

10/16/05

To the Child and Family Interim Committee:

From March of 2005 until present I have received therapy and so have my children. Julie has been a great inspiration to me and has given me many tools to learn to communicate with my children better and also to hear and see things in a positive manner. Through this service [Friends To Youth family based services under a contract with Child and Family Services], my children and I were able to heal. I am very grateful. Without these services there would not have been healing in a therapeutic aspect and [we] may not have gotten over many trying things. So please keep these services for people who need them and want to better themselves.

Thank you so much,

Cassandra Vreeland
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PS Very grateful