6%
F. 40 to 99 times	3.8%
G. 100 or more times	11.1%

Q-55 How old were you when you tried marijuana for the first time?

	<u>Percent</u>
A. I have never tried marijuana	62.2%
B. 8 years old or younger	1.6%
C. 9 or 10 years old	1.8%
D. 11 or 12 years old	4.5%
E. 13 or 14 years old	12.6%
F. 15 or 16 years old	14.4%
G. 17 years old or older	2.9%

Q-56 During the past 30 days, how many times did you use marijuana?

	<u>Percent</u>
A. 0 times	79.0%
B. 1 or 2 times	6.4%
C. 3 to 9 times	4.9%
D. 10 to 19 times	2.8%
E. 20 to 39 times	1.8%
F. 40 or more times	5.1%

Q-57 During the past 30 days, how many times did you use marijuana on school property?

	<u>Percent</u>
A. 0 times	94.8%
B. 1 or 2 times	2.4%
C. 3 to 9 times	0.9%
D. 10 to 19 times	0.7%
E. 20 to 39 times	0.4%
F. 40 or more times	0.8%

The next 10 questions ask about other drugs.

Q-58 During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

	<u>Percent</u>
A. 0 times	93.6%
B. 1 or 2 times	3.1%
C. 3 to 9 times	1.2%
D. 10 to 19 times	0.7%
E. 20 to 39 times	0.4%
F. 40 or more times	1.0%

Q-59 During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	<u>Percent</u>
A. 0 times	90.1%
B. 1 or 2 times	5.0%
C. 3 to 9 times	2.3%
D. 10 to 19 times	1.1%
E. 20 to 39 times	0.4%
F. 40 or more times	1.0%

Q-60 During the past 30 days, how many times did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

	<u>Percent</u>
A. 0 times	96.7%
B. 1 or 2 times	1.6%
C. 3 to 9 times	0.7%
D. 10 to 19 times	0.2%
E. 20 to 39 times	0.2%
F. 40 or more times	0.5%

Q-61 During your life, how many times have you used heroin (also called smack, junk, or China White)?

	<u>Percent</u>
A. 0 times	97.4%
B. 1 or 2 times	1.0%
C. 3 to 9 times	0.3%
D. 10 to 19 times	0.3%
E. 20 to 39 times	0.2%
F. 40 or more times	0.8%

Q-62 During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

	<u>Percent</u>
A. 0 times	96.4%
B. 1 or 2 times	1.6%
C. 3 to 9 times	0.5%
D. 10 to 19 times	0.4%
E. 20 to 39 times	0.2%
F. 40 or more times	0.9%

Q-63 During your life, how many times have you used ecstasy (also called MDMA)?

	<u>Percent</u>
A. 0 times	91.8%
B. 1 or 2 times	4.2%
C. 3 to 9 times	1.9%
D. 10 to 19 times	0.8%
E. 20 to 39 times	0.4%
F. 40 or more times	0.9%

Q-64 During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

	<u>Percent</u>
A. 0 times	97.4%
B. 1 or 2 times	1.0%
C. 3 to 9 times	0.5%
D. 10 to 19 times	0.3%
E. 20 to 39 times	0.2%
F. 40 or more times	0.7%

Q-65 During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?

	<u>Percent</u>
A. 0 times	83.8%
B. 1 or 2 times	5.7%
C. 3 to 9 times	4.2%
D. 10 to 19 times	2.1%
E. 20 to 39 times	1.7%
F. 40 or more times	2.4%

Q-66 During your life, how many times have you used a needle to inject any illegal drug into your body?

	<u>Percent</u>
A. 0 times	97.6%
B. 1 time	1.0%
C. 2 or more times	1.4%

Q-67 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	<u>Percent</u>
A. Yes	22.8%
B. No	77.2%

The next 7 questions ask about sexual behavior.

Q-68 Have you ever had sexual intercourse?

	<u>Percent</u>
A. Yes	46.0%
B. No	54.0%

Q-69 How old were you when you had sexual intercourse for the first time?

	<u>Percent</u>
A. I have never had sexual intercourse	54.0%
B. 11 years old or younger	2.4%
C. 12 years old	1.9%
D. 13 years old	4.5%
E. 14 years old	9.9%
F. 15 years old	12.5%
G. 16 years old	9.5%
H. 17 years old or older	5.3%

Q-70 During your life, with how many people have you had sexual intercourse?

	<u>Percent</u>
A. I have never had sexual intercourse	54.2%
B. 1 person	17.5%
C. 2 people	8.0%
D. 3 people	5.7%
E. 4 people	4.2%
F. 5 people	3.2%
G. 6 or more people	7.3%

Q-71 During the past 3 months, with how many people did you have sexual intercourse?

	<u>Percent</u>
A. I have never had sexual intercourse	54.0%
B. I have had sexual intercourse, but not during the past 3 months	11.8%
C. 1 person	25.6%
D. 2 people	4.7%
E. 3 people	1.9%
F. 4 people	0.7%
G. 5 people	0.3%
H. 6 or more people	1.0%

Q-72 Did you drink alcohol or use drugs before you had sexual intercourse the last time?

	<u>Percent</u>
A. I have never had sexual intercourse	54.1%
B. Yes	10.2%
C. No	35.8%

Q-73 The last time you had sexual intercourse, did you or your partner use a condom?

	<u>Percent</u>
A. I have never had sexual intercourse	54.7%
B. Yes	29.8%
C. No	15.5%

Q-74 The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?

	<u>Percent</u>
A. I have never had sexual intercourse	52.6%
B. No method was used to prevent pregnancy	4.3%
C. Birth control pills	9.6%
D. Condoms	24.2%
E. An IUD or implant	0.7%
F. A shot, patch, or birth control ring	2.6%
G. Withdrawal or some other method	4.0%
H. Not sure	1.7%

The next 5 questions ask about body weight.

Q-75 How do you describe your weight?

	<u>Percent</u>
A. Very underweight	1.9%
B. Slightly underweight	12.2%
C. About the right weight	58.2%
D. Slightly overweight	24.8%
E. Very overweight	2.9%

Q-76 Which of the following are you trying to do about your weight?

	<u>Percent</u>
A. Lose weight	41.4%
B. Gain weight	16.0%
C. Stay the same weight	18.8%
D. I am not trying to do anything about my weight	23.8%

Q-77 During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	<u>Percent</u>
A. Yes	11.7%
B. No	88.3%

Q-78 During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

	<u>Percent</u>
A. Yes	5.1%
B. No	94.9%

Q-79 During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	<u>Percent</u>
A. Yes	4.4%
B. No	95.6%

The next 11 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

Q-80 During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

	<u>Percent</u>
A. I did not drink 100% fruit juice during the past 7 days	22.1%
B. 1 to 3 times during the past 7 days	42.0%
C. 4 to 6 times during the past 7 days	17.1%
D. 1 time per day	6.8%
E. 2 times per day	5.7%
F. 3 times per day	2.7%
G. 4 or more times per day	3.4%

Q-81 During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

	<u>Percent</u>
A. I did not eat fruit during the past 7 days	8.8%
B. 1 to 3 times during the past 7 days	36.7%
C. 4 to 6 times during the past 7 days	22.8%
D. 1 time per day	12.0%
E. 2 times per day	12.1%
F. 3 times per day	4.2%
G. 4 or more times per day	3.5%

Q-82 During the past 7 days, how many times did you eat green salad?

	<u>Percent</u>
A. I did not eat green salad during the past 7 days	29.8%
B. 1 to 3 times during the past 7 days	43.2%
C. 4 to 6 times during the past 7 days	15.5%
D. 1 time per day	8.2%
E. 2 times per day	1.8%
F. 3 times per day	0.6%
G. 4 or more times per day	1.0%

Q-83 During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

	<u>Percent</u>
A. I did not eat potatoes during the past 7 days	26.7%
B. 1 to 3 times during the past 7 days	53.3%
C. 4 to 6 times during the past 7 days	13.4%
D. 1 time per day	3.9%
E. 2 times per day	1.3%
F. 3 times per day	0.5%
G. 4 or more times per day	0.9%

Q-84 During the past 7 days, how many times did you eat carrots?

	<u>Percent</u>
A. I did not eat carrots during the past 7 days	41.5%
B. 1 to 3 times during the past 7 days	41.7%
C. 4 to 6 times during the past 7 days	9.6%
D. 1 time per day	4.7%
E. 2 times per day	1.2%
F. 3 times per day	0.4%
G. 4 or more times per day	0.9%

Q-85 During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

	<u>Percent</u>
A. I did not eat other vegetables during the past 7 days	13.7%
B. 1 to 3 times during the past 7 days	41.4%
C. 4 to 6 times during the past 7 days	23.6%
D. 1 time per day	11.8%
E. 2 times per day	6.1%
F. 3 times per day	1.7%
G. 4 or more times per day	1.7%

Q-86 During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	<u>Percent</u>
A. I did not drink soda or pop during the past 7 days	26.3%
B. 1 to 3 times during the past 7 days	37.4%
C. 4 to 6 times during the past 7 days	18.1%
D. 1 time per day	7.5%
E. 2 times per day	5.5%
F. 3 times per day	2.1%
G. 4 or more times per day	3.0%

Q-87 During the past 7 days, how many times did you drink a can, bottle, or glass of diet soda or pop, such as Diet Coke, Diet Pepsi, or Sprite Zero? (Do not include diet soda or diet pop.)

	<u>Percent</u>
A. I did not drink soda or pop during the past 7 days	74.6%
B. 1 to 3 times during the past 7 days	15.5%
C. 4 to 6 times during the past 7 days	4.4%
D. 1 time per day	2.5%
E. 2 times per day	1.1%
F. 3 times per day	0.7%
G. 4 or more times per day	1.1%

Q-88 During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pink of milk served at school as equal to one glass.)

	<u>Percent</u>
A. I did not drink milk during the past 7 days	13.9%
B. 1 to 3 glasses during the past 7 days	21.8%
C. 4 to 6 glasses during the past 7 days	19.4%
D. 1 glass per day	15.5%
E. 2 glasses per day	15.0%
F. 3 glasses per day	8.2%
G. 4 or more glasses per day	6.2%

Q-89 During the past 7 days, on how many days did you eat breakfast?

	<u>Percent</u>
A. 0 days	11.7%
B. 1 day	7.2%
C. 2 days	8.9%
D. 3 days	8.3%
E. 4 days	7.7%
F. 5 days	8.6%
G. 6 days	7.2%
H. 7 days	40.3%

Q-90 During the past 30 days, how often did you go hungry because there was not enough food in your home?

	<u>Percent</u>
A. Never	74.5%
B. Rarely	13.9%
C. Sometimes	8.3%
D. Most of the time	2.4%
E. Always	0.9%

The next 5 questions ask about physical activity.

Q-91 During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

	<u>Percent</u>
A. 0 days	10.7%
B. 1 day	6.3%
C. 2 days	8.7%
D. 3 days	9.1%
E. 4 days	10.5%
F. 5 days	16.1%
G. 6 days	11.0%
H. 7 days	27.7%

Q-92 On an average school day, how many hours do you watch TV?

	<u>Percent</u>
A. I do not watch TV on an average school day	15.6%
B. Less than 1 hour per day	23.1%
C. 1 hour per day	18.0%
D. 2 hours per day	20.6%
E. 3 hours per day	13.0%
F. 4 hours per day	5.1%
G. 5 or more hours per day	4.5%

Q-93 On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)

	<u>Percent</u>
A. I do not play video or computer games or use a computer for something that is not school work	15.8%
B. Less than 1 hour per day	21.6%
C. 1 hour per day	16.1%
D. 2 hours per day	16.9%
E. 3 hours per day	12.4%
F. 4 hours per day	7.2%
G. 5 or more hours per day	10.1%

Q-94 In an average week when you are in school, on how many days do you go to physical education (PE) classes?

	<u>Percent</u>
A. 0 days	45.6%
B. 1 day	1.8%
C. 2 days	3.3%
D. 3 days	10.6%
E. 4 days	3.8%
F. 5 days	34.9%

Q-95 During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups.)

	<u>Percent</u>
A. 0 teams	36.3%
B. 1 team	24.9%
C. 2 teams	20.2%
D. 3 or more teams	18.6%

The next 4 questions ask about other health-related topics.

Q-96 Have you ever been taught about AIDS or HIV infection in school?

	<u>Percent</u>
A. Yes	83.8%
B. No	10.1%
C. Not sure	6.1%

Q-97 Has a doctor or nurse ever told you that you have asthma?

	<u>Percent</u>
A. Yes	19.8%
B. No	75.4%
C. Not sure	4.7%

Q-98 During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)

	<u>Percent</u>
A. 0 times	86.6%
B. 1 or 2 times	5.1%
C. 3 to 9 times	3.9%
D. 10 to 19 times	2.2%
E. 20 to 39 times	1.2%
F. 40 or more times	1.0%

Q-99 During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?

	<u>Percent</u>
A. Yes	12.4%
B. No	87.6%

*2013 MONTANA
YOUTH RISK BEHAVIOR SURVEY*



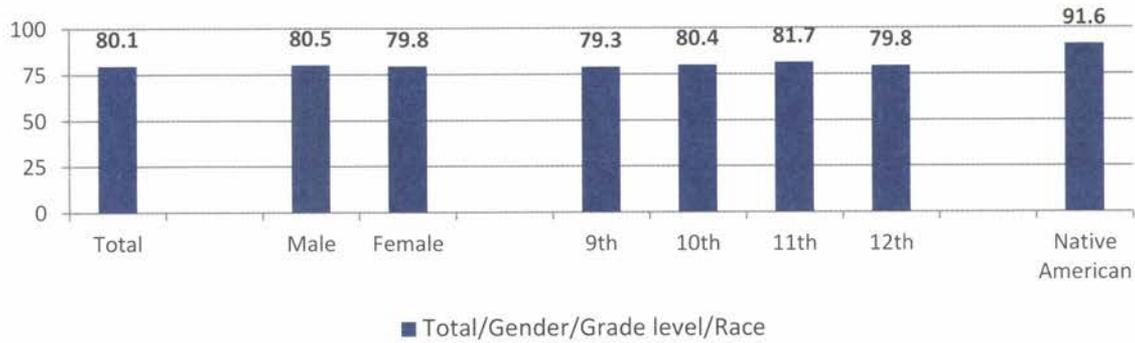
*GENDER, GRADE LEVEL AND
NATIVE AMERICAN DATA
GRAPHS*

5

Unintentional Injuries and Violence

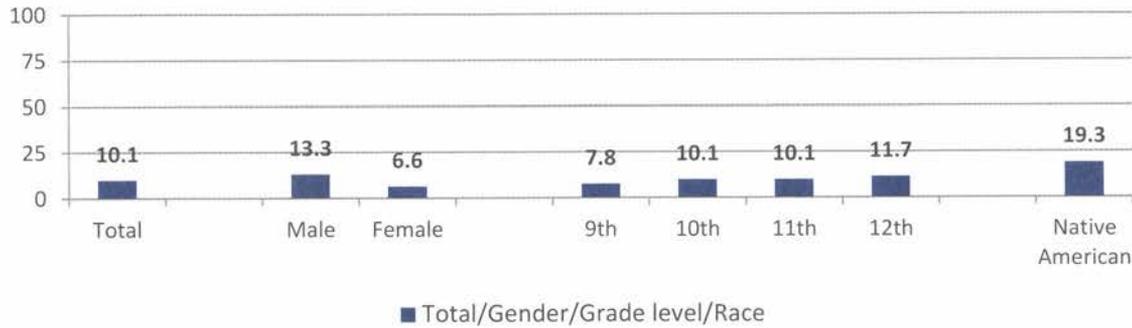
BICYCLE HELMET USE

Among students who rode a bicycle during the past 12 months, 80.1 percent never or rarely wore a bicycle helmet.



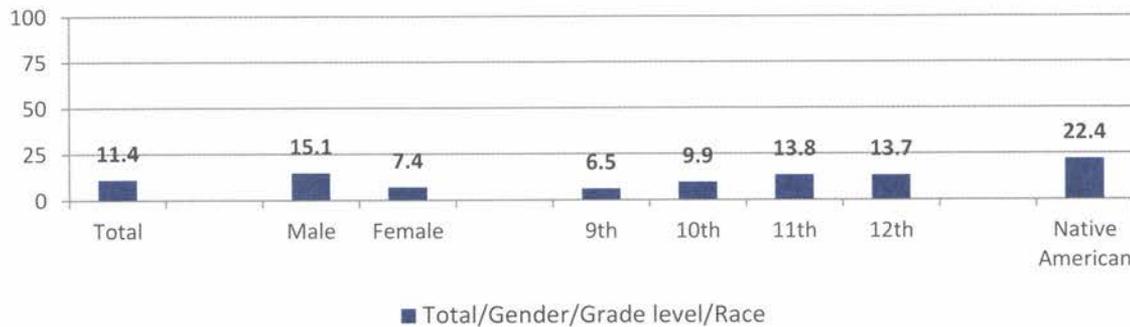
SEAT BELT USE – RIDER

Statewide, 24.5 percent of Montana students never or rarely wore a seat belt when riding in a car driven by someone else.



SEAT BELT USE – DRIVER

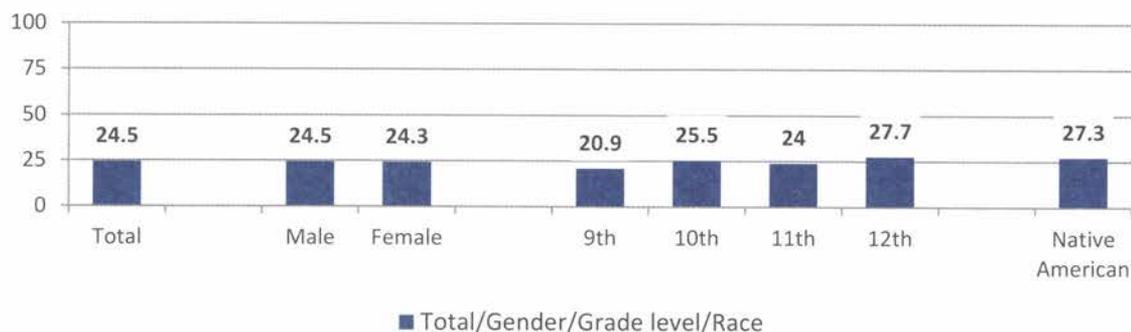
Among Montana students who drive a car, 11.4 percent never or rarely wear a seat belt when driving.



Unintentional Injuries and Violence

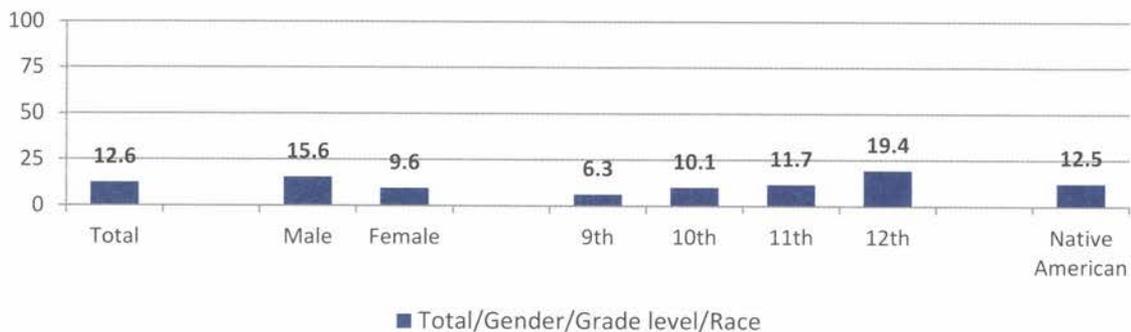
RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL

During the past 30 days, 24.5 percent of students rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



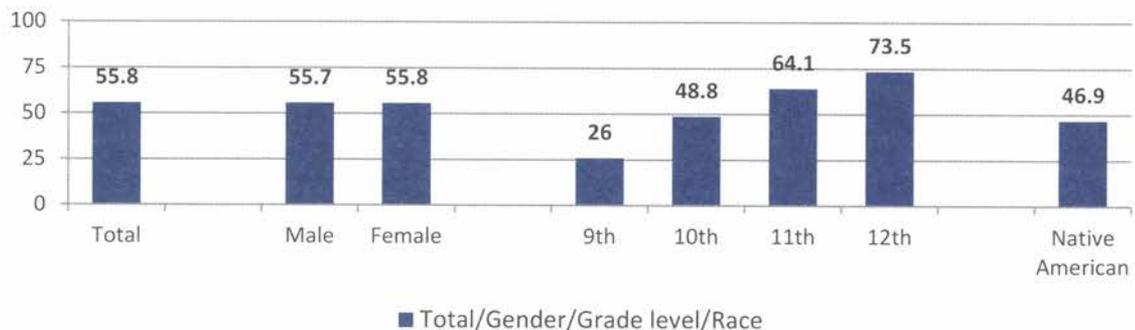
DROVE WHEN DRINKING ALCOHOL

Among students who drove a car or other vehicle during the past 30 days, 12.6 percent drove when they had been drinking alcohol one or more times during the past 30 days.



TEXTING AND DRIVING

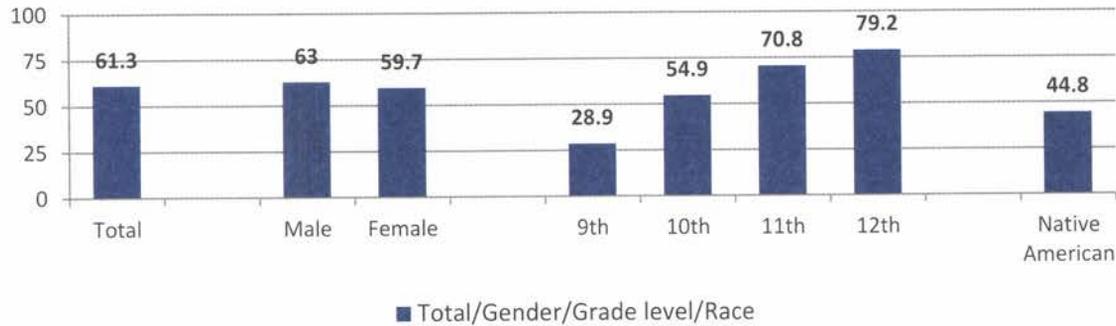
Among Montana students who drove a car or other vehicle during the past 30 days, 55.8 percent texted or e-mailed while driving.



Unintentional Injuries and Violence

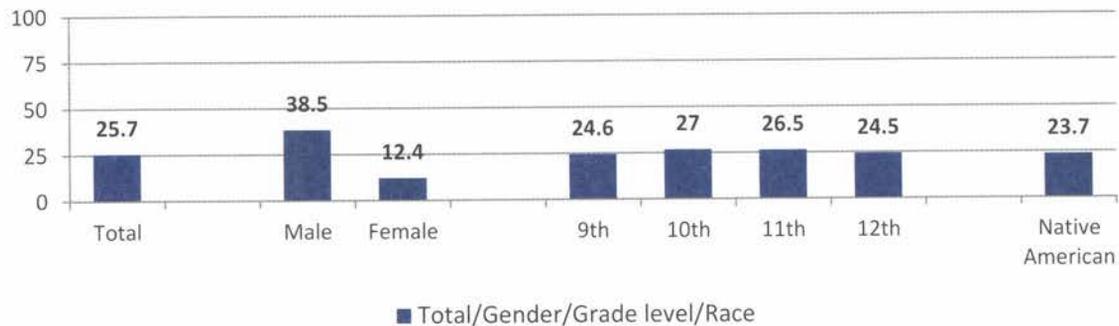
CELL PHONE USE AND DRIVING

Among students who drove a car or other vehicle during the past 30 days, 61.3 percent talked on a cell phone while driving.



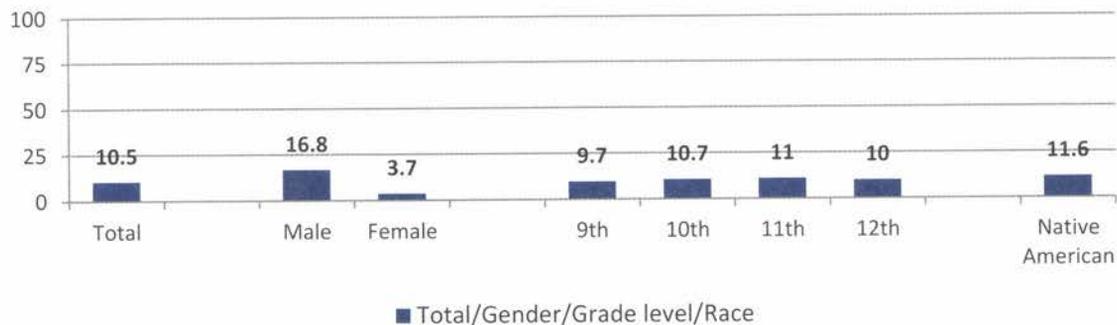
CARRIED A WEAPON

Statewide, 25.7 percent of Montana students carried a weapon such as a gun, knife, or club on one or more of the past 30 days.



CARRIED A GUN

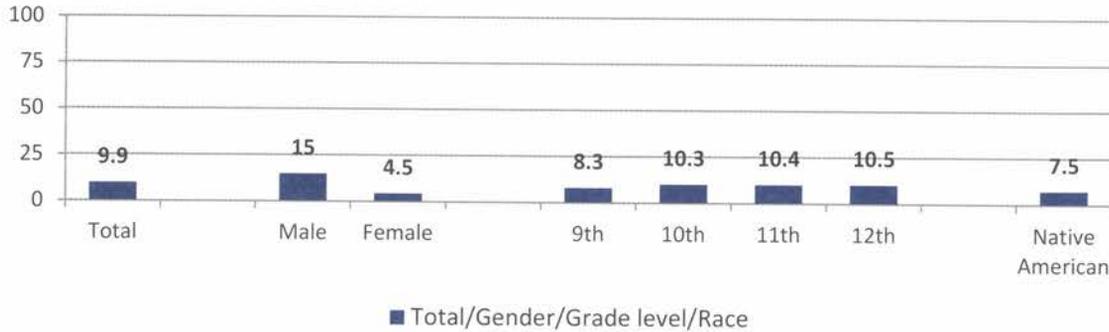
10.5 percent of Montana students carried a gun on one or more of the past 30 days.



Unintentional Injuries and Violence

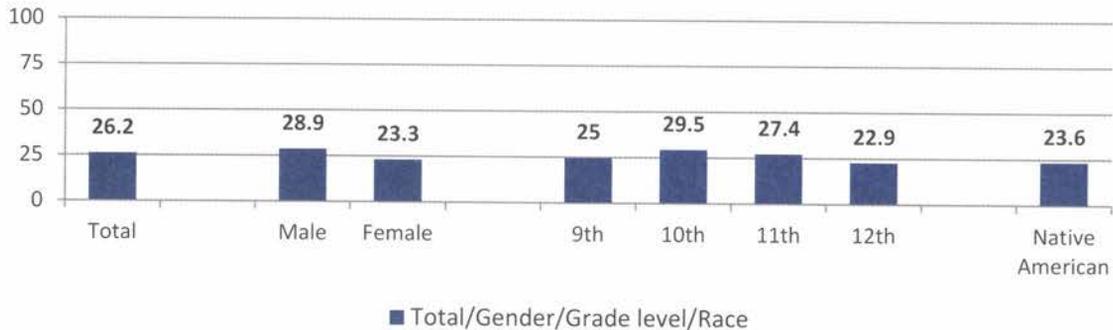
CARRIED A WEAPON ON SCHOOL PROPERTY

Statewide, 9.9 percent of Montana students carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days.



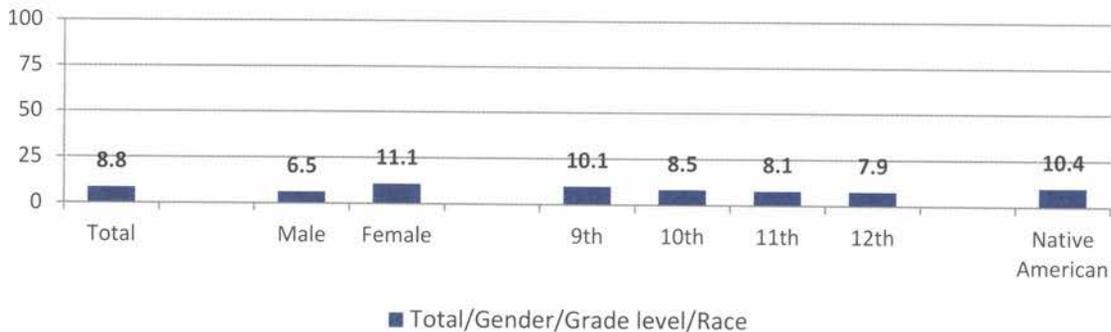
PROPERTY STOLEN OR DAMAGED ON SCHOOL PROPERTY

During the past 12 months, 26.2 percent of Montana students had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times.



DID NOT GO TO SCHOOL BECAUSE OF SAFETY CONCERNS

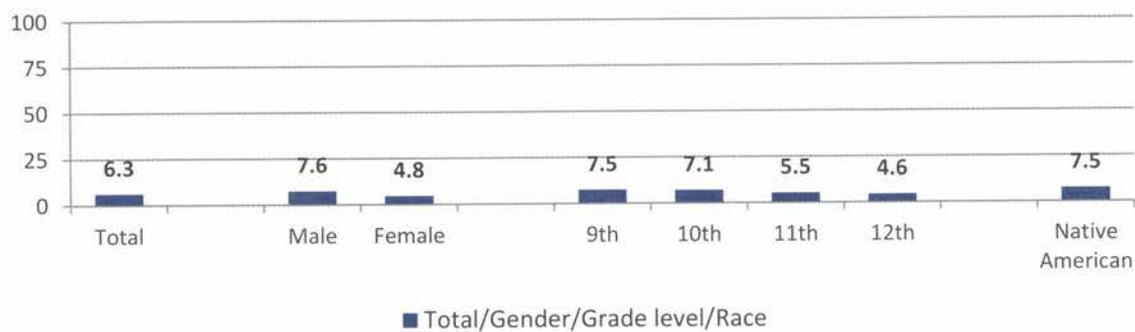
During the past 30 days, 8.8 percent of Montana students did not go to school on one or more days because they felt they would be unsafe at school or on their way to or from school.



Unintentional Injuries and Violence

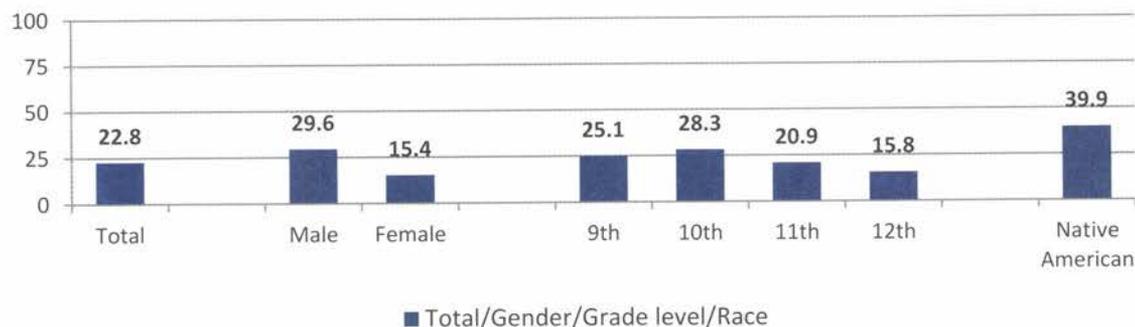
THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY

During the past 12 months, 6.3 percent of students had been threatened or injured, one or more times, with a weapon such as a gun, knife, or club on school property.



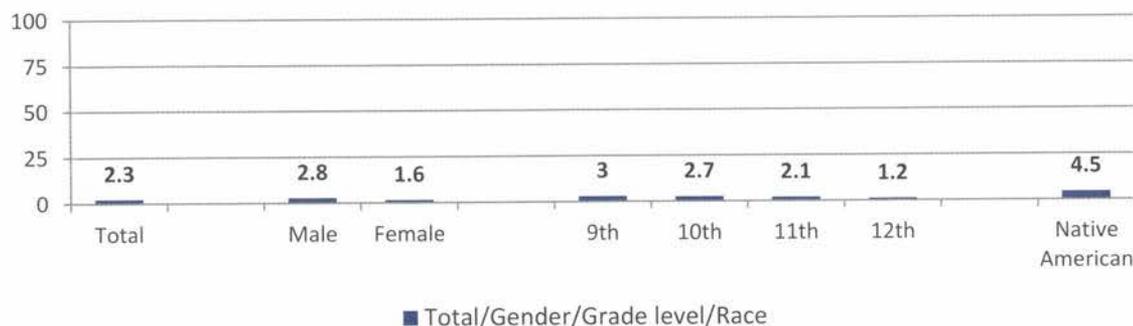
IN A PHYSICAL FIGHT

Statewide, 22.8 percent of Montana students were in a physical fight one or more times during the past 12 months.



INJURED IN A PHYSICAL FIGHT

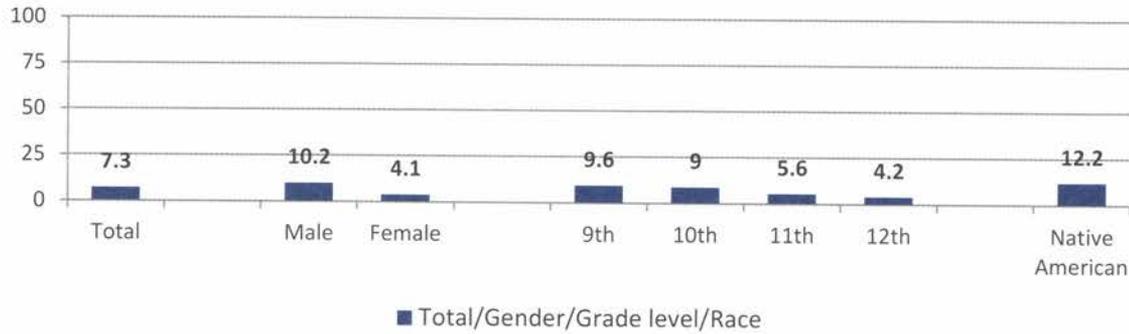
During the past 12 months, 2.3 percent of students were in a physical fight in which they were injured and had to be treated by a doctor or nurse.



Unintentional Injuries and Violence

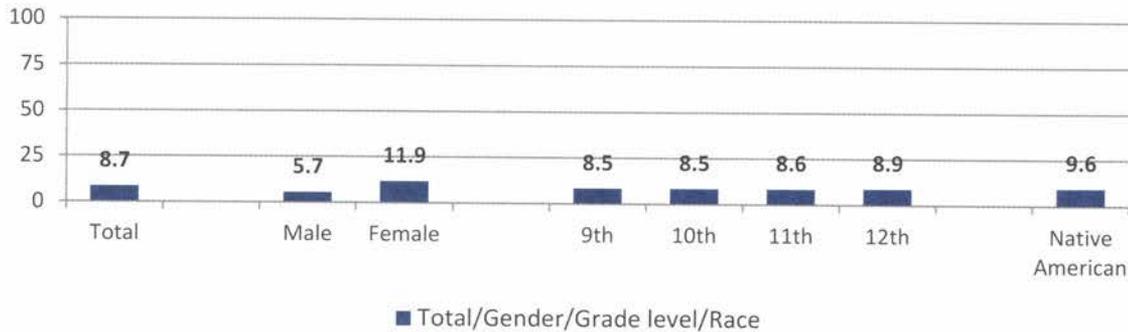
IN A PHYSICAL FIGHT ON SCHOOL PROPERTY

In Montana high schools, 7.3 percent of students were in a physical fight on school property one or more times during the past 12 months.



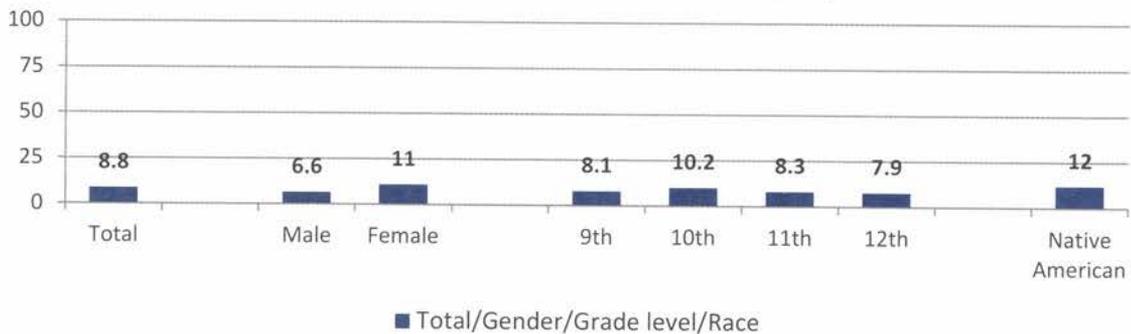
FORCED SEXUAL INTERCOURSE

Statewide, 8.7 percent of Montana students had ever been physically forced to have sexual intercourse when they did not want to.



DATING VIOLENCE

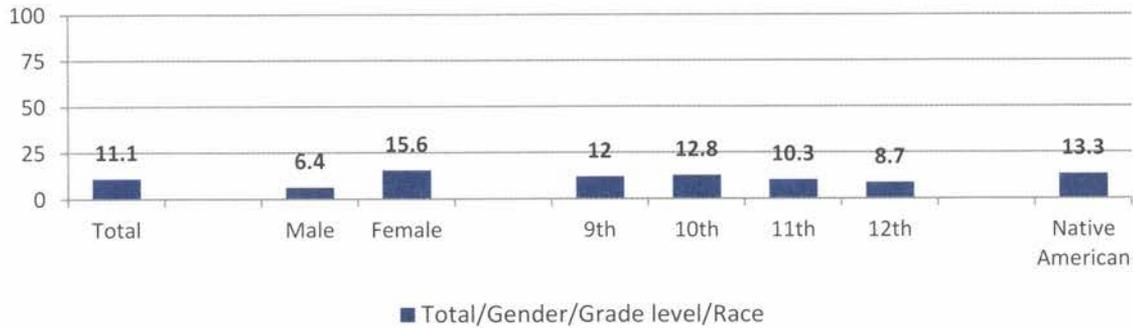
Among students who dated or went out with someone during the past 12 months, 8.8 percent had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months.



Unintentional Injuries and Violence

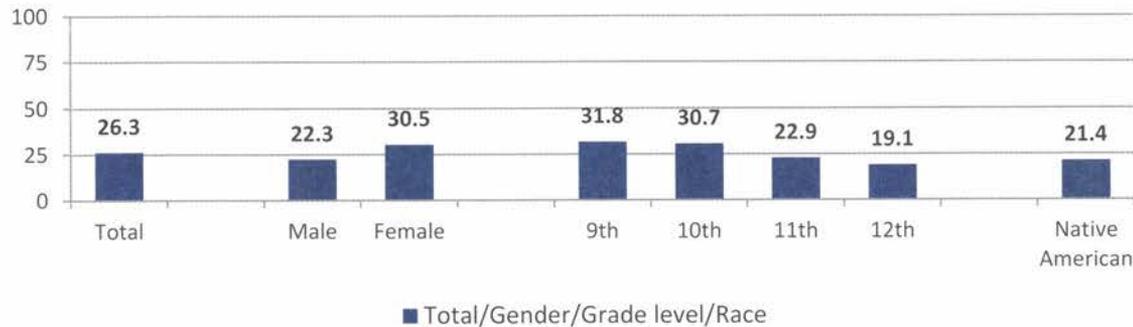
DATING AND SEXUAL PRESSURES

Among dating students, 11.1 percent had been forced by someone they were dating or going out with to do sexual things that they did not want to one or more times during the past 12 months.



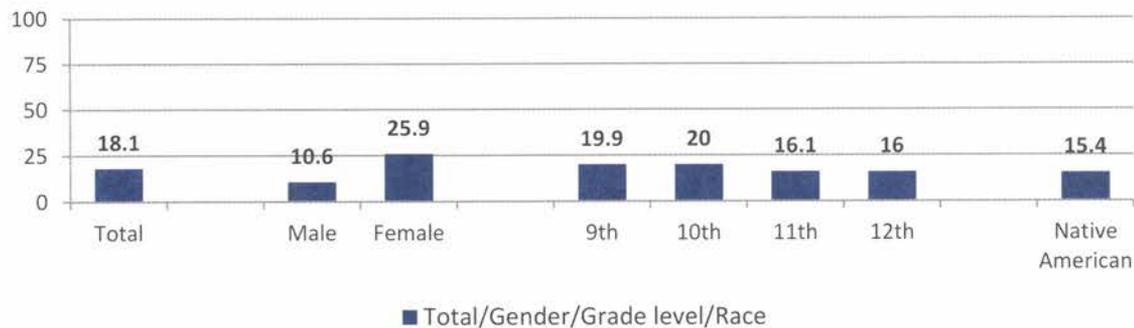
BULLIED ON SCHOOL PROPERTY

During the past 12 months, 26.3 percent of students had been bullied on school property.



ELECTRONIC BULLYING

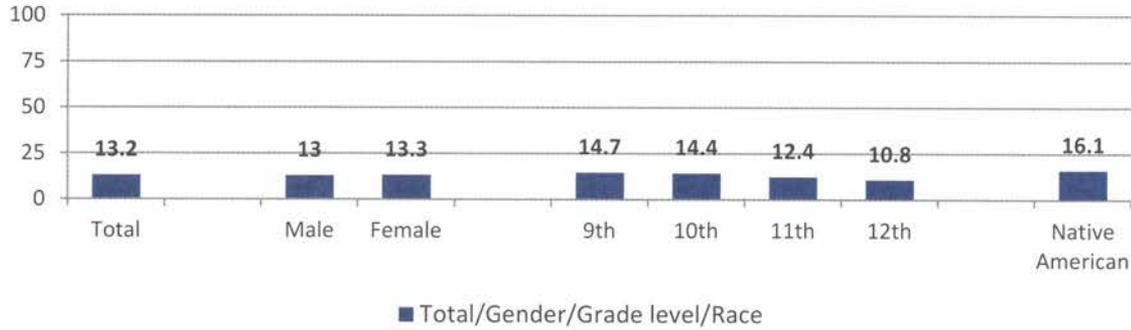
Statewide, 18.1 percent of Montana students had been electronically bullied during the past 12 months.



Unintentional Injuries and Violence

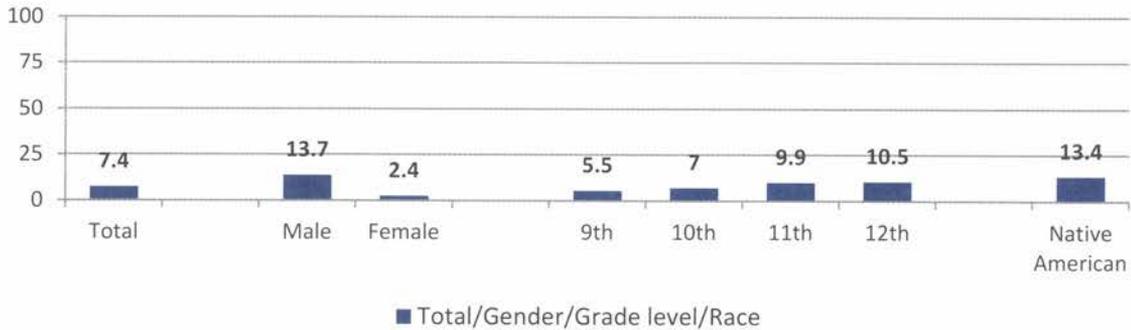
BULLYING AND SEXUAL ORIENTATION

During the past 12 months, 13.2 percent of students have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual.



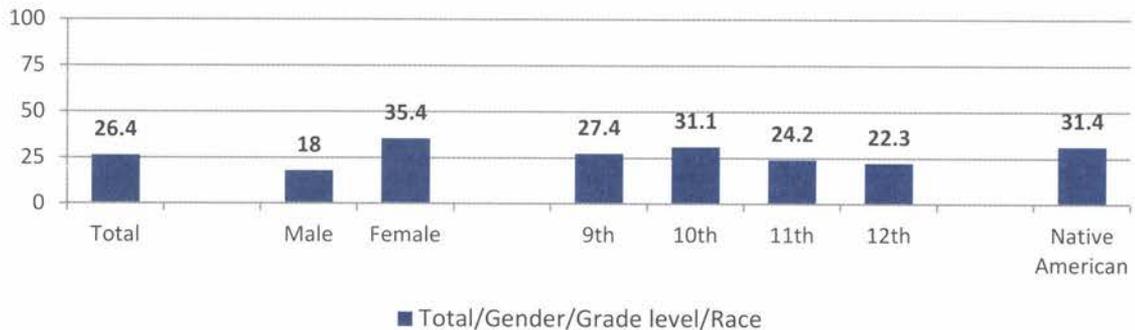
CHOKING GAME

Statewide, 7.4 percent of students have ever been choked by someone or tried to choke themselves on purpose, such as with a belt, towel, or rope, for the feeling or experience it caused.



FELT SAD OR HOPELESS

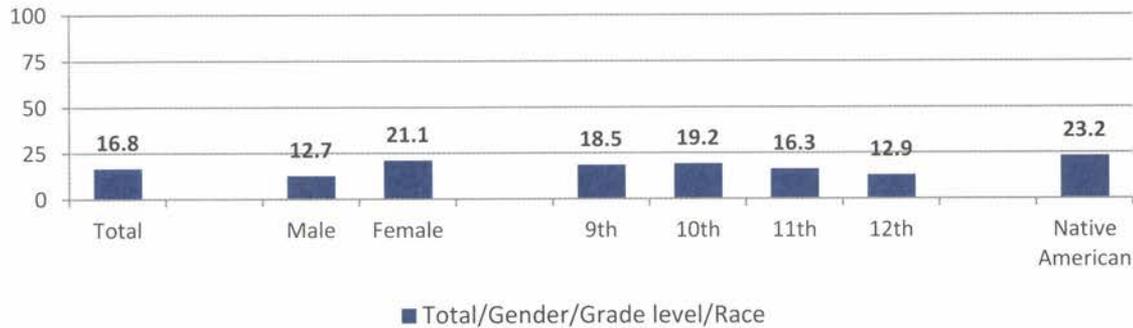
During the past 12 months, 26.4 percent of students felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.



Unintentional Injuries and Violence

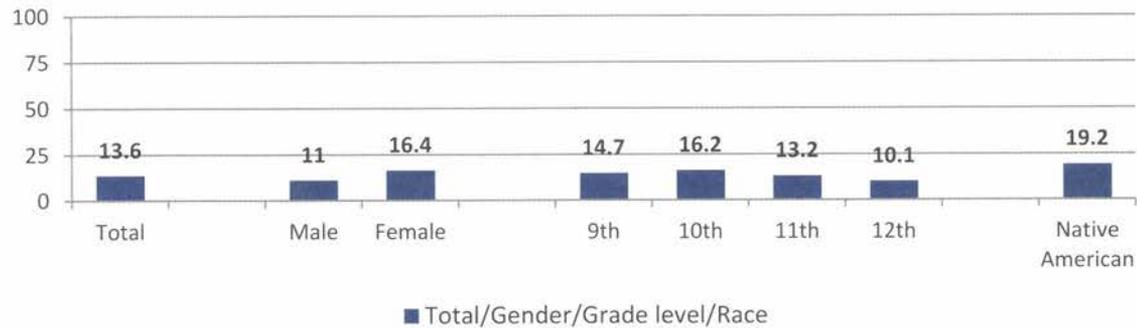
SERIOUSLY CONSIDERED SUICIDE

During the past 12 months, 16.8 percent of students seriously considered attempting suicide.



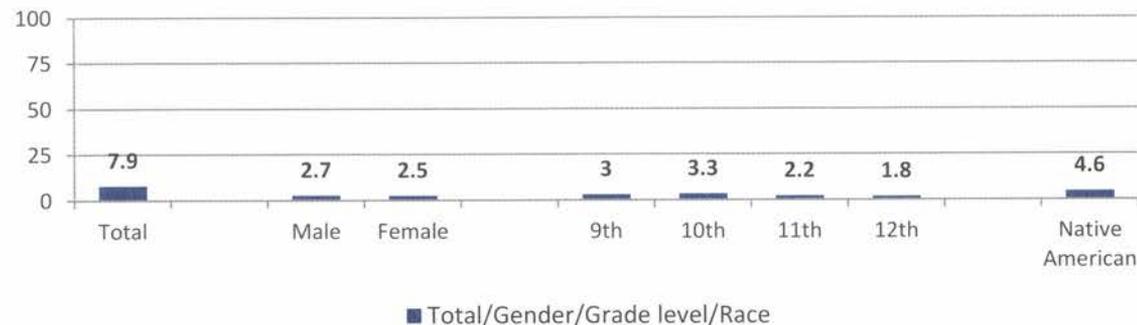
MADE A SUICIDE PLAN

During the past 12 months, 13.6 percent of students made a plan about how they would attempt suicide.



ATTEMPTED SUICIDE

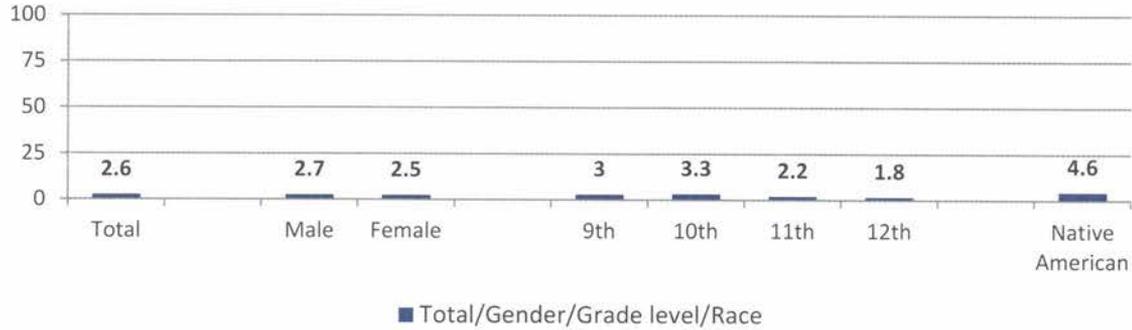
During the past 12 months, 7.9 percent of students actually attempted suicide one or more times.



Unintentional Injuries and Violence

SUICIDE ATTEMPT TREATED BY A DOCTOR OR NURSE

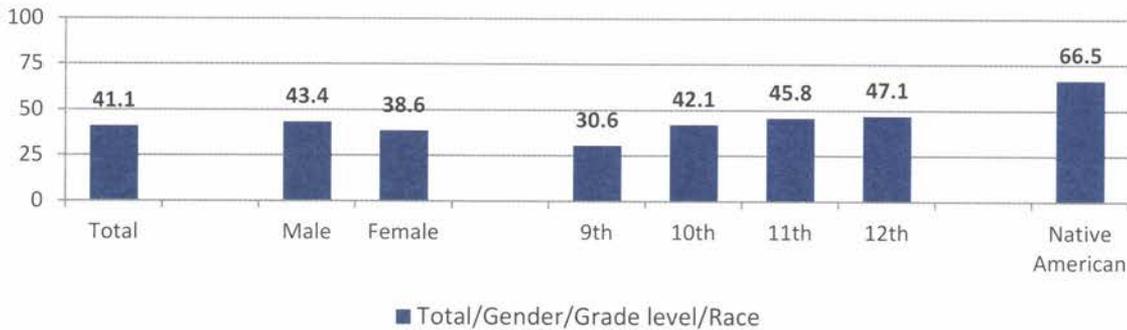
Statewide, 2.6 percent of students made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.



Tobacco Use

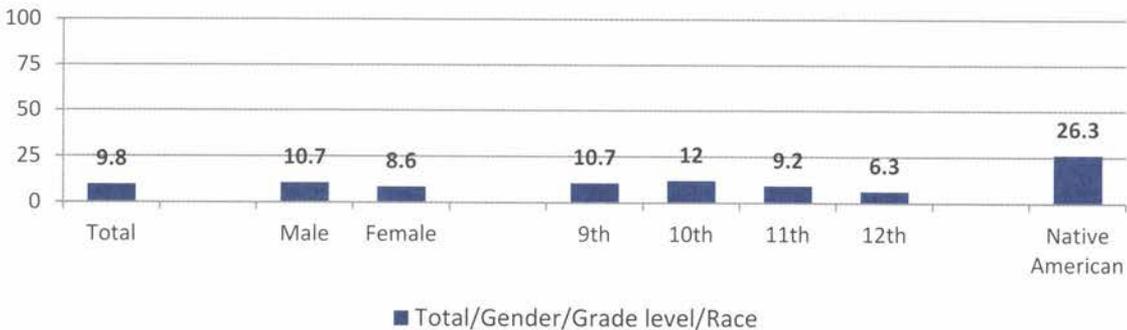
LIFETIME CIGARETTE USE

Statewide, 41.1 percent of students had ever tried cigarette smoking (even one or two puffs).



SMOKED A WHOLE CIGARETTE BEFORE AGE 13 YEARS

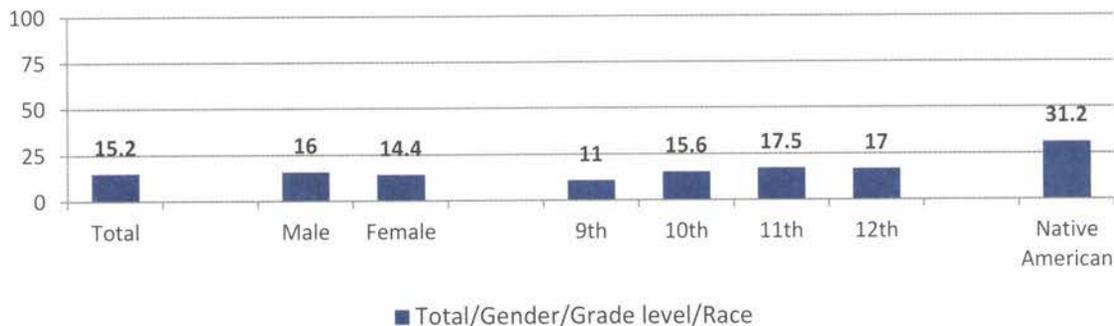
Statewide, 9.8 percent of students smoked a whole cigarette for the first time before age 13 years.



Tobacco Use

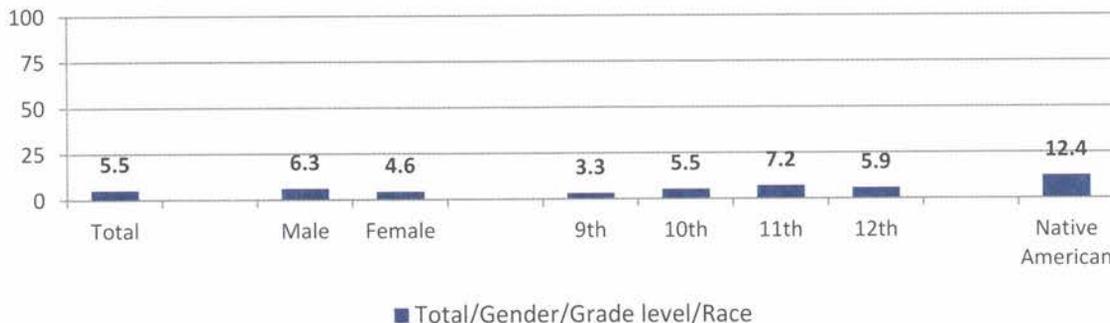
CURRENT SMOKER

Statewide, 15.2 percent of students smoked cigarettes on one or more of the past 30 days.



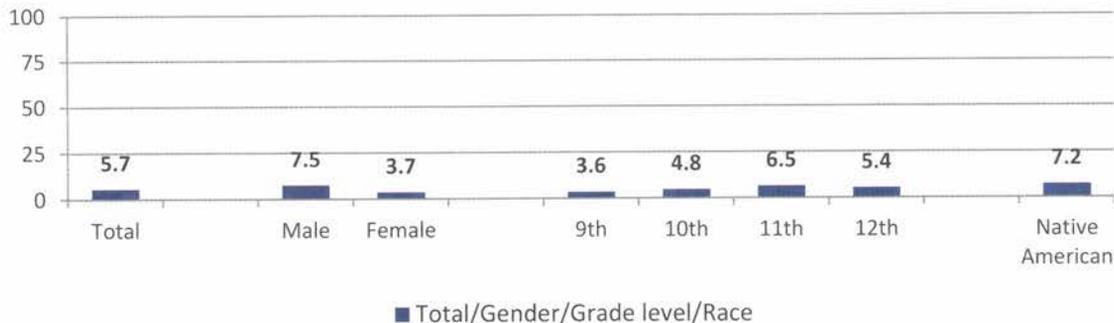
FREQUENT SMOKER

Statewide, 5.5 percent of students had smoked cigarettes on 20 or more of the past 30 days.



SMOKED MORE THAN 10 CIGARETTES PER DAY

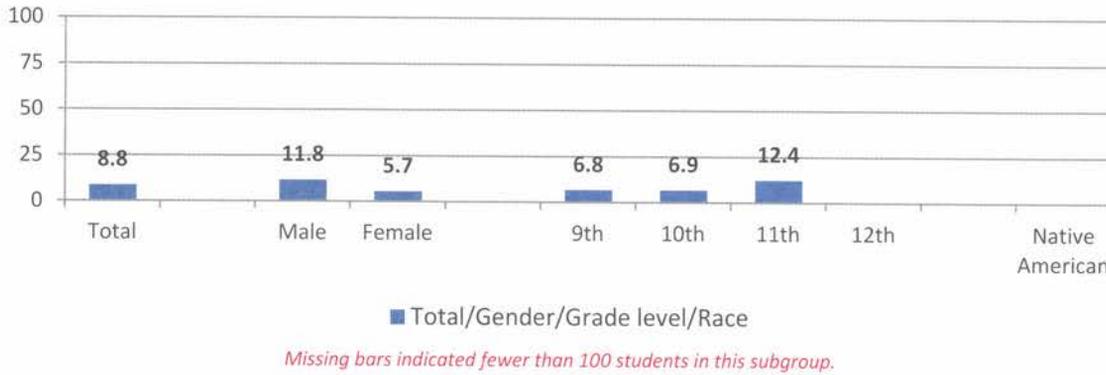
Among students who reported current cigarette use, 5.7 percent smoked more than 10 cigarettes per day on the days they smoked during the past 30 days.



Tobacco Use

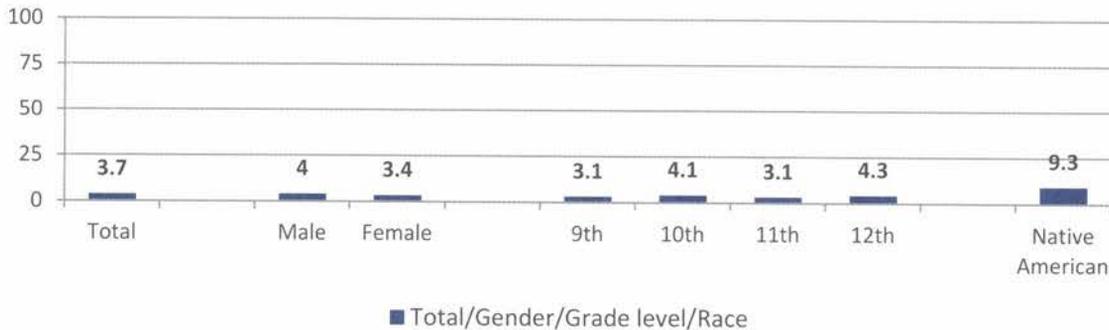
BOUGHT CIGARETTES IN A STORE OR GAS STATION

Among students who were less than 18 years of age and who reported current cigarette use, 8.8 percent usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



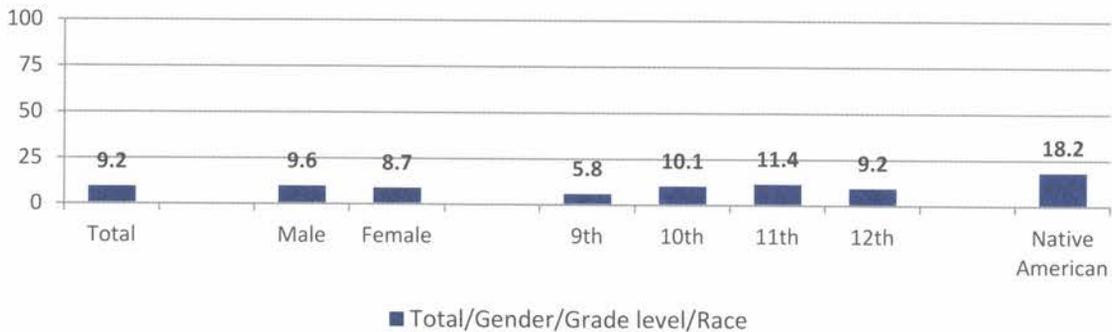
SMOKED CIGARETTES ON SCHOOL PROPERTY

Of Montana high school students, 3.7 percent smoked cigarettes on school property on one or more of the past 30 days.



LIFETIME DAILY CIGARETTE USE

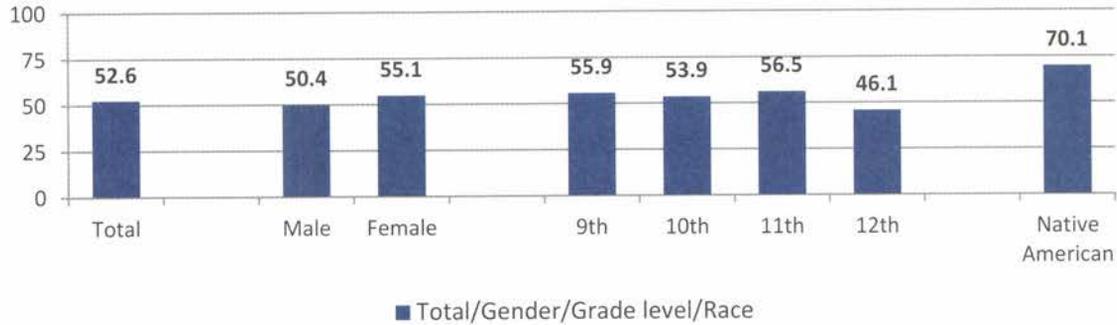
Of Montana high school students, 9.2 percent smoked cigarettes daily; that is, at least one cigarette every day for 30 days.



Tobacco Use

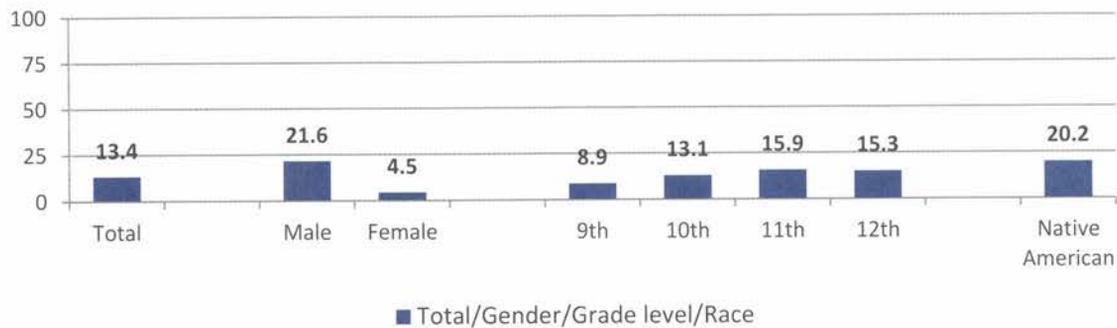
TRIED TO QUIT SMOKING CIGARETTES

Among students who reported current cigarette use, 52.6 percent tried to quit smoking cigarettes during the past 12 months.



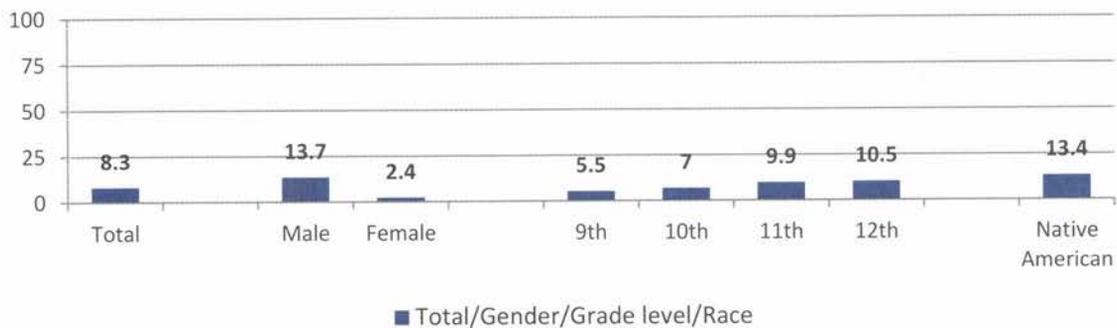
CURRENT SMOKELESS TOBACCO USE

Among Montana high school students, 13.4 percent used chewing tobacco, snuff, or dip on one or more of the past 30 days.



SMOKELESS TOBACCO USE ON SCHOOL PROPERTY

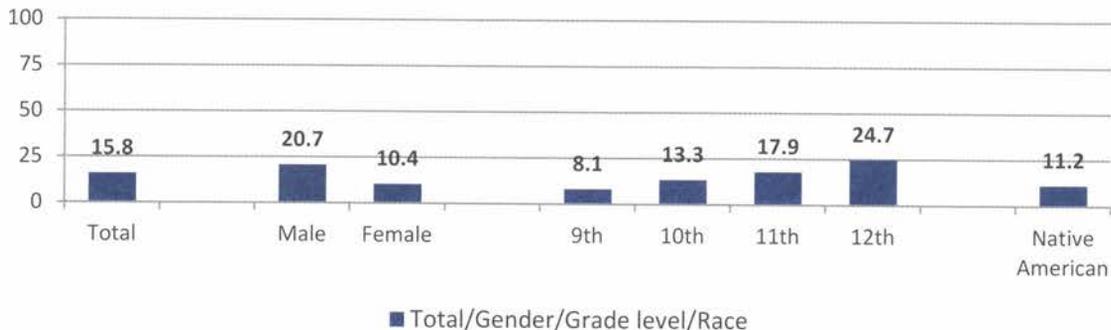
Among Montana high school students, 8.3 percent used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days.



Tobacco Use

CURRENT CIGAR USE

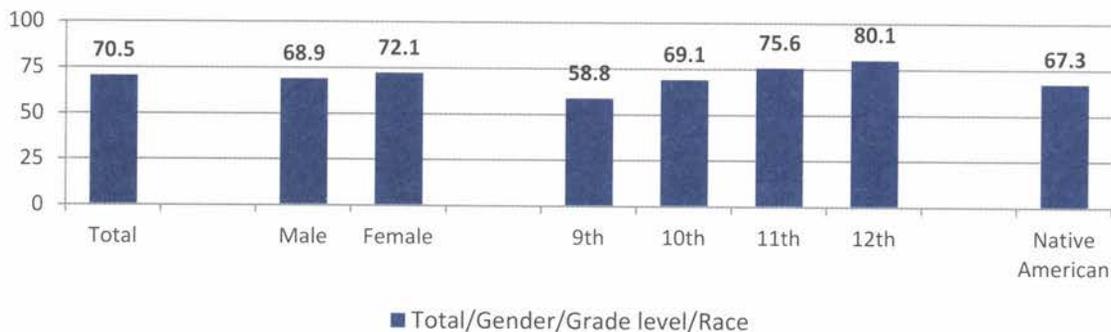
During the past 30 days, 15.8 percent of Montana high school students smoked cigars, cigarillos, or little cigars.



Alcohol and Other Drug Use

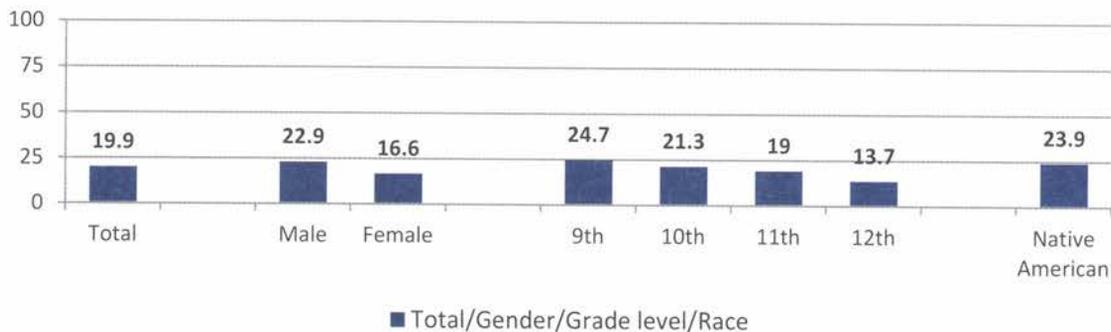
LIFETIME ALCOHOL USE

Statewide, 70.5 percent of students have had at least one drink of alcohol on one or more days during their life.



DRANK ALCOHOL BEFORE AGE 13 YEARS

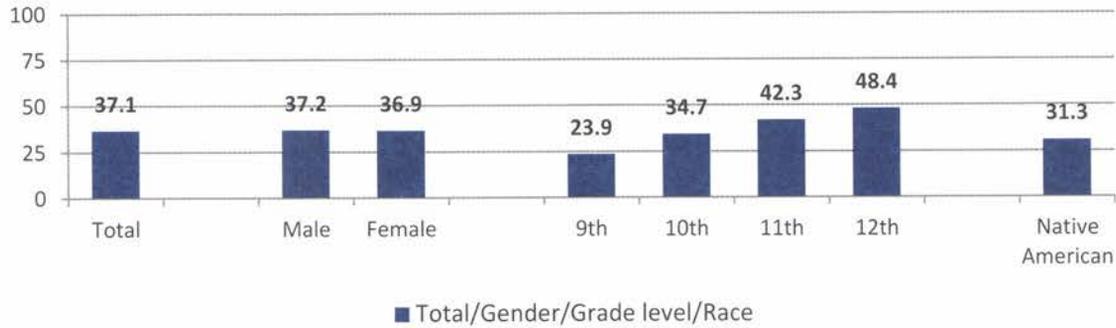
Statewide, 19.9 percent of students had their first drink of alcohol other than a few sips before age 13 years.



Alcohol and Other Drug Use

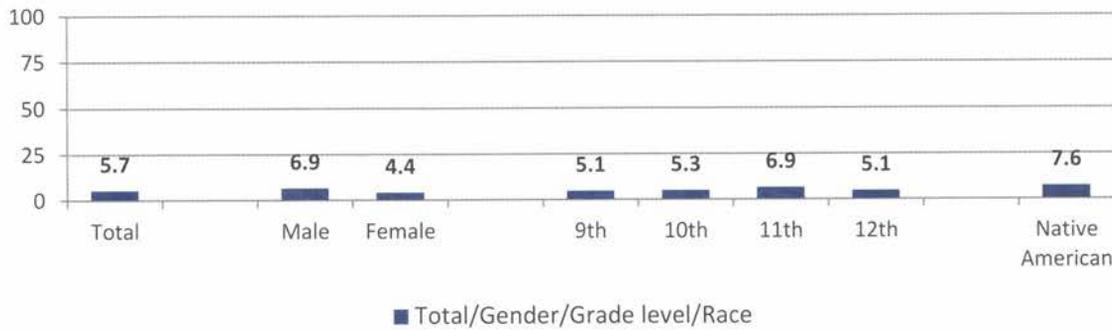
CURRENT ALCOHOL USE

Statewide, 37.1 percent of students had at least one drink of alcohol on one or more of the past 30 days.



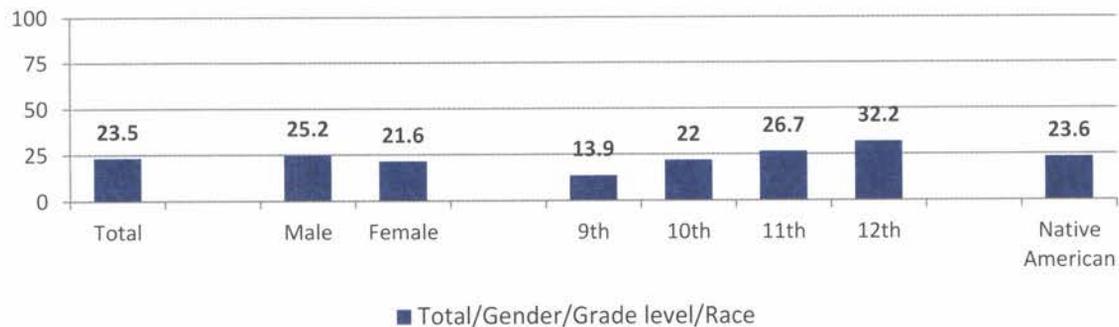
ALCOHOL USE ON SCHOOL PROPERTY

Among Montana high school students, 5.7 percent had at least one drink of alcohol on school property on one or more of the past 30 days.



BINGE DRINKING

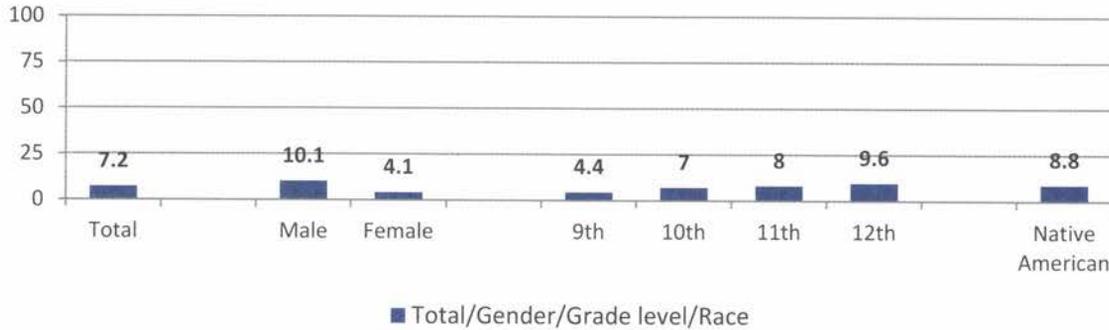
During the past 30 days, 23.5 percent of students had five or more drinks of alcohol in a row; that is, within a couple of hours.



Alcohol and Other Drug Use

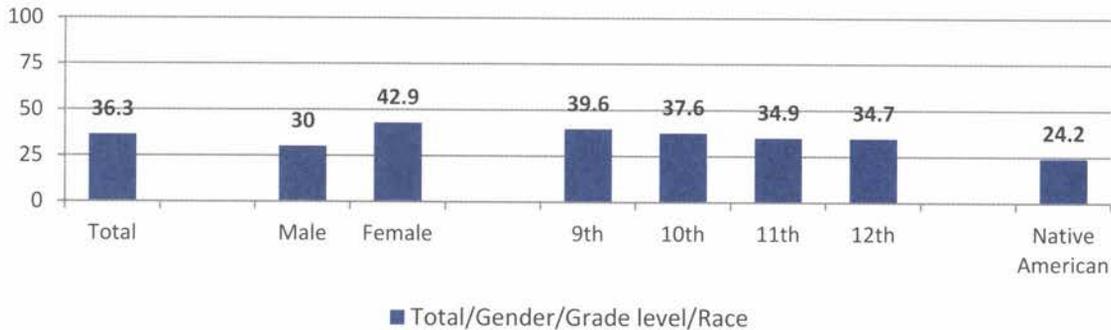
10 OR MORE DRINKS OF ALCOHOL

Statewide, 7.2 percent of students had ten or more drinks of alcohol in a row; that is, within a couple of hours during the past 30 days.



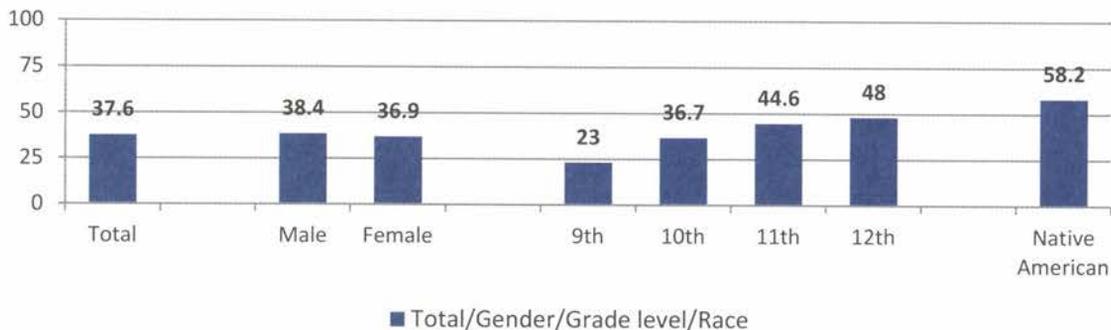
OBTAINED ALCOHOL FROM SOMEONE

Among students who reported current alcohol use, 36.3 percent usually got the alcohol they drank from someone who gave it to them during the past 30 days.



LIFETIME MARIJUANA USE

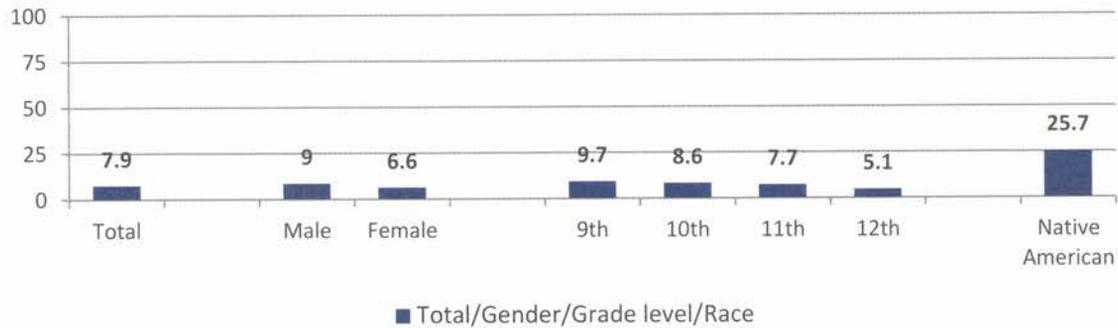
Statewide, 37.6 percent of students had used marijuana one or more times during their life.



Alcohol and Other Drug Use

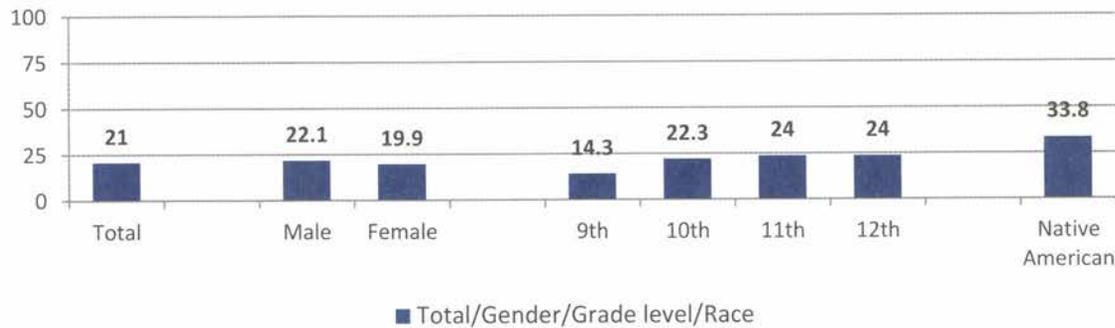
TRIED MARIJUANA BEFORE AGE 13 YEARS

Statewide, 7.9 percent of students had tried marijuana for the first time before age 13 years.



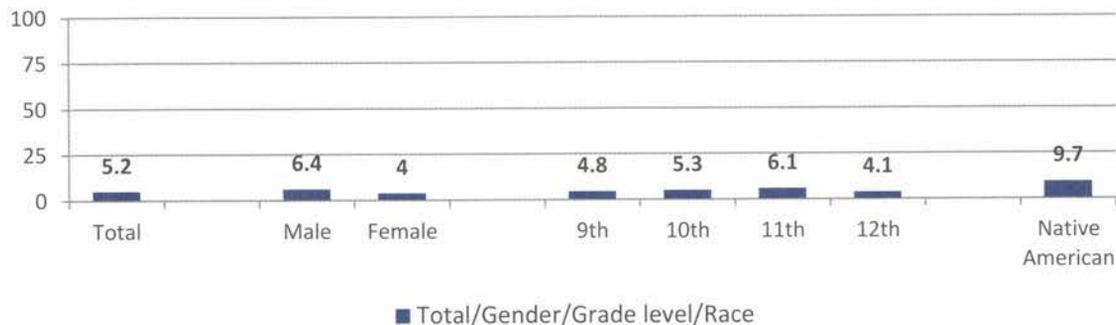
CURRENT MARIJUANA USE

During the past 30 days, 21.0 percent of Montana high school students used marijuana one or more times.



USED MARIJUANA ON SCHOOL PROPERTY

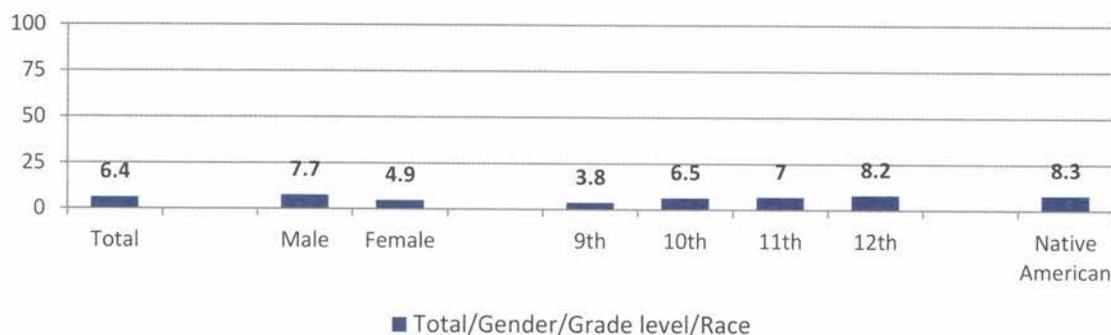
During the past 30 days, 5.2 percent of students used marijuana on school property one or more times.



Alcohol and Other Drug Use

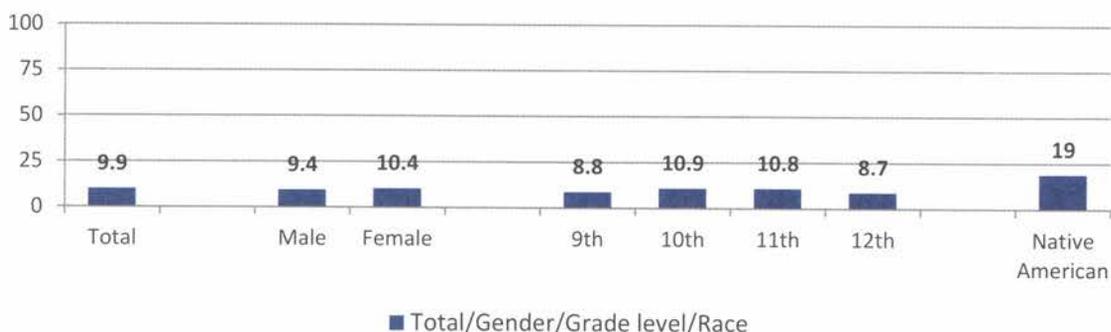
LIFETIME COCAINE USE

Statewide, 6.4 percent of students used any form of cocaine, including powder, crack, or freebase one or more times during their life.



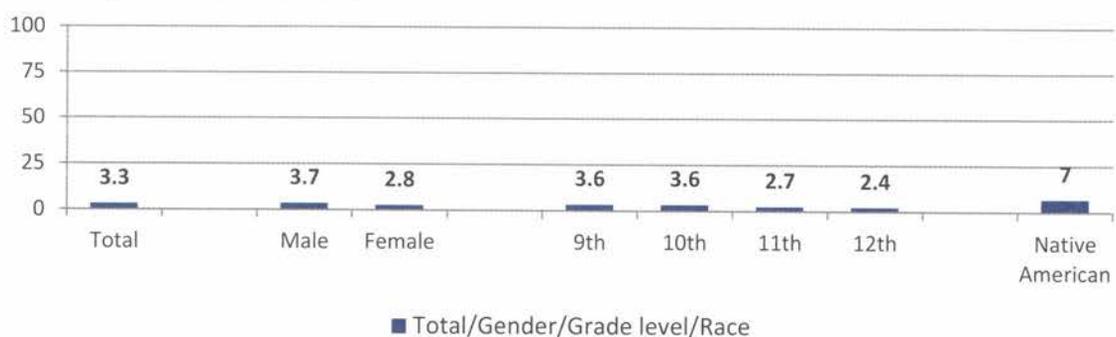
LIFETIME INHALANT USE

Statewide, 9.9 percent of students sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life.



CURRENT INHALANT USE

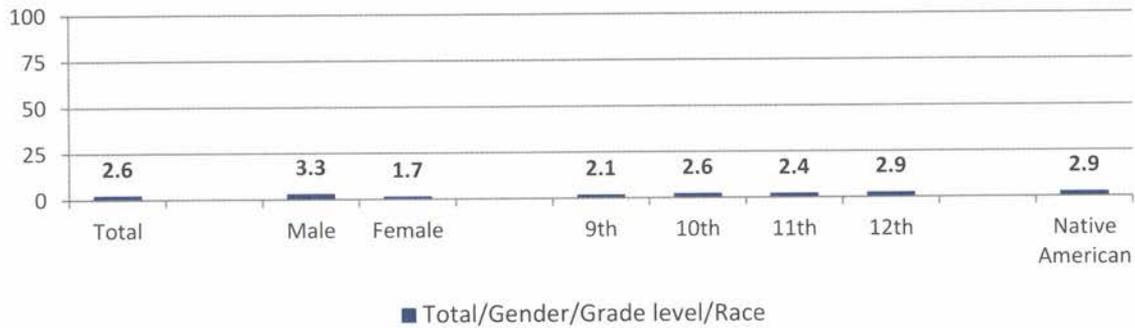
During the past 30 days, 3.3 percent of students sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times.



Alcohol and Other Drug Use

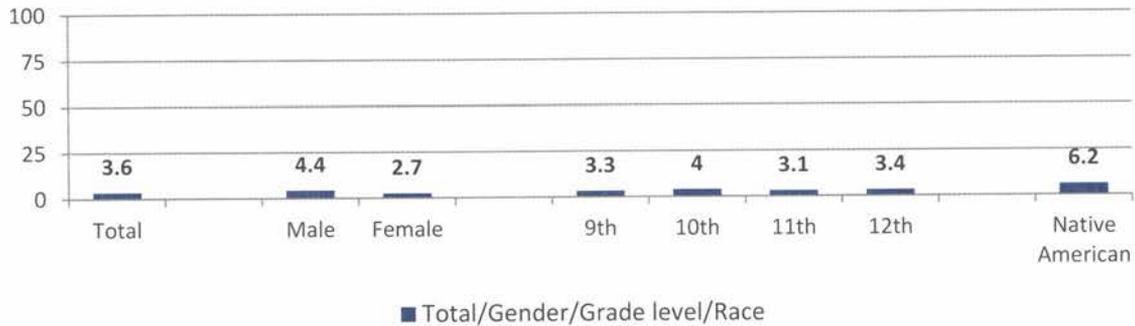
LIFETIME HEROIN USE

Statewide, 2.6 percent of students used heroin one or more times during their life.



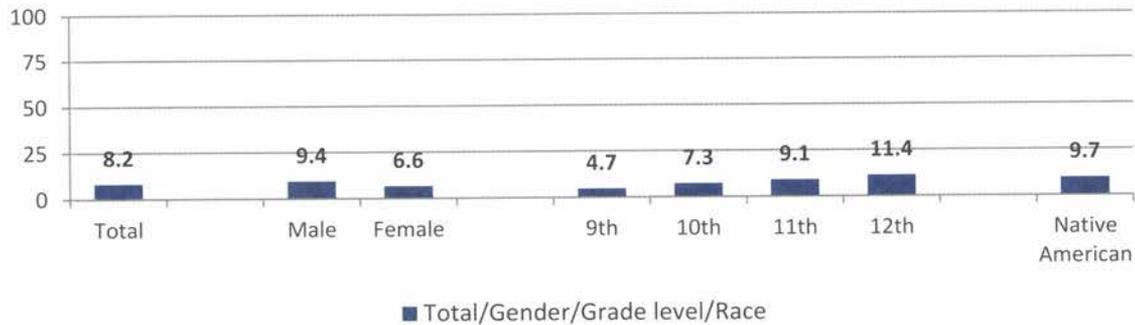
LIFETIME METHAMPHETAMINE USE

Statewide, 3.6 percent of students had used methamphetamines one or more times during their life.



LIFETIME ECSTASY USE

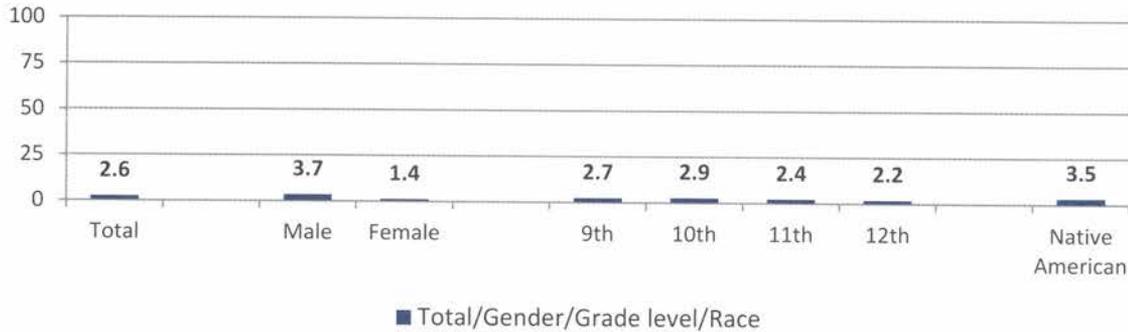
Statewide, 8.2 percent of students used ecstasy one or more times during their life.



Alcohol and Other Drug Use

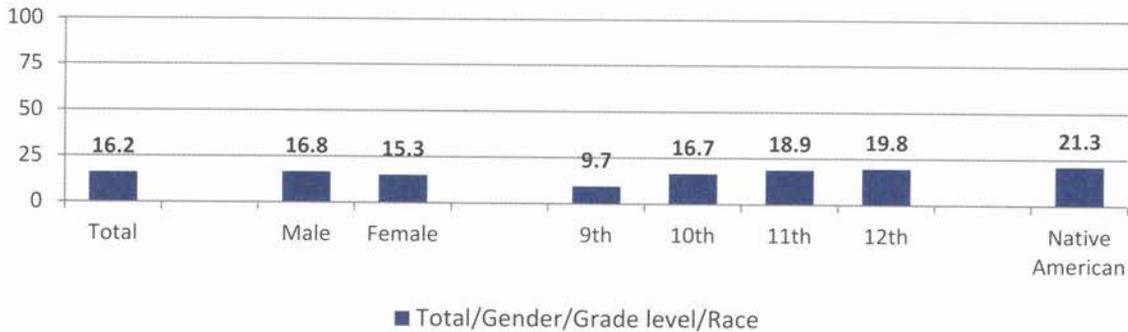
LIFETIME STEROID USE

Statewide, 2.6 percent of students took steroid pills or shots without a doctor's prescription one or more times during their life.



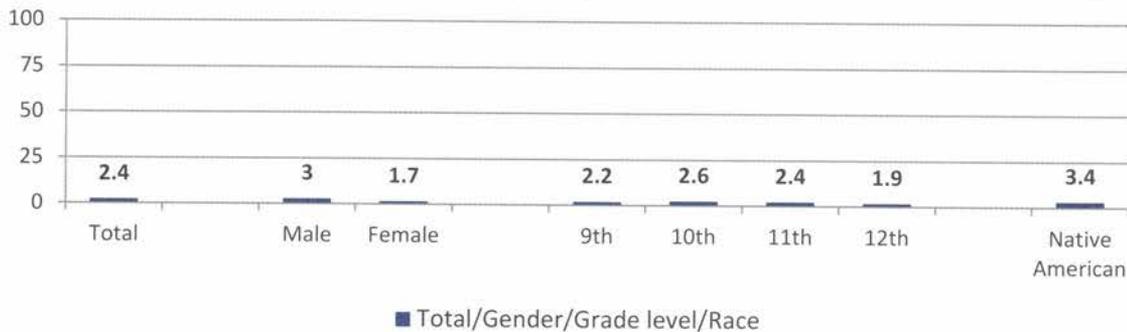
ILLEGAL PRESCRIPTION DRUG USE

Statewide, 16.2 percent of students have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life.



LIFETIME INJECTING DRUG USE

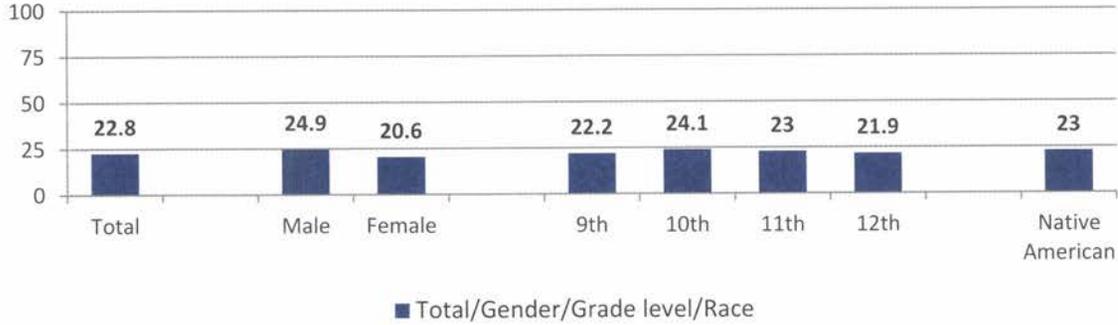
Statewide, 2.4 percent of students used a needle to inject any illegal drug into their body one or more times during their life.



Alcohol and Other Drugs

OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG ON SCHOOL PROPERTY

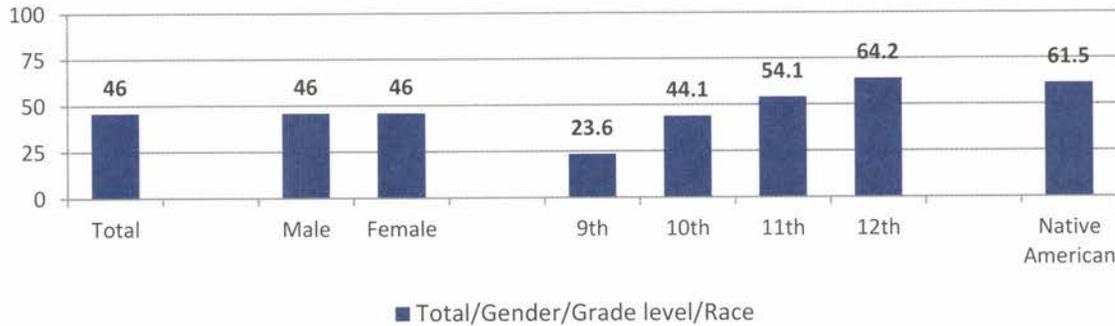
Statewide, 22.8 percent of students were offered, sold, or given an illegal drug by someone on school property during the past 12 months.



Sexual Behaviors

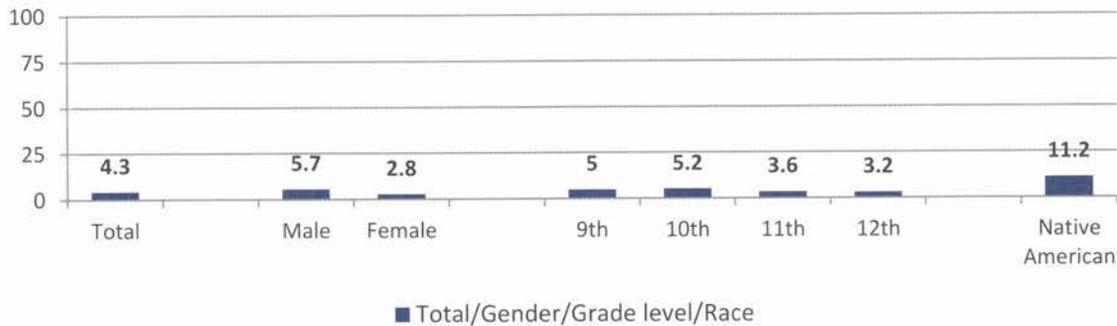
LIFETIME SEXUAL INTERCOURSE

Statewide, 46.0 percent of students have ever had sexual intercourse during their life.



SEXUAL INTERCOURSE BEFORE AGE 13 YEARS

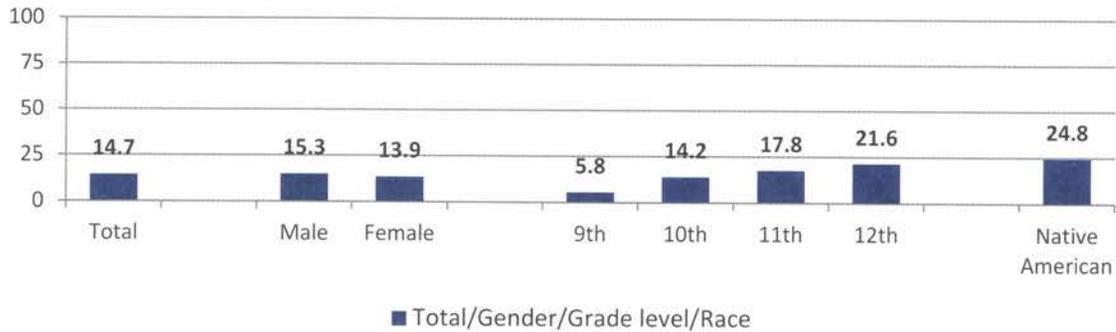
Statewide, 4.3 percent of students had sexual intercourse for the first time before age 13 years.



Sexual Behaviors

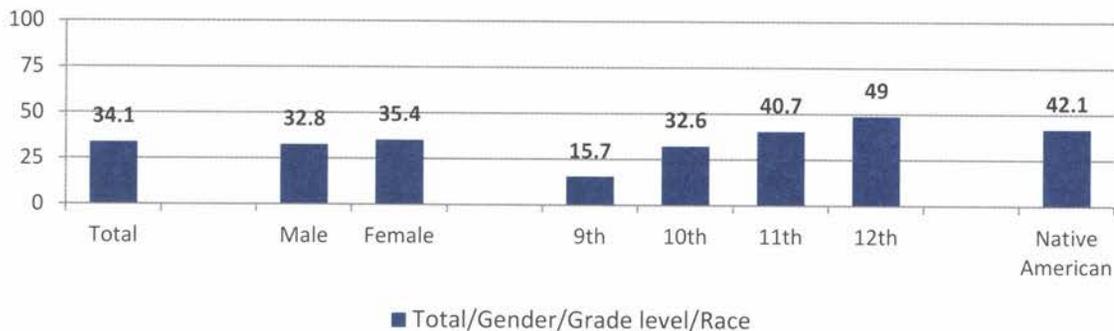
MULTIPLE SEXUAL PARTNERS

Among Montana high school students, 14.7 percent had sexual intercourse with four or more people during their life.



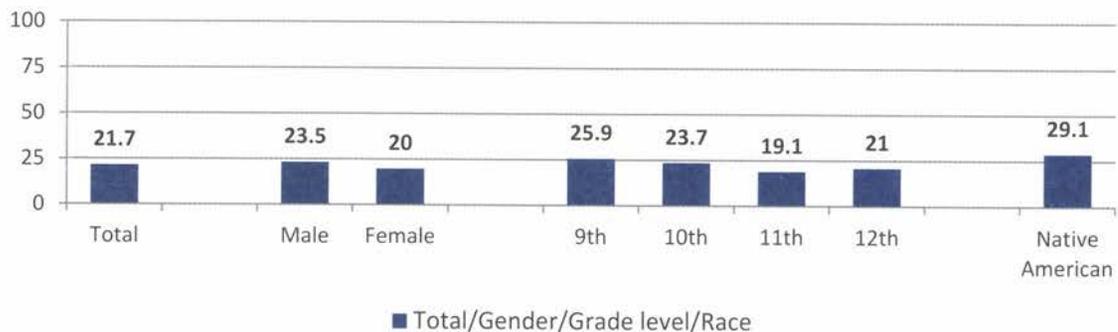
CURRENTLY SEXUALLY ACTIVE

During the past three months, 34.1 percent of students had sexual intercourse with one or more people.



DRANK ALCOHOL OR USED DRUGS BEFORE LAST SEXUAL INTERCOURSE

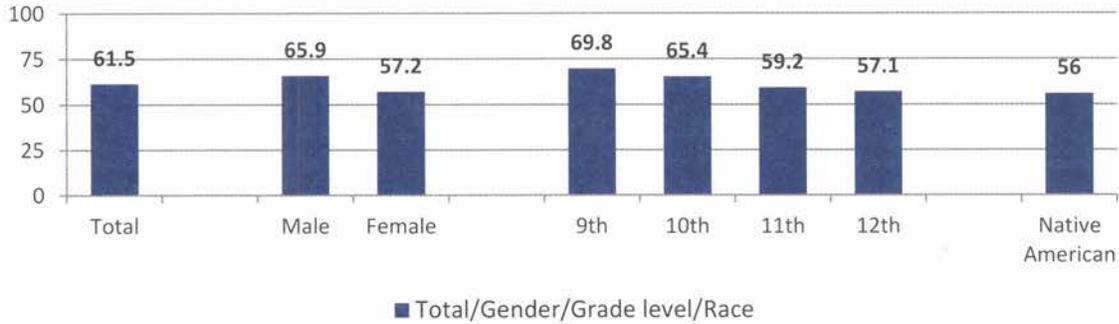
Among students who had sexual intercourse during the past three months, 21.7 percent drank alcohol or used drugs before last sexual intercourse.



Sexual Behaviors

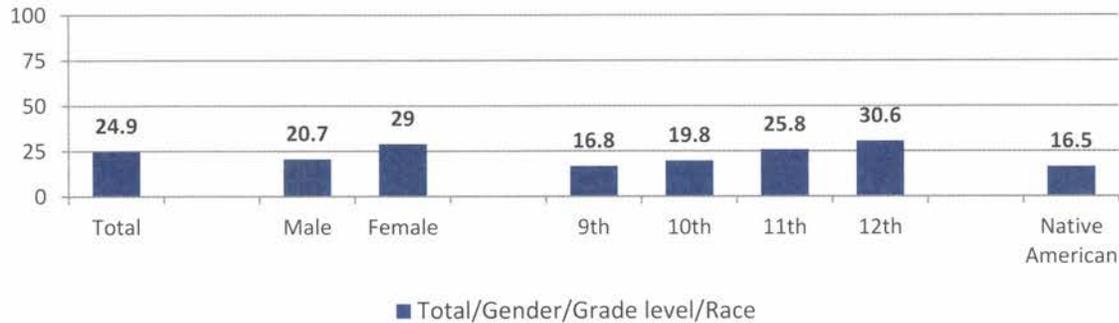
CONDOM USE

Among currently sexually active students, 61.5 percent used a condom during last sexual intercourse.



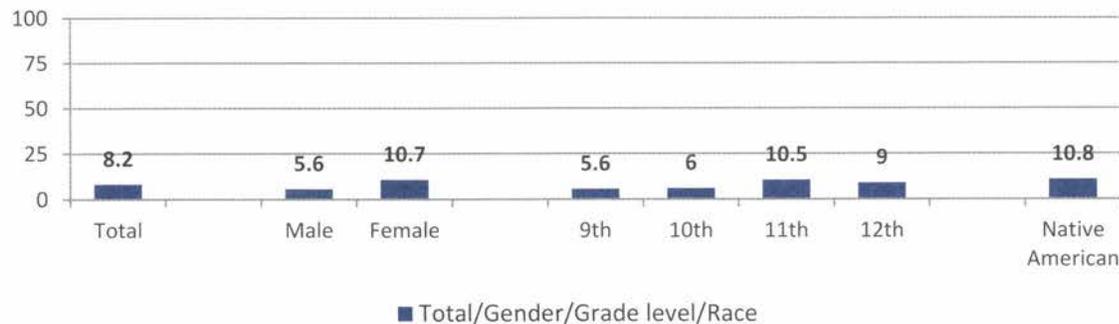
BIRTH CONTROL PILL USE

Among currently sexually active students, 24.9 percent used birth control pills to prevent pregnancy before last sexual intercourse.



CONTRACEPTIVE USE

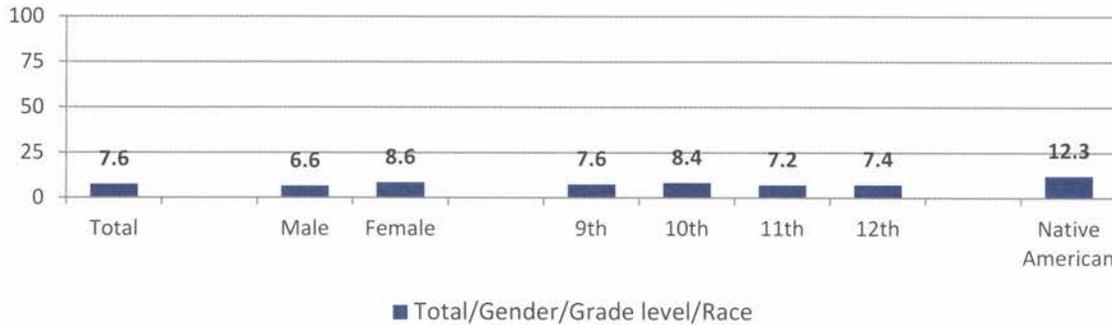
Among currently sexually active students, 8.2 percent used an IUD or implant or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse.



Sexual Behaviors

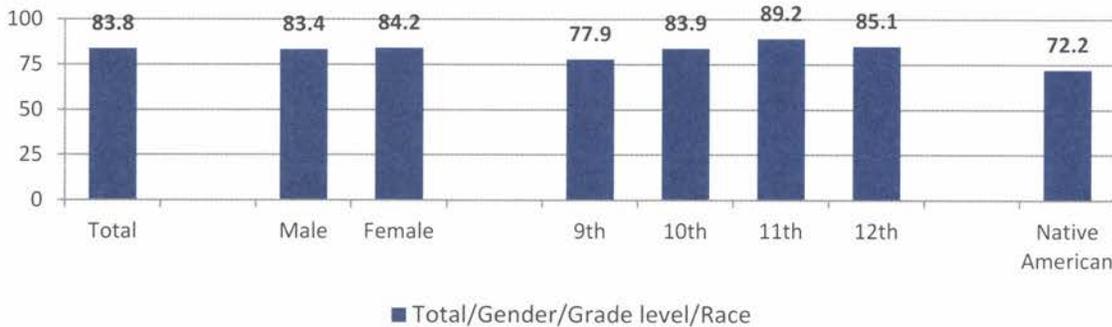
No METHOD OF BIRTH CONTROL USED

Among currently sexually active students, 7.6 percent used no method of birth control to prevent pregnancy before last sexual intercourse.



WERE TAUGHT IN SCHOOL ABOUT AIDS OR HIV INFECTION

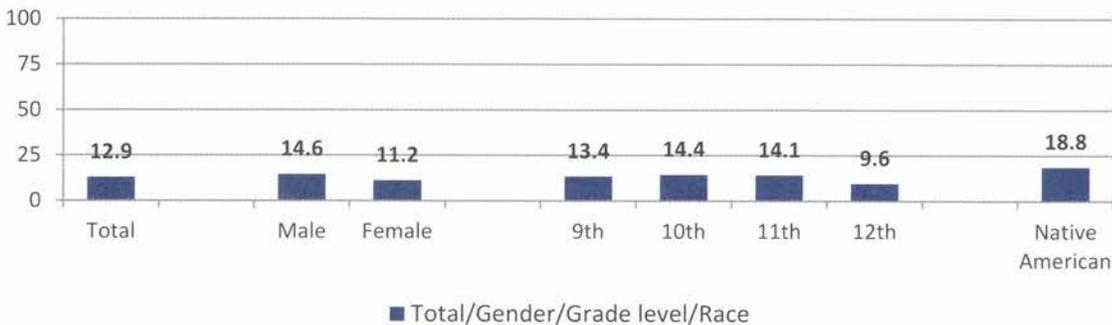
Among Montana high school students, 83.8 percent had ever been taught in school about AIDS or HIV infection.



Dietary Behaviors and Nutrition

OVERWEIGHT

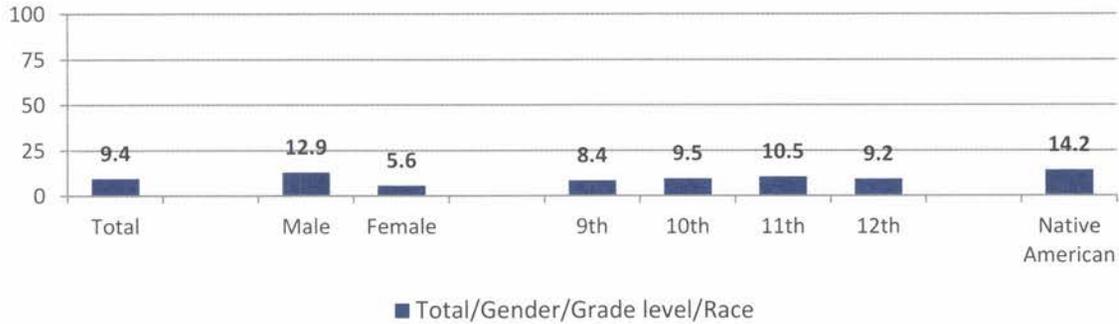
Statewide, 12.9 percent of students were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex).



Dietary Behaviors and Nutrition

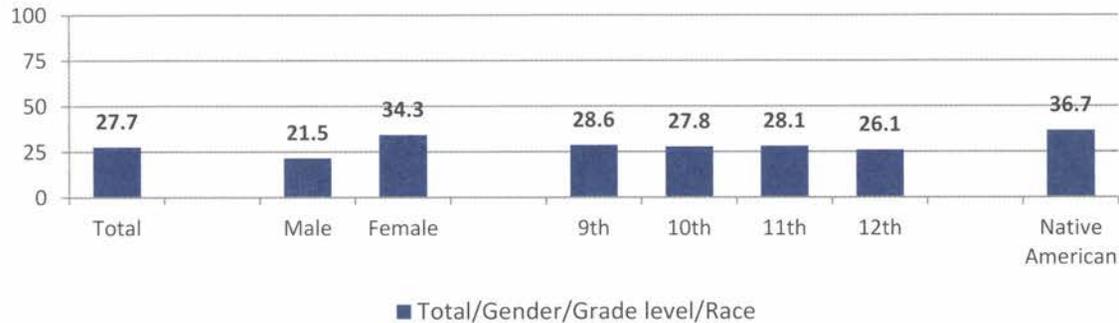
OBESITY

Statewide, 9.4 percent of students were obese (i.e., at or above the 95th percentile for body mass index, by age and sex).



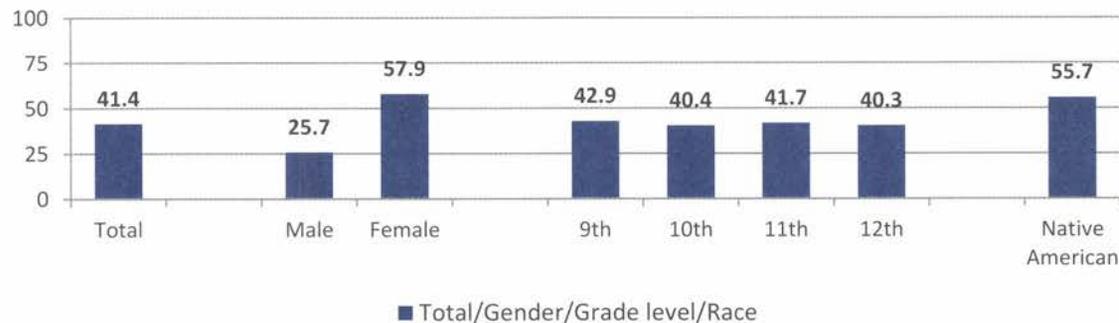
DESCRIBED THEMSELVES AS OVERWEIGHT

Statewide, 27.7 percent of students described themselves as slightly or very overweight.



WERE TRYING TO LOSE WEIGHT

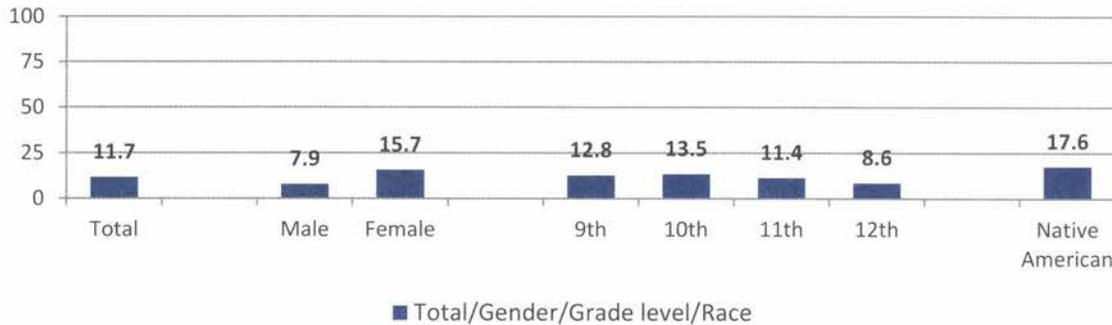
Statewide, 41.4 percent of students were trying to lose weight.



Dietary Behaviors and Nutrition

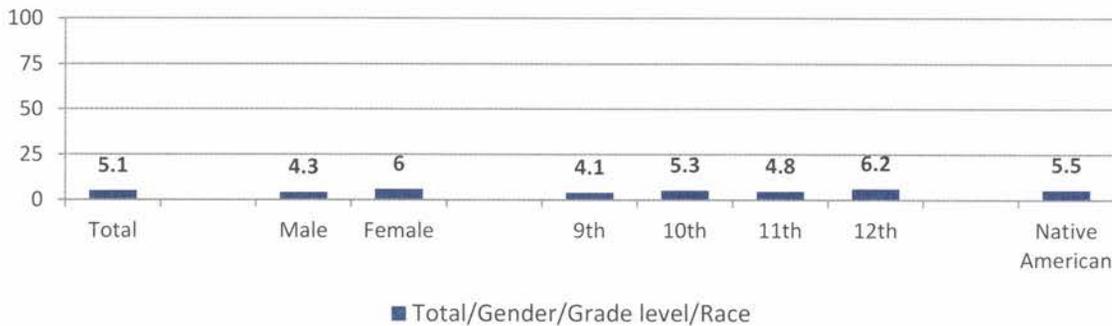
FASTING

During the past 30 days, 11.7 percent of students went without eating for 24 hours or more to lose weight or to keep from gaining weight.



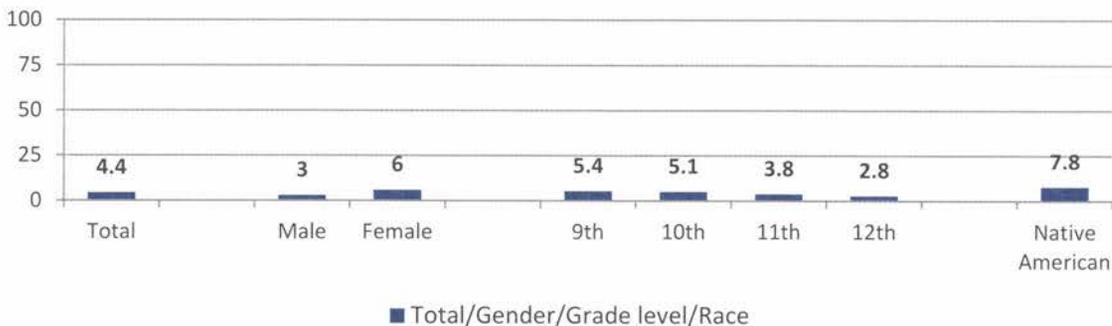
DIET PILLS, POWDERS, LIQUIDS

During the past 30 days, 5.1 percent of students took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight.



VOMITED OR TOOK LAXATIVES

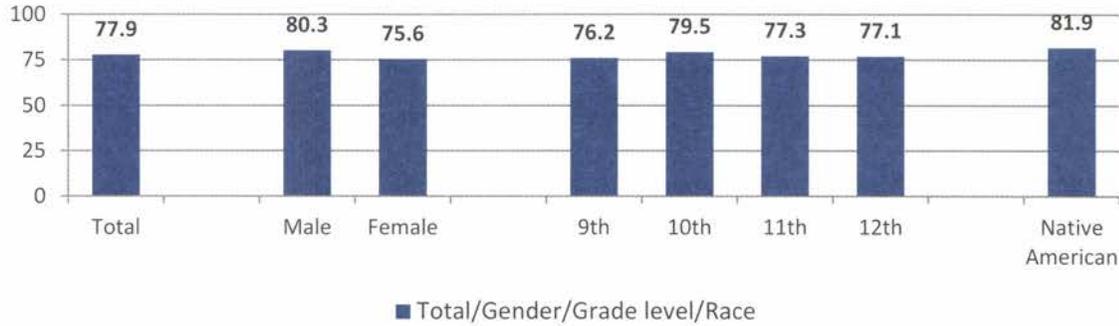
During the past 30 days, 4.4 percent of students vomited or took laxatives to lose weight or to keep from gaining weight.



Dietary Behaviors and Nutrition

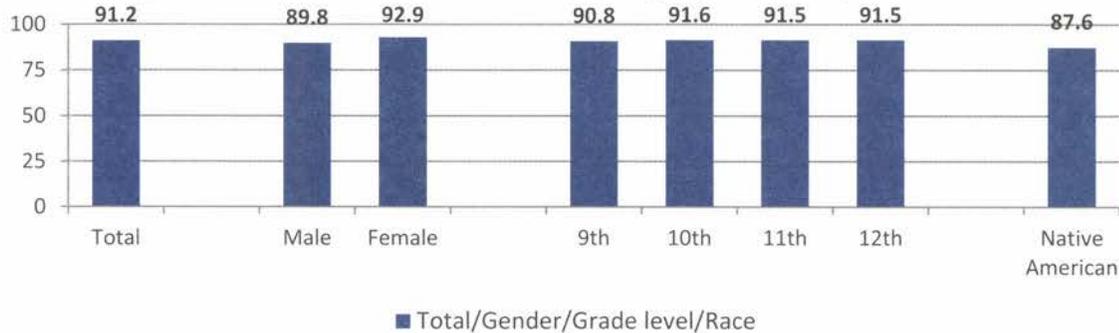
DRANK 100% FRUIT JUICES

Statewide, 77.9 percent of students drank 100% fruit juices one or more times during the past seven days.



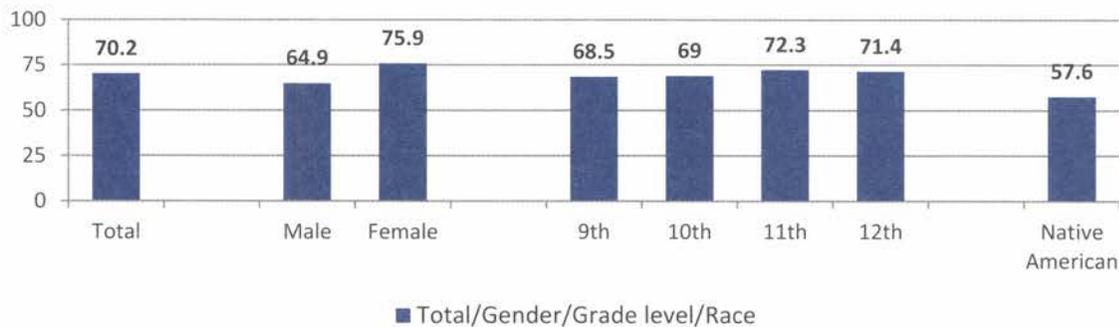
ATE FRUIT

Statewide, 91.2 percent of students ate fruit one or more times during the past seven days.



ATE GREEN SALAD

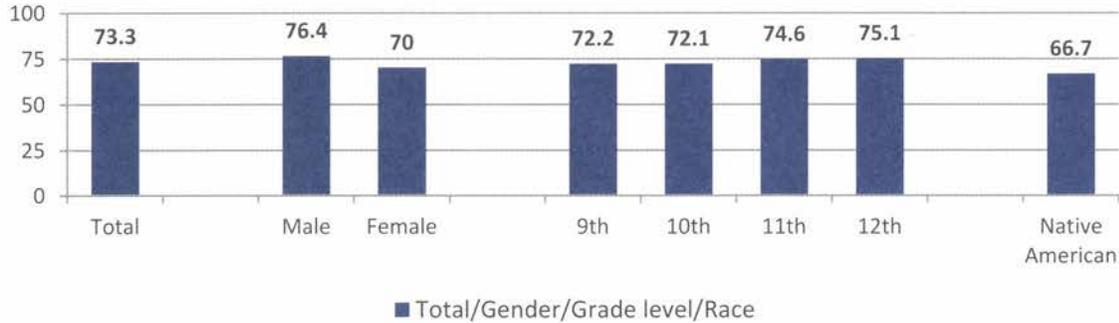
Statewide, 70.2 percent of students ate green salad one or more times during the past seven days.



Dietary Behaviors and Nutrition

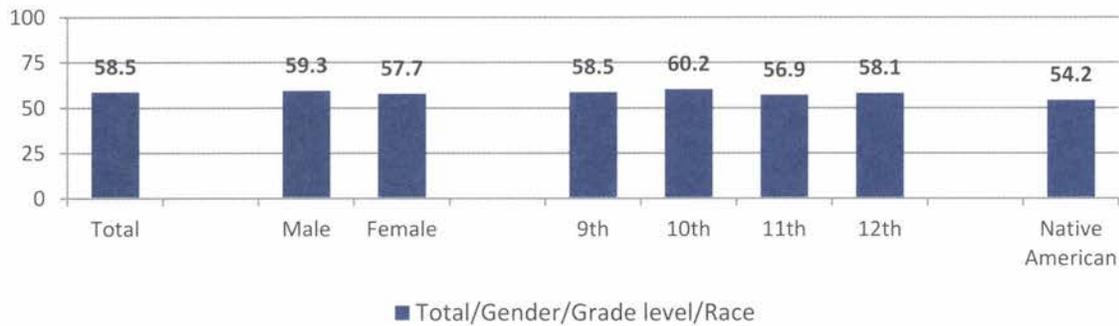
ATE POTATOES

Statewide, 73.3 percent of students ate potatoes one or more times during the past seven days.



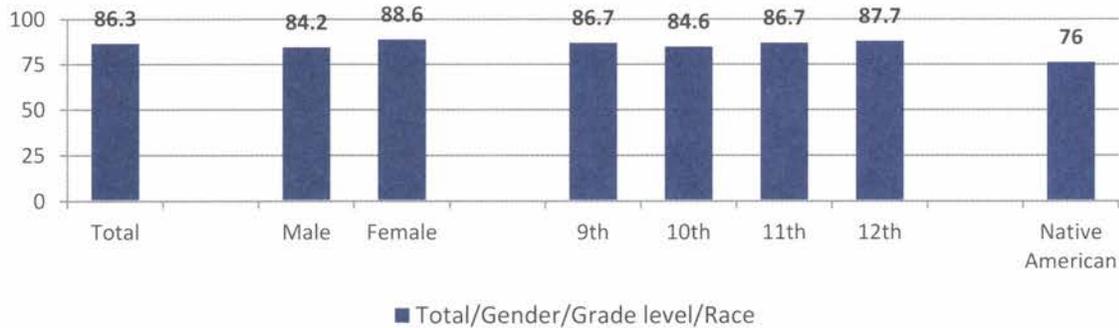
ATE CARROTS

Statewide, 58.5 percent of students ate carrots one or more times during the past seven days.



ATE OTHER VEGETABLES

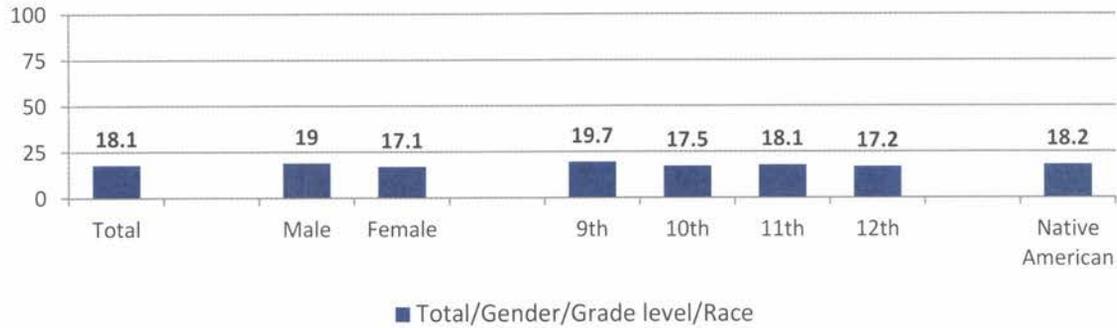
Statewide, 86.3 percent of students ate other vegetables one or more times during the past seven days.



Dietary Behaviors and Nutrition

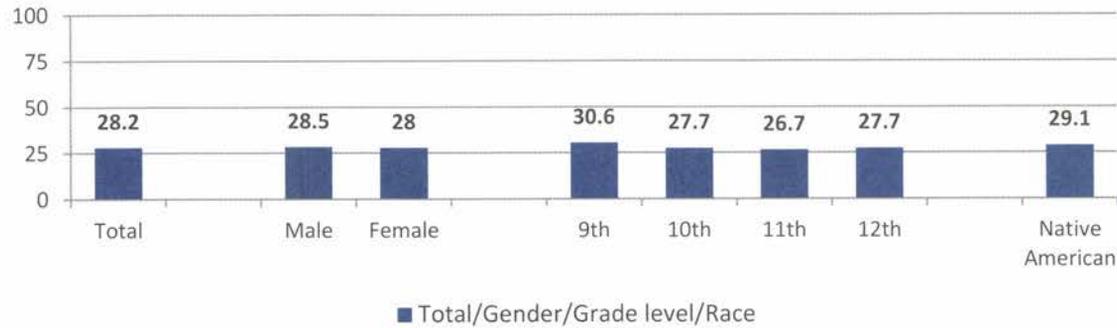
ATE FRUITS AND VEGETABLES FIVE OR MORE TIMES PER DAY

Statewide, 18.1 percent of students ate fruits and vegetables five or more times per day during the past seven days.



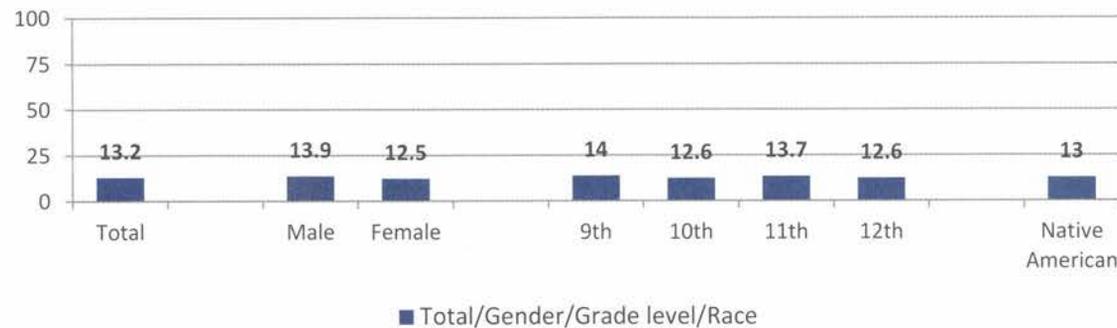
ATE TWO OR MORE FRUITS PER DAY

Statewide, 28.2 percent of students ate fruits or drank 100% fruit juices two or more times per day during the past seven days.



ATE THREE OR MORE VEGETABLES PER DAY

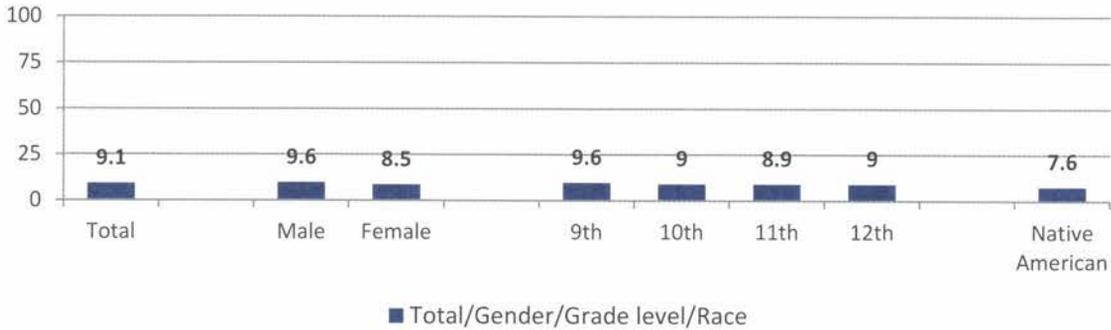
Statewide, 13.2 percent of students ate vegetables three or more times per day during the past seven days.



Dietary Behaviors and Nutrition

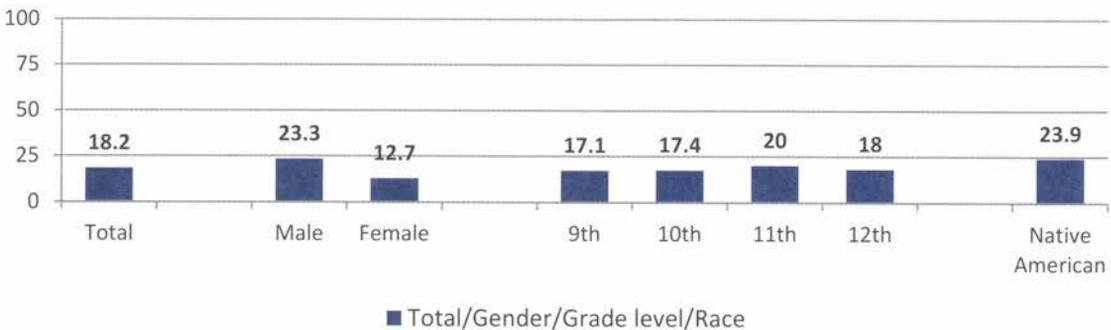
ATE TWO FRUITS AND THREE VEGETABLES PER DAY

Statewide, 9.1 percent of students ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days.



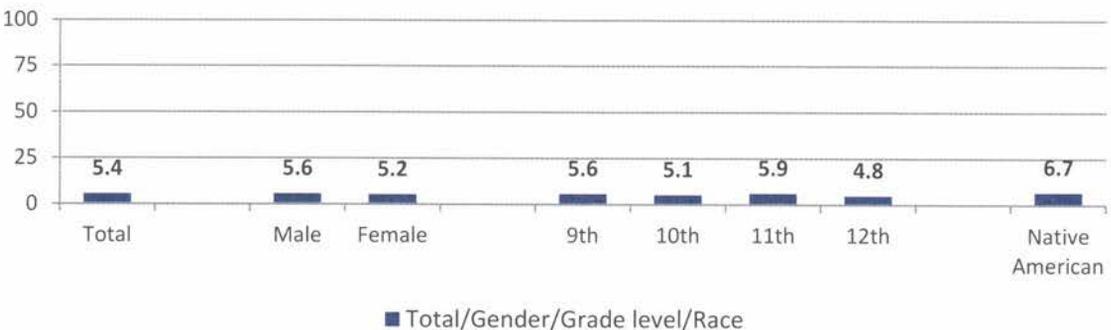
DRANK SODA OR POP DAILY

Statewide, 18.2 percent of students drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days.



DRANK DIET SODA OR POP DAILY

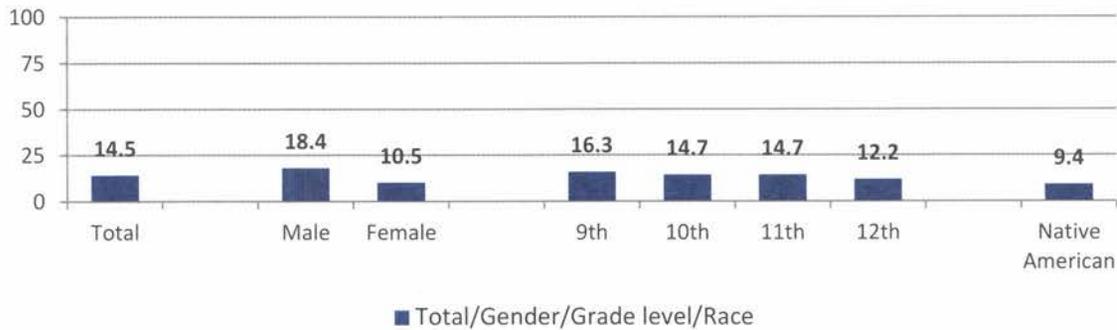
Statewide, 5.4 percent of students drank a can, bottle or glass of diet soda or pop one or more times per day during the past seven days.



Dietary Behaviors and Nutrition

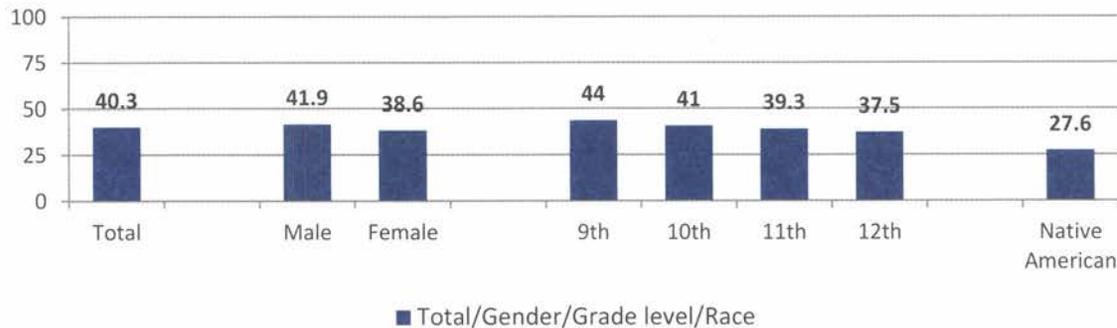
MILK CONSUMPTION

Statewide, 14.5 percent of students drank three or more glasses of milk per day during the past seven days.



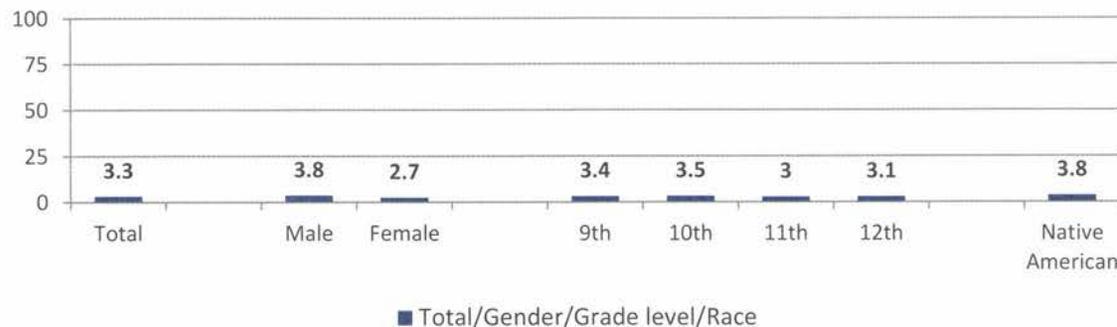
DAILY BREAKFAST

Statewide, 40.3 percent of students ate breakfast on all of the past seven days.



HUNGER

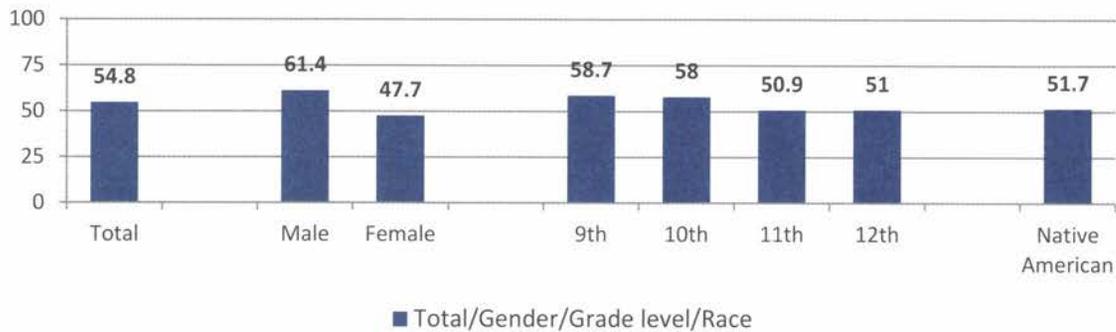
Statewide, 3.3 percent of students most of the time or always went hungry during the past 30 days because there was not enough food in their home.



Physical Activity

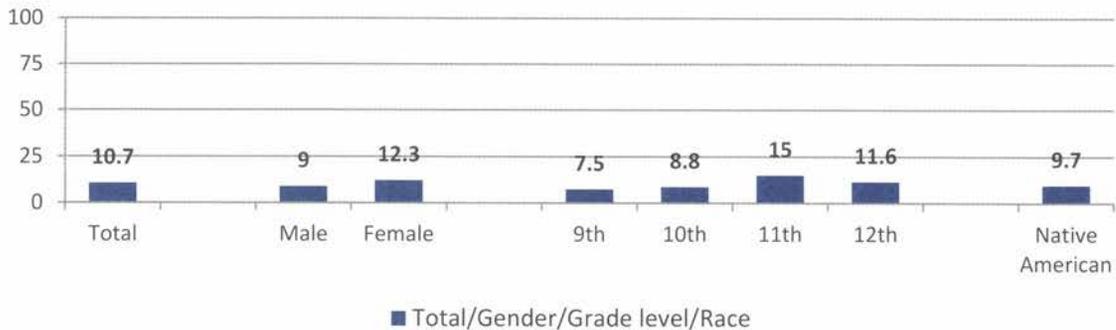
Met Recommended Levels of Physical Activity

Statewide, 54.8 percent of students were physically active for a total of at least 60 minutes per day on five or more of the past seven days.



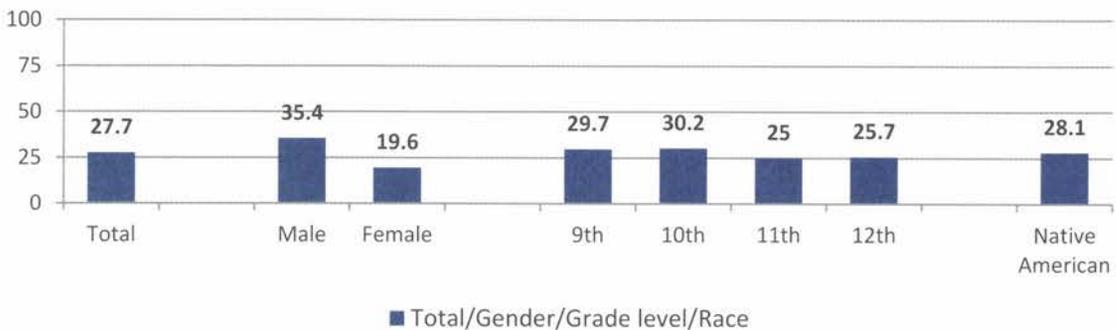
NO PHYSICAL ACTIVITY

Statewide, 10.7 percent of students were physically active for a total of at least 60 minutes on 0 of the past seven days.



PHYSICAL ACTIVITY

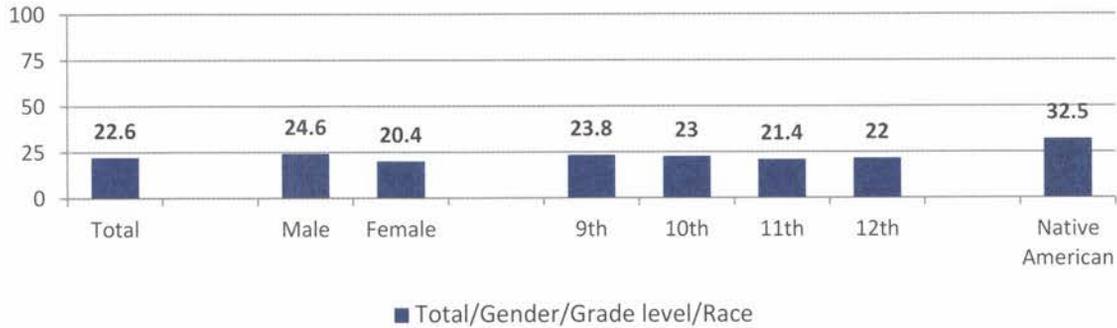
Statewide, 27.7 percent of students were physically active for a total of at least 60 minutes per day on 7 of the past seven days.



Physical Activity

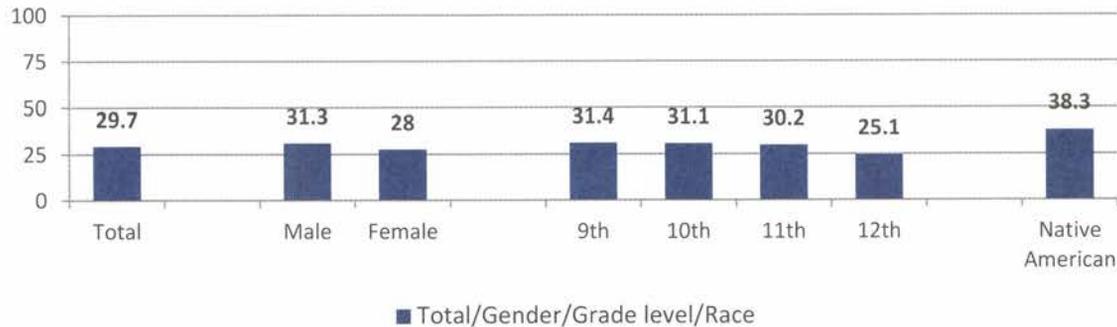
WATCHED TV THREE OR MORE HOURS PER DAY

Statewide, 22.6 percent of students watched three or more hours of TV per day on an average school day.



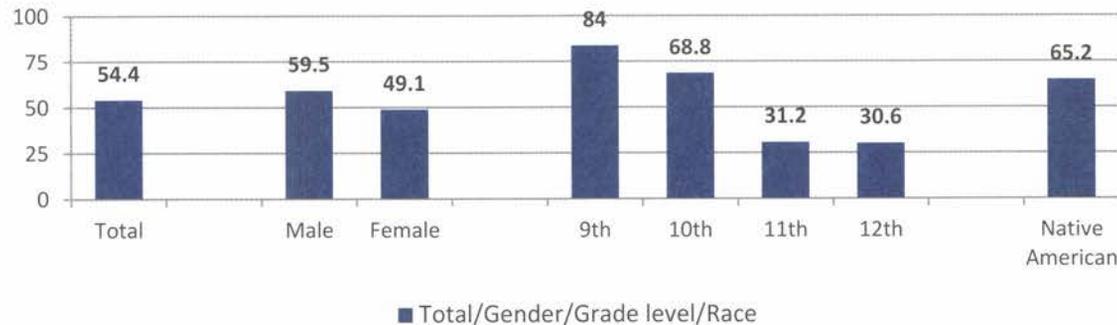
VIDEO GAMES OR COMPUTER USE THREE OR MORE HOURS PER DAY

Statewide, 29.7 percent of students played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day.



PHYSICAL EDUCATION ATTENDANCE

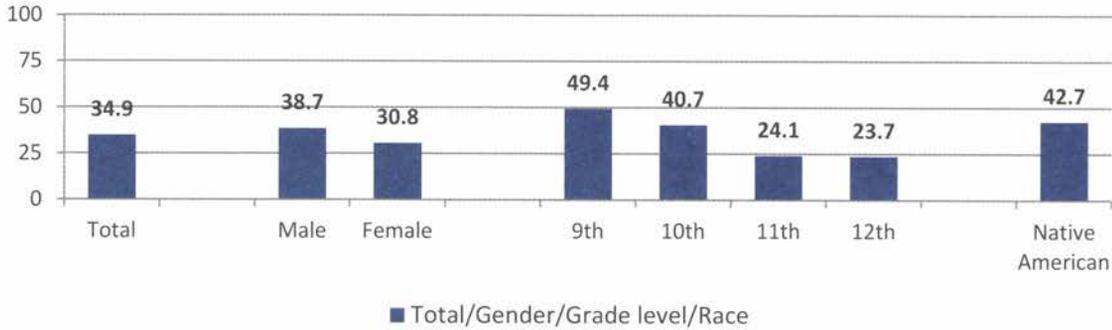
Statewide, 54.4 percent of students attended physical education (PE) classes on one or more days in an average week when they were in school.



Physical Activity

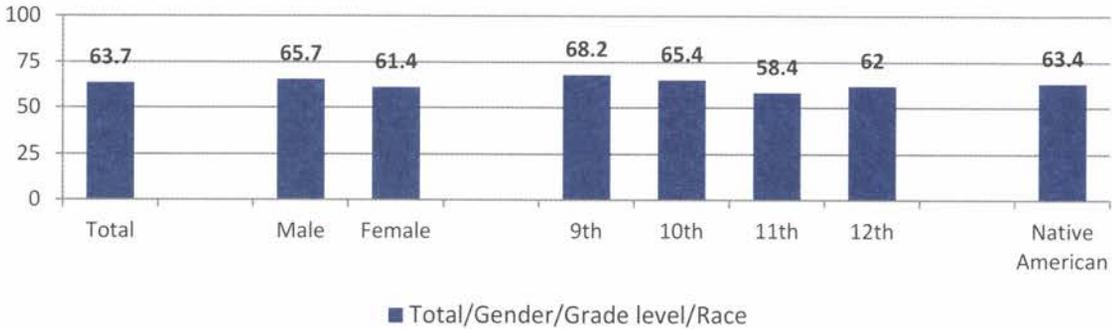
DAILY PHYSICAL EDUCATION ATTENDANCE

Statewide, 34.9 percent of students attended physical education (PE) classes daily in an average week when they were in school.



PLAYED ON AT LEAST ONE SPORTS TEAM

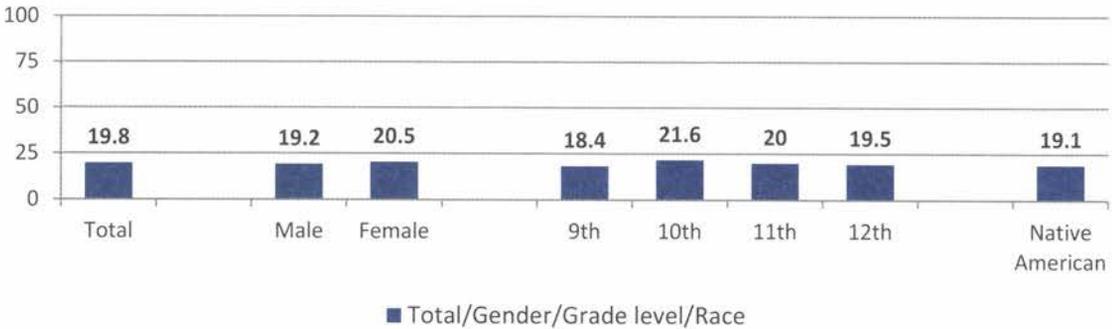
Statewide, 63.7 percent of students played on one or more sports teams during the past 12 months.



Other

LIFETIME ASTHMA

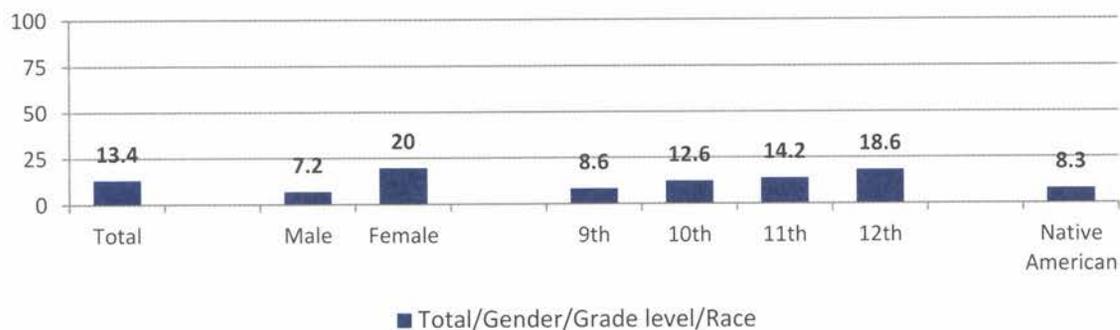
Statewide, 19.8 percent of students had ever been told by a doctor or nurse that they had asthma.



Other

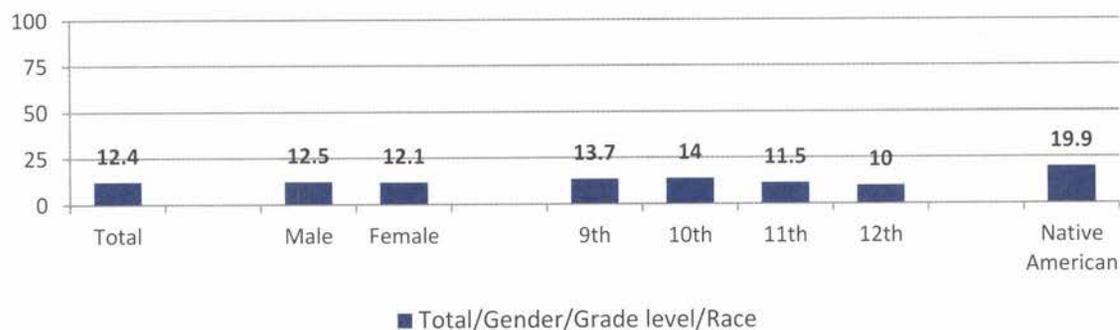
TANNING DEVICES

Statewide, 13.4 percent of students used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months.



STUDENTS WITH SPECIAL NEEDS

Statewide, 12.4 percent of students received help from a resource teacher, speech therapist, or other special education teacher at school during the past 12 months.



5

**2013 MONTANA
YOUTH RISK BEHAVIOR SURVEY**



**TREND REPORT
1993-2013**

5

2013 Youth Risk Behavior Survey Results

Montana High School Survey

Trend Report (1993-2013)

The following trend report provides weighted data results from the years 1993-2013.

Question	Survey Year										
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013
Injury and Violence											
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	94.5	92.0	87.5	86.8	85.1	83.4	82.3	83.8	82.7	81.2	80.1
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	30.0	31.9	32.0	23.1	19.8	17.8	13.9	14.2	13.1	11.2	10.1
Percentage of students who never or rarely wore a seat belt when driving a car	—	—	—	—	18.7	19.5	15.8	14.9	13.9	13.2	11.4*
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	45.9	48.1	46.6	43.1	39.3	36.9	34.4	32.9	28.8	26.1	24.5
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	24.1	27.4	26.7	22.7	21.8	20.4	18.5	16.0	13.5	10.6	12.6*
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	25.6	22.6	23.8	20.3	21.4	19.4	21.4	22.1	23.0	23.5	25.7
Percentage of students who carried a gun on one or more of the past 30 days	12.3	9.4	9.8	8.6	9.0	8.7	9.0	7.8	9.2	9.0	10.5

*Of those students who drove a car in the past 30 days

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	Survey Year										
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013
Injury and Violence											
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days	13.7	12.4	12.4	9.2	8.7	7.2	10.2	9.7	7.9	9.3	9.9
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	2.5	2.8	4.4	3.0	5.5	3.4	4.2	4.2	5.2	4.2	8.8
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	6.7	6.3	7.1	6.5	8.5	7.1	8.0	7.0	7.4	7.5	6.3
Percentage of students who were in a physical fight one or more times during the past 12 months	41.9	34.5	32.2	32.1	31.6	28.6	30.5	32.8	31.7	25.4	22.8
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	3.1	3.9	2.9	3.7	3.6	3.4	3.6	3.7	4.9	2.7	2.3
Percentage of students who were in a physical fight on school property one or more times during the past 12 months	17.2	14.4	13.6	12.7	12.2	10.3	10.9	12.0	10.8	9.1	7.3
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	-	-	-	-	8.8	9.8	10.2	8.8	9.2	9.8	8.7

2013 Youth Risk Behavior Survey Results

Montana High School Survey Trend Report

Question	Survey Year											
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	
Injury and Violence												
Percentage of students who had ever been bullied on school property during the past 12 months	–	–	–	–	–	–	–	–	23.1	26.0	26.3	
Percentage of students who had ever been electronically bullied during the past 12 months	–	–	–	–	–	–	–	–	–	19.2	18.1	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	–	–	–	25.9	26.6	26.4	25.6	25.8	27.3	25.2	26.4	
Percentage of students who seriously considered attempting suicide during the past 12 months	25.1	21.8	23.9	18.6	19.4	18.9	17.5	15.1	17.4	15.2	16.8	
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	20.8	19.2	18.7	15.6	16.3	14.8	14.6	13.2	13.4	12.3	13.6	
Percentage of students who actually attempted suicide one or more times during the past 12 months	8.9	8.5	8.4	6.7	10.4	9.7	10.3	7.9	7.7	6.5	7.9	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	3.1	2.8	2.4	2.5	3.7	3.0	3.1	2.7	2.8	2.4	2.6	

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	Survey Year											
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	
Tobacco Use												
Percentage of students who ever tried cigarette smoking, even one or two puffs	69.7	72.8	73.4	70.3	66.5	61.0	55.4	52.1	50.0	44.0	41.1	
Percentage of students who smoked a whole cigarette for the first time before age 13 years	26.7	26.0	26.1	24.7	25.0	20.7	17.6	14.7	12.3	11.1	9.8	
Percentage of students who smoked cigarettes on one or more of the past 30 days	30.7	34.8	38.1	35.0	28.5	22.9	20.1	20.0	18.7	16.5	15.2	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	12.7	16.8	19.3	18.0	14.9	10.8	8.8	8.1	7.9	6.4	5.5	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	11.8	13.2	12.1	11.5	12.6	10.8	7.7	7.7	4.0	6.9	5.7	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days	--	--	--	--	11.5	10.1	9.3	9.3	7.5	9.0	8.8	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days	11.9	15.4	15.3	14.0	10.4	7.7	7.0	6.2	5.4	4.3	3.7	

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	Survey Year											
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	
Tobacco Use												
Percentage of students who ever smoked cigarettes daily; that is, at least one cigarette every day for 30 days	-	-	-	-	23.2	17.3	15.2	12.9	13.5	11.4	9.2	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months	-	-	-	-	65.6	60.9	60.4	55.0	54.6	56.2	52.6	
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	-	22.8	21.0	18.2	15.7	13.2	14.8	12.9	14.6	13.5	13.4	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days	-	15.2	13.3	9.7	9.3	7.7	8.2	7.3	8.8	8.0	8.3	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	-	-	-	20.4	14.8	14.1	17.6	15.5	17.8	16.1	15.8	
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days	-	-	-	45.0	37.7	30.9	31.4	30.0	31.3	27.3	26.7	

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question

Survey Year
1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013

Alcohol and Other Drug Use

Percentage of students who had at least one drink of alcohol on one or more days during their life

83.2 84.0 84.3 86.1 82.9 81.1 77.8 77.8 75.7 72.8 70.5

Percentage of students who had their first drink of alcohol other than a few sips before age 13 years

40.0 39.3 38.8 33.4 35.1 30.4 27.8 25.9 24.0 21.4 19.9

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days

55.7 58.2 59.0 57.6 54.1 49.5 48.6 46.5 42.8 38.3 37.1

Percentage of students who had five or more drinks of alcohol in a row; that is, within a couple of hours on one or more of the past 30 days

41.4 43.1 44.1 43.6 41.4 37.3 34.4 32.7 30.1 25.2 23.5

Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days

- - - - - - - 38.9 37.9 34.1 36.3

Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days

8.8 9.8 8.4 7.2 6.9 6.7 6.4 5.7 5.1 3.5 5.7

Percentage of students who used marijuana one or more times during their life

26.8 35.0 45.1 45.0 46.7 43.9 41.7 39.1 42.2 39.2 37.6

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	Survey Year											
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	
Alcohol and Other Drug Use												
Percentage of students who used marijuana for the first time before age 13 years	7.6	6.9	9.7	11.8	12.3	11.0	11.2	9.5	9.7	8.0	7.9	
Percentage of students who used marijuana one or more times during the past 30 days	13.6	20.1	26.9	25.5	27.1	23.1	22.3	21.0	23.1	21.2	21.0	
Percentage of students who used marijuana on school property one or more times during the past 30 days	5.1	6.3	8.9	7.5	7.7	6.4	6.1	5.0	5.8	5.5	5.2	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	5.1	6.1	9.6	9.8	9.4	8.7	9.5	8.3	7.2	6.1	6.4	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	-	20.9	20.8	16.5	15.0	13.8	15.4	16.2	14.2	11.6	9.9	
Percentage of students who used heroin one or more times during their life	-	-	-	2.8	4.0	3.2	3.6	2.5	3.0	2.6	2.6	
Percentage of students who used methamphetamines one or more times during their life	-	-	-	13.5	12.6	9.3	8.3	4.6	3.1	3.1	3.6	

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	Survey Year											
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	
Alcohol and Other Drug Use												
Percentage of students who used ecstasy one or more times during their life	-	-	-	-	-	6.1	6.3	6.0	7.3	8.2	8.2	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	4.1	3.7	4.2	4.1	5.3	4.7	4.4	2.8	3.9	2.9	2.6	
Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life	-	-	-	-	-	-	-	-	-	18.4	16.2	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life	-	2.5	2.8	2.4	2.7	2.6	3.6	2.0	3.7	2.0	2.4	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months	22.0	29.6	34.6	30.0	29.5	26.9	25.3	24.9	20.7	25.2	22.8	

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013
Sexual Behaviors											
Percentage of students who ever had sexual intercourse	51.0	47.0	45.9	42.5	43.9	43.6	43.6	45.7	47.6	47.9	46.0
Percentage of students who had sexual intercourse for the first time before age 13 years	8.5	6.3	6.5	5.3	5.3	5.9	5.1	5.1	5.7	4.4	4.3
Percentage of students who had sexual intercourse with four or more people during their life	17.9	15.4	15.5	12.1	13.8	14.0	13.1	13.7	16.0	15.0	14.7
Percentage of students who had sexual intercourse with one or more people during the past three months	33.7	32.2	31.5	29.2	30.7	29.9	31.2	31.2	32.2	34.7	34.1
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	34.7	30.2	30.4	34.5	32.0	33.7	29.4	26.0	25.7	21.1	21.7
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	51.5	53.9	48.6	56.6	57.5	59.6	61.3	63.3	67.5	62.4	61.5
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	20.6	19.5	21.6	20.1	23.1	24.1	23.8	23.4	27.4	21.4	24.9

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	Survey Year											
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	
Sexual Behaviors												
Percentage of students who had ever been taught in school about AIDS or HIV infection	91.6	91.1	93.2	91.2	90.2	88.1	90.0	89.7	86.5	85.4	83.8	
Weight Management and Dietary Behaviors												
Percentage of students who were overweight (i.e., at or above the 85 th percentile but below the 95 th percentile for body mass index, by age and sex)	-	-	-	10.8	11.3	11.6	12.8	13.3	11.9	12.9	12.9	
Percentage of students who were obese (i.e., at or above the 95 th percentile for body mass index, by age and sex)	-	-	-	6.0	6.1	8.1	9.3	10.1	10.4	8.5	9.4	
Percentage of students who described themselves as slightly or very overweight	34.7	29.2	28.2	30.2	30.1	30.8	31.7	29.1	28.9	26.3	27.7	
Percentage of students who were trying to lose weight	41.6	41.5	41.7	40.2	42.0	41.6	42.6	43.6	41.6	40.1	41.4	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	-	-	-	10.8	13.9	11.6	12.1	12.0	10.8	12.5	11.7	

2013 Youth Risk Behavior Survey Results

Montana High School Survey Trend Report

Question	Survey Year											
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	
Weight Management and Dietary Behaviors												
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	-	-	-	10.8	13.9	11.6	12.1	12.0	10.8	12.5	11.7	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	-	-	-	7.2	7.2	6.7	5.9	6.3	5.8	5.0	5.1	
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	-	5.6	6.9	4.8	5.4	6.0	6.3	5.6	5.3	4.8	4.4	
Percentage of students who drank 100% fruit juices one or more times during the past seven days	-	-	-	85.1	83.4	81.7	81.3	82.2	80.0	82.3	77.9	
Percentage of students who ate fruit one or more times during the past seven days	-	-	-	89.1	88.1	87.8	87.3	88.9	88.8	89.9	91.2	
Percentage of students who ate green salad one or more times during the past seven days	-	-	-	76.2	74.8	72.3	71.9	70.4	71.4	71.3	70.2	
Percentage of students who ate potatoes one or more times during the past seven days	-	-	-	80.0	78.5	77.1	73.1	73.8	72.9	74.5	73.3	

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	Survey Year											
	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	
Weight Management and Dietary Behaviors												
Percentage of students who ate carrots one or more times during the past seven days	-	-	-	59.8	60.3	58.5	57.5	57.3	59.3	57.2	58.5	
Percentage of students who ate other vegetables one or more times during the past seven days	-	-	-	87.5	87.3	85.2	84.7	85.0	84.6	85.9	86.3	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days	-	-	-	19.5	19.4	16.7	17.0	17.1	18.4	16.6	18.1	
Percentage of students who ate fruits two or more times per day and ate vegetables three or more times per day during the past seven days	-	-	-	8.3	9.3	7.6	8.2	8.0	8.3	8.0	9.1	
Percentage of students who ate fruits two or more times per day during the past seven days	-	-	-	28.8	28.7	27.2	26.3	27.1	27.4	26.9	28.2	
Percentage of students who ate vegetables three or more times per day during the past seven days	-	-	-	12.0	14.2	11.7	12.6	11.7	13.1	11.9	13.2	
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	-	-	-	-	-	-	-	26.2	25.7	23.4	18.2	

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013
Weight Management and Dietary Behaviors											
Percentage of students who ate breakfast on all of the past seven days	-	-	-	-	-	-	-	-	-	395	40.3
Percentage of students who ate breakfast on none of the past seven days	-	-	-	-	-	-	-	-	-	11.2	11.7

Question	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013
Physical Activity											
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days	-	-	-	-	-	-	31.2	44.9	46.0	54.7	54.8
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past 7 days	-	-	-	-	-	-	25.2	13.3	13.4	10.0	10.7
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past 7 days	-	-	-	-	-	-	14.0	21.2	21.1	28.7	27.7
Percentage of students who watched three or more hours per day of TV on an average school day	-	-	-	24.4	23.5	25.3	26.3	22.2	23.7	22.1	22.6

2013 Youth Risk Behavior Survey Results

Montana High School Survey
Trend Report

Question

	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013
Physical Activity											
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	-	-	-	-	-	-	-	16.2	17.9	20.6	29.7
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	53.5	53.1	53.6	53.6	52.3	55.7	58.1	53.8	57.7	56.0	54.4
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	38.3	34.3	32.7	35.8	31.3	32.6	34.0	32.8	32.2	33.1	34.9
Percentage of students who played on one or more sports teams during the past 12 months	-	-	-	64.4	60.1	60.5	61.7	59.6	57.7	63.2	63.7

Question

	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013
Other											
Percentage of students who had ever been told by a doctor or nurse that they had asthma	-	-	-	-	-	-	18.9	20.9	19.5	20.3	19.8
Percentage of students who received help from a resource teacher, speech therapist, or other special education teacher at school during the past 12 months	-	-	-	-	-	-	-	-	12.5	12.2	12.4

2013
YOUTH RISK BEHAVIOR SURVEY



COMPARATIVE DATA RESULTS

- *MONTANA HIGH SCHOOL YRBS*
 - *GRADES 7-8*
- *AMERICAN INDIAN STUDENTS ON RESERVATIONS*
- *AMERICAN INDIAN STUDENTS IN URBAN SCHOOLS*
 - *NONPUBLIC ACCREDITED SCHOOLS*
 - *ALTERNATIVE SCHOOL STUDENTS*
 - *STUDENTS WITH DISABILITIES*



The High School statewide results, with the Native American student breakout, are based on random sampling procedures with a plus-or-minus 3 percent error rate. These weighted data can be used to make inferences about all high school students in Montana. A total of 4,889 students completed the 2013 Montana High School YRBS. In addition to the random sample group, 7,437 high school students from nonsampled Montana schools also participated in the 2013 YRBS

Data for all other reports are based on census sampling procedures and are representative of only those students who completed the survey. The data for these reports are based on the following number of students:

Grades 7-8 - 9,164
American Indian Students On or Near a Reservation - 804
American Indian Students in Urban Schools - 978
Nonpublic Accredited Schools - 377
Alternative Schools - 328
Students with Disabilities - 1,979

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

	High Grades						
	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	80.1	75.1	94.0	88.5	69.2	95.4	85.4
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	10.1	7.6	20.5	13.9	10.1	20.7	14.7
Percentage of students who never or rarely wore a seat belt when driving a car	11.4	15.2	18.5	16.5	9.0	22.4	16.7
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	24.5	18.8	31.9	27.2	23.6	34.2	29.2
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol	12.6	*	16.6	16.6	13.3	17.0	19.0
Percentage of students who texted or e-mailed while driving a car during the past 30 days	55.8	*	50.1	46.7	64.7	50.2	50.7
Percentage of students who talked on a cell phone while driving a car during the past 30 days	61.3	*	48.1	48.0	68.5	56.2	51.9
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	25.7	24.6	19.8	30.9	17.4	33.8	32.3
Percentage of students who carried a gun on one or more of the past 30 days	10.5	12.3	12.3	14.5	8.7	8.0	15.4
Percentage of students who had carried a weapon on school property during the past 30 days	9.9	4.4	7.4	15.3	6.1	16.9	15.1
Percentage of students who had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months	26.2	30.8	25.5	30.7	22.5	28.0	34.0
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	8.8	8.6	9.2	11.9	4.6	11.5	14.0

*Not asked on the Grades 7-8 Questionnaire

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Injury and Violence							
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	6.3	7.0	6.4	12.0	5.3	7.3	12.0
Percentage of students who were in a physical fight one or more times during the past 12 months	22.8	31.9	34.9	37.7	20.4	40.3	34.1
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	2.3	3.6	5.3	7.3	2.2	7.7	6.4
Percentage of students who were in a physical fight on school property during the past 12 months	7.3	14.6	14.8	15.6	6.7	11.3	16.3
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	8.7	5.8	10.1	14.2	8.3	23.1	14.7
Percentage of dating students, who were purposely hit, slammed into something, or injured with an object or weapon by someone they were dating during the past 12 months	8.8	*	12.3	15.5	9.2	20.4	15.2
Percentage of dating students, who were forced to do sexual things (e.g., kissing, touching or forced sexual intercourse) by someone they were dating or going out with during the past 12 months	11.1	*	10.1	13.9	9.9	10.4	17.9
Percentage of students who had ever been bullied on school property during the past 12 months	26.3	38.1	21.1	31.8	20.0	24.1	38.3
Percentage of students who had ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months	18.1	18.7	16.8	24.9	13.9	32.0	27.4
Percentage of students who had been the victim of teasing, name calling or bullying because someone thought they were gay, lesbian, or bisexual during the past 12 months	13.2	18.1	15.1	19.2	7.7	18.6	22.7

*Not asked on the Grades 7-8 Questionnaire

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who have ever been choked by someone or tried to choke themselves on purpose, such as with a belt, towel, or rope, for the feeling or experience it caused	7.4	9.5	11.9	15.7	7.6	15.1	15.0
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	26.4	23.5	33.2	38.3	21.4	50.2	40.1
Percentage of students who seriously considered attempting suicide during the past 12 months	16.8	14.5	20.8	30.5	13.2	31.9	28.1
Percentage of students who made a plan about how they would attempt suicide during the past 12 months	13.6	11.5	17.5	22.4	11.8	27.3	22.6
Percentage of students who actually attempted suicide one or more times during the past 12 months	7.9	12.1	15.1	20.6	16.7	21.7	20.7
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	2.6	3.7	6.1	6.7	6.5	10.5	8.0

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

	High School					Grades 7-8				
	AI-R	AI-U	NPA	ALT	SWD	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who ever tried cigarette smoking, even one or two puffs	41.1	21.2	65.6	56.2	29.8	84.4	52.7			
Percentage of students who smoked a whole cigarette for the first time before age 13 years	9.8	10.3	25.9	21.1	9.3	31.4	18.5			
Percentage of students who smoked cigarettes on one or more of the past 30 days	15.2	6.9	37.3	29.0	13.6	68.9	27.6			
Percentage of students who smoked cigarettes on 20 or more of the past 30 days	5.5	1.3	12.5	13.6	4.5	53.9	11.5			
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	5.7	4.4	3.4	12.7	10.0	18.3	12.7			
Among students who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days	8.8	0.3	9.5	6.1	21.3	16.0	5.6			
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days	3.7	1.9	9.9	13.3	5.7	31.3	10.1			
Percentage of students who ever smoked cigarettes daily; that is, at least one cigarette every day for 30 days	9.2	6.0	22.4	21.2	10.6	60.9	20.1			
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months	52.6	66.0	66.7	61.4	53.0	64.7	60.0			

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	13.4	4.6	19.6	17.7	14.8	19.3	17.4
Percentage of students who used chewing tobacco, snuff, or dip on school property during the past 30 days	8.3	2.1	13.0	11.6	8.8	13.0	12.2
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	15.8	3.3	12.0	18.8	15.6	25.3	19.3

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who had at least one drink of alcohol on one or more days during their life	70.5	41.6	66.9	72.9	63.1	89.5	71.3
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	19.9	25.5	24.0	29.0	13.1	40.4	28.7
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	37.1	14.3	36.0	68.8	33.1	62.3	42.3
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours on one or more of the past 30 days	23.5	6.8	25.2	30.1	24.5	47.1	28.6
Percentage of students who had ten or more drinks within a couple of hours during the past 30 days	7.2	*	10.3	9.8	7.0	14.0	9.1
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days	36.3	33.0	24.2	29.3	27.5	22.6	29.5
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days	5.7	1.9	5.9	10.3	5.4	8.9	9.4
Percentage of students who used marijuana one or more times during their life	37.6	16.3	65.3	49.4	34.9	81.9	45.3
Percentage of students who used marijuana for the first time before age 13 years	7.9	9.3	29.5	18.1	7.3	35.9	15.1
Percentage of students who used marijuana one or more times during the past 30 days	21.0	7.5	44.0	48.9	18.5	62.5	27.8
Percentage of students who used marijuana on school property one or more times during the past 30 days	5.2	2.0	12.4	10.2	5.9	15.0	9.4
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	6.4	2.2	8.9	11.8	8.5	29.3	11.8

*Not asked on the Grades 7-8 questionnaire.

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Alcohol and Other Drug Use							
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	9.9	8.6	19.0	18.5	9.5	26.0	17.8
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high during the past 30 days	3.3	3.7	6.7	7.7	6.4	7.4	8.1
Percentage of students who used heroin one or more times during their life	2.6	1.1	2.9	5.8	4.8	11.5	6.5
Percentage of students who used methamphetamines one or more times during their life	3.6	1.5	7.1	9.2	8.0	17.9	8.0
Percentage of students who used ecstasy one or more times during their life	8.2	2.2	11.0	14.4	9.3	35.1	13.6
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	2.6	1.8	3.3	6.0	4.9	7.7	6.3
Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription	16.2	5.4	19.7	25.2	14.4	54.5	22.6
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life	2.4	1.0	3.0	5.1	3.2	5.3	5.3
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months	22.8	13.1	23.6	24.7	18.6	31.6	27.6

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

Sexual Behaviors	High School						Grades 7-8					
	AI-R	AI-U	NPA	ALT	SWD	AI-R	AI-U	NPA	ALT	SWD		
Percentage of students who ever had sexual intercourse	68.1	59.0	42.5	82.1	54.9	13.6	46.0	42.5	82.1	54.9		
Percentage of students who had sexual intercourse for the first time before age 13 years	10.4	10.5	5.6	16.2	10.0	7.2	4.3	5.6	16.2	10.0		
Percentage of students who had sexual intercourse with four or more people during their life	27.1	25.7	13.4	49.8	21.4	2.5	14.7	13.4	49.8	21.4		
Percentage of students who had sexual intercourse with one or more people during the past three months	46.5	41.6	29.0	63.5	36.1	5.9	34.1	29.0	63.5	36.1		
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	27.5	27.3	29.2	30.8	30.5	21.9	21.7	29.2	30.8	30.5		
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse	57.4	54.9	56.3	42.4	58.1	62.7	61.5	56.3	42.4	58.1		
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse	11.0	16.8	15.4	23.6	18.2	*	24.9	15.4	23.6	18.2		
Percentage of students who had ever been taught about AIDS or HIV infection	75.3	79.1	71.3	89.6	78.4	64.1	83.8	71.3	89.6	78.4		

*Not asked on the Grades 7-8 questionnaire.

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

Weight Management and Dietary Behaviors	High School					Grades 7-8								
	School	AI-U	AI-R	AI-U	NPA	ALT	SWD	School	AI-U	AI-R	NPA	ALT	SWD	
Percentage of students who described themselves as slightly or very overweight	27.7	25.3	37.3	36.8	26.0	37.7	33.3	41.4	40.3	53.4	49.0	39.3	50.0	47.6
Percentage of students who were trying to lose weight	11.7	10.7	17.8	17.6	12.6	19.7	21.2	5.1	3.0	7.1	7.2	5.1	7.6	9.6
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	4.4	3.5	7.4	7.8	5.5	4.8	9.7	77.9	77.4	82.1	76.5	77.2	77.0	75.5
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	91.2	92.0	88.5	88.6	95.2	85.6	85.3	70.2	67.9	63.5	64.3	75.4	62.3	66.8
Percentage of students who drank 100% fruit juices one or more times during the past seven days	73.3	*	66.5	71.1	70.1	73.4	67.8	58.5	*	52.5	53.0	68.6	54.7	56.9
Percentage of students who ate fruit one or more times during the past seven days	86.3	*	75.9	79.9	87.5	79.4	79.1	18.2	17.7	25.2	24.5	17.8	33.3	24.1
Percentage of students who ate other vegetables one or more times during the past seven days														
Percentage of students who ate potatoes one or more times during the past seven days														
Percentage of students who ate carrots one or more times during the past seven days														
Percentage of students who ate green salad one or more times during the past seven days														
Percentage of students who ate other vegetables one or more times during the past seven days														
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days														

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

Weight Management and Dietary Behaviors

	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who drank a can, bottle, or glass of diet soda or pop one or more times per day during the past seven days	5.4	4.6	8.3	7.0	8.6	7.9	9.4
Percentage of students who drank three or more glasses of milk per day during the past seven days	14.5	20.1	9.6	45.9	14.3	10.8	15.8
Percentage of students who ate breakfast on all 7 of the past seven days	40.3	49.7	26.7	34.8	39.4	19.7	32.0
Percentage of students who did not eat breakfast on any of the past seven days	11.7	9.4	12.3	17.4	11.0	18.8	17.8
Percentage of students who most of the time or always went hungry during the past 30 days because there was not enough food in their home	3.3	3.0	4.6	4.9	1.9	8.5	6.5

2013 Montana Youth Risk Behavior Survey Results

High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 Alternative Schools (ALT) ~ Students with Disabilities (SWD)

	High Grades						
	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days	54.8	59.6	48.4	48.3	56.4	29.0	46.4
Percentage of students that did not participate in at least 60 minutes of physical activity on any of the past seven days	10.7	7.2	12.2	13.7	9.7	18.2	16.5
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days	27.7	35.1	26.8	26.9	30.8	17.8	25.2
Percentage of students who watched three or more hours per day of TV on an average school day	22.6	24.7	33.3	27.2	19.3	24.3	27.7
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day*	29.7	29.8	37.2	35.7	22.8	31.6	32.6
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	54.4	90.0	62.4	64.0	57.7	33.1	59.3
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	34.9	27.7	39.3	32.3	6.2	12.8	33.7
Percentage of students who played on one or more sports teams during the past 12 months	63.7	74.8	63.7	52.4	78.7	19.2	52.6

*Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.

	High Grades						
	School	7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who had ever been told by a doctor or nurse that they had asthma	19.8	18.7	19.3	25.8	27.5	25.9	29.8
Percentage of students who had used a tanning device such as a sunlamp, sunbed, or tanning booth during the past 12 months	13.4	5.0	8.7	15.6	14.7	19.1	16.6
Percentage of students who received help from a resource teacher, speech therapist or other special education teacher during the past 12 months	12.4	16.4	20.1	23.7	15.2	24.0	100.0

