Suicide prevention

Veterans Affairs Montana Health Care System

Presented to SAVA on June 8, 2010

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Fort Harrison Suicide Prevention Team:

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Suicide Prevention is Everyone's Business

Patients

and to address suicide prevention in high-risk
designed to help individuals and families engage in care

health care (services supplemented by programs

access to high quality mental health (and other

VA's basic strategy for suicide prevention requires Ready
- 20-25% of completed suicides are by veterans.
- About how they would attempt suicide in the past year.
- An estimated 2.7 million people (1.1%) made a plan.
- Montana has been among the highest suicide rates per capita over the past thirty years.
- Mental health services in the year prior to death.
- Most victims of suicide have received health care.
- 10th leading cause of death.

National Suicide Statistics
Montana has approximately 48,000 veterans enrolled in Montana VA services.

37,000 were seen annually.

97,267 veterans.
Montana Veteran Suicides

January 1, 2014-March 1, 2016

Based on 121 identified suicides between

Data compiled through the Montana Suicide Mortality Review Team
VETERAN Suicides IN MontAnA.

NUMBERS AND PERCENTAGES CONCeRING PRESENTED. This IS ONLY MEANT TO GIVE PRESENTATION THE DATA SHOULD BE MADE CONCERING THE DATA DUE TO THE SMALL SAMPLE SIZE, NO INFERENCES.

Records, and information obtained from families, from coroner reports, supplemental questionnaires, health from the armed services. Additional information was obtained on death certificates identifying that the deceased was in the army. The information presented in the following slides is based...
Montana Veterans Suicides by Gender

Male - 117
Female - 4

97%
3%
69% of the Veteran suicides are over the age of 55.
Montana Veteran Suicides by Means

- Firearm: 93.2%, 77%
- Hanging: 17.1%, 14%
- Drug Overdose: 6.5%
- Cutting: >1%
- Radiation: 0%
- Carbon Monoxide: 2%
Mental Health Issues
Montana Veteran Suicides with Identified Diagnoses

- Depression: 45%, 71%
- Bipolar: 6%, 9%
- Psychotic Disorder: 3%
- Anxiety/PTSD: 14%
- Unspecified: 4%, 6%

19% (12/63) had more than one diagnosis.
Montana Veteran suicides with history of previous suicidal behavior

- No suicidal behavior, 24.43%
- Suicidal behavior, 32.57%
- N/A (blank), 65%

(Percentage based on n=56)
Toxicology Findings of Montana Veteran Suicides

- Alcohol: 43.41%
- Prescription Pain Medication: 16.29%
- Psychotropic: 12.21%
- Prescription Psychoactive: 16.29%
Montana Veteran Suicides with Chronic Pain/Health Issues
Montana Veteran Suicides by Relationship Status

- Married, 46, 38%
- Widowed, 11, 9%
- Single, 16, 13%
- Separated, 3, 3%
- Divorced, 45, 37%
Montana Veteran Suicides by Education Level

- High school, 54%, 45%
- Bachelor's degree, 15%
- Master's degree, 6%
- Doctorate degree, 4%
- Some college, 7%
- Associate's degree, 6%
- Some college, 24%, 20%

26% of the Veterans had a college degree who died by suicide.

8th Grade or Less, 7%, 6%
Facilities Directory

VA Montana Community Clinic and other VA Montana

Bozeman, Montana

Fax: 406-582-5399
Phone: 406-582-5300

Billings, Montana

Fax: 406-373-3520
Phone: 406-373-3500

Anaconda, Montana

Fax: 406-496-3030
Phone: 406-496-3000
Facilities Directory
VA Montana Community Clinic and Other VA Montana

Glenville, Montana
Fax: 406-377-4757
Phone: 406-377-4755
Glenville, MT 59330
Outpatient Clinic
VA Community Based

Glasgow, Montana
Fax: 406-228-4104
Phone: 406-228-4101
Glasgow, MT 59230
Suite A
630 Second Ave. South
Outpatient Clinic
VA Community Based

Cut Bank, Montana
Fax: 406-873-2439
Phone: 406-873-9047
Cut Bank, MT 59427
#8 2nd Ave SE
Outpatient Clinic
VA Community Based
Montana
Helena

Helena, MT 59601
2271 Deerfield Lane
Helena VA Sleep Clinic

Phone: 406-265-4304
Fax: 406-265-4305

Montana
Havre

Havre, MT 59501
130 13th Street, Suite 1
Outreach Clinic
VA Community Based

Phone: 406-791-3230
Fax: 406-791-3200

Montana
Great Falls

Great Falls, MT
Suite 200 and 300
1417 9th Street South,
Outpatient Clinic
VA Community Based

Facilities Directory
VA Montana Community Clinic and other VA
Miles City, Montana
Fax: 406-874-5696
Phone: 406-874-5600

Lewistown, Montana
Fax: 406-535-4793
Phone: 406-535-4790

Kalispell, Montana
Fax: 406-758-2750
Phone: 406-758-2700

Facilities Directory
VA Montana Community Clinic and Other VA
Fax: Not Available
Phone: 406-765-3718
Plentywood, MT 59254
440 West Laurel Avenue
Sheridan Memorial Hospital
(PCTOC)

VA Primary Care Telehealth Outreach Clinic

Fax: 406-363-7522
Phone: 406-363-3352
Hamilton, MT 59840
299 Fairgrounds Suite A
(PCTOC)

VA Primary Care Telehealth Outreach Clinic

VA Montana Community Clinic and Other VA Facilities Directory

Montana Missoula, MT 59808
2687 Palmer Street, Suite C
Outpatient Clinic
VA Community Based Clinics (PCTOC)
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<thead>
<tr>
<th>Veterans Outreach Centers (Fall 2016)</th>
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<tbody>
<tr>
<td><strong>Helena Vet Center</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fax: 406-329-3006</td>
</tr>
<tr>
<td></td>
<td>Phone: 406-721-4918</td>
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<tr>
<td></td>
<td>Missoula, MT 59801</td>
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<tr>
<td></td>
<td>910 Brooks St.</td>
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<td>Helena Vet Center</td>
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<tr>
<td><strong>Billings Vet Center</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fax: 406-257-7312</td>
</tr>
<tr>
<td></td>
<td>Phone: 406-257-7308</td>
</tr>
<tr>
<td></td>
<td>Billings, MT 59101</td>
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<tr>
<td></td>
<td>690 North Meridian Rd., Suite 1010</td>
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<td>Billings Vet Center</td>
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Visit Vet Center to you visit www.vetcenter.va.gov
For more information about Vet Centers and to find the closest range of counseling, outreach and referral services.
- Vet Centers are VA community based centers that provide a
- Vet Centers

www.mentalfhealth.va.gov
For more information on VA Mental Health Services visit
- Potential to live a meaningful life in their community and achieve full recovery, striving to enable a person with mental health problems at its medical centers and community-based outpatient services at its medical centers and community-based outpatient services.
- VHA provides specifically inpatient and outpatient mental health

Resources
Visit PTSD Coach App at www ptsd cov to learn more.

- PTSD Coach App: The PTSD Coach application allows phone users to manage their symptoms and links them with local sources of support and resources.

- MakeTheConnection.net is a one-stop resource where Veterans and their families and friends can learn about available resources and support.

- MakeTheConnection.net is a site where Veterans and their families and friends can learn about available resources and support.
American Association of Suicidology

National Suicide Prevention Lifeline

Additional Resources: Learn more about VA and other organizations' suicide prevention resources.

Veterans, Service members, and their friends and families in times of crisis.

Counseling VA, N.Y., where specially trained, caring responders answer the calls of Crisis line call center, housed at a VA Center of Excellence in

Veterans Crisis Line Behind the Scenes: Take a look into the Veterans

multiple media designed to link you to others.

Ready access to hotlines, treatments, professional resources, forums, and

DoD/VA Suicide Outreach: Resources for Suicide Prevention: Provides

those coordinators.

Counseling and services. Calls to the Veterans Crisis Line are referred to

has a suicide prevention coordinator to make sure Veterans receive needed

Locate Your Local Suicide Prevention Coordinator: Each VA Medical Center

members through Military Crisis Line chat.

trained VA counselors. This same service is also available to service

Veterans Chat - Veterans Crisis Line: Veterans Chat enables Veterans' their

Resources