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1	JOINT RESOLUTION NO
2	INTRODUCED BY
3	(Primary Sponsor)
4	A JOINT RESOLUTION OF THE SENATE AND THE HOUSE OF REPRESENTATIVES OF THE STATE OF
5	MONTANA URGING CONGRESS TO ALLOW MONTANA TO ENACT YEAR-ROUND DAYLIGHT SAVING
6	TIME.
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8	WHEREAS, Montana observes daylight saving time from March until November, which comprises two-
9	thirds of the year; and
10	WHEREAS, the United States Congress first adopted daylight saving time in 1918, although Congress
11	soon changed its mind, and the concept was only locally observed until World War II; and
12	WHEREAS, preserving daylight saving time would allow us to maintain light deep into the summer
13	evenings, which benefits tourism, businesses, and all Montanans; and
14	WHEREAS, the American Academy of Sleep Medicine stated in a 2020 report that "[a]n abundance of
15	accumulated evidence indicates that the acute transition from standard time to daylight saving time incurs
16	significant public health and safety risks, including increased risk of adverse cardiovascular events, mood
17	disorders, and motor vehicle crashes."
18	WHEREAS, schools depend on light in the evenings for sports and other extracurricular events, which
19	daylight saving time provides; and
20	WHEREAS, in 1966, the United States Congress passed the Uniform Time Act, which established time
21	zones and dates of observance for daylight saving time; and
22	WHEREAS, the Uniform Time Act did permit states to stay on standard time and to not observe
23	daylight saving time, but it did not permit states to stay on daylight saving time; and
24	WHEREAS, only the United States Congress through a public law or the federal Department of
25	Transportation through a regulation may allow Montana to maintain year-round daylight saving time; and
26	WHEREAS, recently 13 states, including Idaho, Wyoming, Georgia, Louisiana, South Carolina, Utah,
27	Arkansas, Delaware, Maine, Oregon, Tennessee, Washington, and Florida, have approved new laws providing
28	for year-round daylight saving time if authorized by the United States Congress.

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NOW, THEREFORE, BE IT RESOLVED BY THE SENATE AND THE HOUSE OF REPRESENTATIVES OF THE STATE OF MONTANA:

- (1) That Montana should have the choice of adopting permanent daylight saving time.
- 5 (2) That the federal government should allow states to observe permanent daylight saving time 6 through legislation in the United States Congress or the adoption of a regulation through the United States 7 Department of Transportation.
 - (3) That the Secretary of State send a copy of this resolution to the President of the United States, the Majority Leader and the Minority Leader of the United States Senate, the Speaker and the Minority Leader of the United States House of Representatives, the United States Secretary of Transportation, and to each member of the Montana Congressional Delegation.

12 - END -



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