

**TRAIN AND RETAIN IN MONTANA:
EXPANDING OUR MENTAL HEALTH WORKFORCE**

- **Three-pronged approach to expanding the mental health workforce in Montana**
 - Psychiatry Training Track
 - Expand and Energize the MSU-Bozeman Psych DNP Program
 - Project ECHO

- **Psych Training Track**
 - Developed a budget based on Boise, ID experience and Montana costs
 - \$200,000 per resident = in line with national and Montana training costs
 - THREE each of 1st and 2nd year residents in Seattle = 6 x \$200K = \$1.2 million
 - THREE each of 3rd and 4th year residents in Montana = 6 x \$200K = \$1.2 million
 - TOTAL COST = \$2.4 million annually
 - Explore various funding options:
 - Work with the VA
 - MT GME Council will make a coordinated ask for funds to support a psychiatry training track through the Office of the Commissioner for Higher Education (OCHE) Budget
 - Developing a Mental Health Toolbox to Target Montanans
 - High suicide rate
 - Limited access to psychiatric care across the state
 - Practicing psychiatry in isolated communities
 - Understanding the needs of special populations, including Native Americans and Veterans
 - Practicing in clinics that integrate behavioral health and primary care
 - Using technology to expand access, including telepsychiatry and Project ECHO
 - Organizations expressing support:
 - MMA
 - MT APA
 - MT AACAP
 - Big Sky Economic Development Alliance
 - MT GME Council

- **Expand and Energize the MSU-Bozeman DNP Program**

- Educate undergraduates and nurses-in-training about career opportunities in mental health
- De-stigmatize the experience of delivering mental health care
- Consider creative incentives to attract more candidates to the DNP Program
- Recruit faculty to help teach trainees in the classroom and in clinical settings
 - FOUR psychiatrists agreed to volunteer our time teaching trainees in May
- Work with DPHHS Director Richard Oppen and meet with MSU leadership

- **Project ECHO**

- What is it? How does it affect the workforce challenges?
- Billings Clinic ECHO Pilot
- Healthcare Innovation Council and ECHO
- Integrating Behavioral Health and Primary Care