DEPARTMENT OF PUBLIC HEALTH AND HUMAN SERVICES MCA 52-2-311: OUT-OF-STATE PLACEMENT REPORT FIRST HALF OF SFY 2019 Children, Families, Health, and Human Services Interim Committee

November 30, 2020

Overview

The following statutorily required report is completed by the Department of Public Health and Human Services (DPHHS) Children's Mental Health Bureau (CMHB), in compliance with the Child and Family Services Division (CFSD), the Youth Services Division of the Department of Corrections (DOC), and Youth Court or Juvenile Justice (JJ).

The following report is organized according to MCA 52-2-311 reporting requirements by section with findings under each section.

52-2-311. Out-of-state placement monitoring and reporting.

- (1) The department shall collect the following information regarding high-risk children with multiagency service needs:
 - (a) the number of children placed out of state;
 - (b) the reasons each child was placed out of state;
 - (c) the costs for each child placed out of state;
 - (d) the process used to avoid out-of-state placements; and
 - (e) the number of in-state providers participating in the pool.
- (2) For children whose placement is funded in whole or in part by Medicaid, the report must include information indicating other department programs with which the child is involved.
- (3) On an ongoing basis, the department shall attempt to reduce out-of-state placements.
- (4) The department shall report biannually to the children, families, health, and human services interim committee concerning the information it has collected under this section and the results of the efforts it has made to reduce out-of-state placements.

Definitions

"Psychiatric Residential Treatment Facility" means a facility accredited by the Joint Commission on Accreditation of Health Care Organizations (JCAHO), Council on Accreditation (COA), or the Commission on Accreditation of Rehabilitation Facilities (CARF) or any other organizations designated by the Secretary of the United States Department of Health and Human Services as authorized to accredit psychiatric hospitals for Medicaid participation, and which operates for the primary purpose of providing residential psychiatric care to persons under 21 years of age. The youth must meet the Montana Medicaid Serious Emotional Disturbance (SED) criteria for PRTF services. The federal definition of Inpatient Psychiatric Services for Individuals Under Age 21 can be found in the Code of Federal Regulations, Title 42, Part 441, Subpart D, and the specific service requirements for Psychiatric Residential Treatment Facilities can be found in the Children's Mental Health Bureau Medicaid Services Provider Manual.

"Therapeutic Group Home (TGH)" means a treatment facility providing therapeutic services licensed and under contract with the department as a youth care facility with the supervision and intensity of

treatment required to manage and treat up to eight youth who meet the SED diagnosis and functional impairment criteria as determined by the department. The definition of Therapeutic Group Home can be found in the Administrative Rules of Montana, Title 37, Chapter 97, subchapter 102 and the specific service requirements can be found in the Children's Mental Health Bureau Medicaid Services Provider Manual.

Process

This report includes youths whose treatment is paid by all State agencies and divisions, though the report is compiled by the Children's Mental Health Bureau (CMHB), which is a Medicaid bureau within DPHHS. The report distinguishes between youth whose treatment is funded solely by Medicaid, those whose treatment is funded by Medicaid, but the Child and Family Services Division (CFSD), Juvenile Justice (JJ), or the Department of Corrections (DOC) was the custodian and/or had placement authority, and those whose treatment is funded solely by CFSD, JJ, or DOC.

This is the biannual report to the Legislature covering the first half of SFY 2019 (July 1, 2018 through December 31, 2018) and includes only children who were in treatment out-of-state (OOS) on or after July 1, 2018 and on or before December 31, 2018. During this reporting period there were youth who received treatment in more than one out-of-state facility. These youth are only counted once regardless of the number of unique out-of-state facilities. In addition, some youth had both CFSD and JJ or DOC involvement so those youth are only counted once as well.

Results

MCA 52-2-311. Out-of-state placement monitoring and reporting.

(1) The department shall collect the following information regarding high-risk children with multiagency service needs:

a) The number of children placed out-of-state

The following table represents the total number of youths who received treatment in an out-of-state residential program, by agency, during the reporting period, July 1, 2018 through December 31, 2018, as well as the results from SFY 2018 for reference.

Table 1: Number of Youth who Received Treatment in an Out-of-State Residential Program

Reporting	1 st Half of SFY 18 07/01/17-12/31/17		2 nd Half of SFY 18 01/01/18-06/30/18		1 st Half of SFY 19 07/01/18-12/31/18	
Agency	TGH	PRTF	TGH	PRTF	TGH	PRTF
Children's Mental Health Bureau/ Medicaid	86	83	81	85	68	78
Child and Family Services Division	32	47	10	18	35	34
Juvenile Justice	42	16	55	10	55	16
Department of Corrections	0	3	4	1	2	2
Totals	160	149	146	123	160	130

b) The reasons each child was placed out-of-state;

Treatment in an out-of-state PRTF funded through Medicaid can only occur after a youth has been determined to meet medical necessity criteria for PRTF level of care and has been denied admission by all in-state PRTFs. In order to meet medical necessity criteria for PRTF, a youth must exhibit behaviors or symptoms of serious emotional disturbance of a severe and persistent nature requiring 24-hour treatment under the direction of a physician. In addition, the prognosis for treatment at the PRTF level of care must reasonably be expected to improve the clinical condition/serious emotional disturbance of the youth or prevent further regression based upon a physician's evaluation.

Table 2 shows the denial reasons as reported on initial stay requests for out-of-state PRTF placements. The most common reasons youth are denied admission to in-state PRTFs are aggression, lack of bed availability, and the condition of the youth being one that cannot be treated by the facility (too acute, sexualized behaviors, or substance use disorder). Agencies using non-Medicaid funding sources did not list denials, as this is not required within their agencies.

The following table displays the reason noted by each agency as to why the youth needed an out-of-state placement during the reporting period, July 1, 2018 through December 31, 2018, as well as the results from SFY 2018 for reference.

<u>Table 2: Reasons for PRTF Out-of-State Placement</u>

Denial Reason	1 st Half of SFY 18 07/01/17-12/31/17	2 nd Half of SFY 18 01/01/18-06/30/18	1st Half of SFY 19 07/01/18-12/31/18
Aggression	27%	19%	25%
No beds available	25%	9%	3%
Unable to treat current condition (too acute, sexualized behaviors, or substance abuse)	22%	28%	40%
Has met maximum benefit from PRTF treatment	9%	19%	4%
Elopement risk (runs away)	7%	4%	6%
Other (special circumstances or needs that the facility cannot address and/or meet.)	6%	15%	14%
Not a good fit for the current milieu	4%	6%	8%

c) The costs for each child placed out-of-state;

The following table displays the average cost per youth for the period of July 1, 2018 through December 31, 2018, by provider type. The cost was calculated by multiplying the average days youth were placed by the average cost per day.

Table 3: Cost Per Youth

	TGH	PRTF
Average Length of Stay	250 days	252 days
Average Cost per Day	\$170	\$412
Average Cost per Youth for Stay	\$42,500	\$103,824

d) The process used to avoid out-of-state placements

Placing agencies included in this report, Department of Corrections (DOC), Youth Court Services (Juvenile Justice), and Child and Family Services Division (CFSD), have implemented a number of policies to reduce out-of-state placement of youth. All agencies report utilizing community-based services and in-state placements first. When utilizing Medicaid funding, these agencies work with the CMHB to ensure youth receive in-state placements when possible. Additionally, youth case managers and parole

offices work to support youth and families receiving treatment in out-of-state residential programs if that is determined to be the best level of care for the youth.

Though not a placing agency, the Children's Mental Health Bureau (CMHB) has policies in place to reduce out-of-state placements for youth with Medicaid funding. These include the implementation of updated, more specific utilization review of medical necessity criteria for both Therapeutic Group Home and Psychiatric Residential Treatment Facility and reviewing medical necessity every 30 days for Psychiatric Residential Treatment Facilities. Additionally, Regional Care Coordinators and Regional Resource Specialists have taken on a more collaborative role with out-of-state Psychiatric Residential Treatment Faculties, Therapeutic Group Home providers, and community mental health providers to ensure that youth are being treated in the least restrictive level of care at the earliest possible time in their home communities. CMHB requires denials from all in-state PRTFs prior to a youth being eligible for out-of-state PRTF placement.

e) The number of in-state providers participating in the pool. See list of provider pool in Appendix A.

2) For children whose placement is funded in whole or in part by Medicaid, the report must include information indicating other department programs with which the child is involved.

The table below represents the number of youths placed in an out-of-state placement and which agency funded whole or in part for the reporting period of July 1, 2018 through December 31, 2018.

Table 4: Funding Source

Funding Source	TGH	PRTF
CFSD & JJ / CMHB Medicaid	2	0
CFSD Only	6	10
CFSD / CMHB Medicaid	28	22
DOC Only	2	2
JJ Only	44	5
CMHB Medicaid	72	83
Other	6	8
Total	160	130

Table 5 displays the instances of Serious Emotional Disturbance (SED) diagnosis for youth being treated in out-of-state residential programs. The primary diagnosis is found in either the Magellan database, in claims data, or as reported by the placement agency.

Table 5: Instances of SED Diagnosis 7/1/18-12/31/18

SED Diagnosis	Percentage of Youth with Diagnosis		
Depressive Disorders	37%		
Trauma and Stressor Related Disorders	34%		
Disruptive and Impulse Control Disorders	15%		
Bipolar and Related Disorders	9%		
Neurodevelopmental Disorder	3%		
Anxiety Disorder	2%		
Schizophrenia spectrum	1 youth		

Appendix A: Provider Pool as of December 31, 2018

Number of In-State Providers Participating in Pool

In-State Psychiatric Residential Treatment Facilities:

Shodair Children's Hospital, Helena, MT Acadia Montana, Butte, MT Yellowstone Boys and Girls Ranch, Billings, MT

In-State Therapeutic Group Homes:

<u>AWARE</u>

Brandon Way Group Home, Missoula, MT
Castle Pines Group Home, Great Falls, MT
Clark Fork Group Home, Anaconda, MT
Ernest Group Home, Missoula, MT
Franklin Group Home, Missoula, MT
Gilbert Group Home, Missoula, MT
Gold Creek Group Home, Anaconda, MT
Lost Creek Group Home, Anaconda, MT
Mount Powell Group Home, Anaconda, MT
Ottawa Group Home, Butte, MT
Pinski Group Home, Great Falls, MT
Pintlar Group Home, Anaconda, MT
Washoe Group Home, Anaconda, MT
Whiteway Group Home, Butte, MT
West Villard Group Home, Missoula, MT

<u>Excel</u>

Excel Group Home, Billings, MT

Intermountain

Intermountain Children's Home Cottages 1-4, Helena, MT Providence Home, Somers, MT

Kairos

Portage Place Youth Home, Great Falls, MT

Montana Community Services

Miles Avenue Group Home, Billings, MT Custer Group Home, Billings, MT Parkhill Group Home, Billings, MT

New Day

New Day Inc, Units 1 through 5, Billings, MT New Day Inc, Unit 7, Billings, MT

Partnership for Children

Gallagher Children's Home

Sunrise Children's Home

Shodair

Jack Casey Bumblebee Home Jack Casey Honeybee Home

Youth Dynamics

Rimview Group Home, S.T.A.R. Group Home, Billings, MT Rivers Edge Group Home, Billings, MT Choices Group Home, Boulder, MT New Beginnings Group Home, Boulder, MT New Journey Group Home, Boulder, MT Opportunity Group Home, Boulder, MT Lewis & Clark Group Home, Helena, MT

Youth Homes

Radtke Home for Boys Jan Shaw Home for Girls Talbot Boys Home Talbot Girls Home

Out-of-State Medicaid Enrolled Providers

Out-of-State Psychiatric Residential Treatment Facilities:

Benchmark Behavioral Health, Woods Cross, UT Coastal Harbor, Savannah, GA Copperhills Youth Center, West Jordan, UT Desert Hills, Albuquerque, NM Detroit Behavioral Institute, Detroit, MI Devereux Cleo Wallace, Westminster, CO Devereux Georgia, Kennesaw, GA Devereux Texas, League City, TX Havenwood Academy, Cedar City, UT KidsPeace, Orefield, PA Lakeland Behavioral Health, Springfield, MO Millcreek of Arkansas, Fordyce, AR Oasis Behavioral Health, Chandler, AZ Piney Ridge Center, Waynesville, MO Provo Canyon School, Provo, UT Teton Peaks, Idaho Falls, ID Wyoming Behavioral Institute, Casper, WY Youth Health Associates, Bountiful, UT

Out-of-State Therapeutic Group Home

Normative Services, Sheridan, WY Mountain Home Academy, Mountain Home, ID