

## Dry Needling

March 12, 2020

From: Kevin Bragg, EO  
To: Board of Chiropractors

### *Survey of Chiropractic Colleges*

Responses are in blue/lighter text from the institutions. Missing responses from 3 universities (highlighted), NYCC responded in 2017 to Dennis that they did not teach the modality. The missing responses I have researched myself through phone contact and course catalogs.

College	Answer?
Sherman: <a href="mailto:rirwin@sherman.edu">rirwin@sherman.edu</a> <a href="mailto:jdonofrio@sherman.edu">jdonofrio@sherman.edu</a>	<ol style="list-style-type: none"> <li>1) Is dry needling taught in your core curriculum? In any manner? <b>NO</b></li> <li>2) If so, how many hours are taught?</li> <li>3) Is dry needling taught as a post-graduate offering? <b>NO</b></li> <li>4) Is dry needling apart of any continuing education offered by your school? <b>NO</b></li> </ol>
Palmer: Mindy Leahy <a href="mailto:Mindy.Leahy@palmer.edu">Mindy.Leahy@palmer.edu</a>	Dry Needling is not part of the program and is not offered as post-grad or CE at any of the three Palmer College of Chiropractic campuses.
Bridgeport: Michael Ciolfi <a href="mailto:mciolfi@bridgeport.edu">mciolfi@bridgeport.edu</a>	<ol style="list-style-type: none"> <li>5) Is dry needling taught in your core curriculum? In any manner? <b>NO</b></li> <li>6) If so, how many hours are taught? <b>NA</b></li> <li>7) Is dry needling taught as a post-graduate offering? <b>NO</b></li> <li>8) Is dry needling apart of any continuing education offered by your school? <b>NO</b></li> <li>9)</li> </ol>
<b>NYCC:</b> Bobak, Karen <a href="mailto:kbobak@nycc.edu">kbobak@nycc.edu</a> <a href="mailto:mestan@nycc.edu">mestan@nycc.edu</a>	No-KB Research – Course Catalog 2017 Response to Dennis 2 <sup>nd</sup> email sent 11/25/2019
Life: <a href="mailto:pkullar@lifewest.edu">pkullar@lifewest.edu</a> Michael Hurschmann <a href="mailto:mhurschmann@lifewest.edu">mhurschmann@lifewest.edu</a>	I have checked with our department chairs, and we do not offer dry needling in any courses in

	our program, nor do we offer it in our CE department or in any other format.
Western States: Registrar <a href="mailto:registrar@uws.edu">registrar@uws.edu</a> Kathleen Galligan <a href="mailto:kgalligan@uws.edu">kgalligan@uws.edu</a>	<ol style="list-style-type: none"> <li>1) Is dry needling taught in your core curriculum? In any manner? <b>No</b></li> <li>2) If so, how many hours are taught? <b>N/A</b></li> <li>3) Is dry needling taught as a post-graduate offering? <b>We sponsor and certify credit for some courses in dry needling, none on campus, not part of our program</b></li> <li>4) Is dry needling apart of any continuing education offered by your school?</li> </ol>
Parker: Phyllis Frase-Charrette <a href="mailto:PFrase@parker.edu">PFrase@parker.edu</a>	<ol style="list-style-type: none"> <li>1) Is dry needling taught in your core curriculum? In any manner? <b>According to Dr. McGuire, Dean of Academics for Parker University Dry needling is one hour out of 30-hour lectures in our PT1 course for our DC program.</b></li> <li>2) If so, how many hours are taught? <b>One hour</b></li> <li>3) Is dry needling taught as a post-graduate offering? <b>We award CE credits (co-sponsored) class that is taught for one weekend, and it is scheduled for March of 2020. As far as a Parker University program, No.</b></li> </ol> <p>Is dry needling apart of any continuing education offered by your school? <b>Only the mentioned one in question # 3</b></p>
SoCal: Dr. Ana Facchinato <a href="mailto:anafacchinato@scuhs.edu">anafacchinato@scuhs.edu</a>	<b>Dry needling is not part of our core chiropractic curriculum or post graduate or any other aspect right now. Our university hosts a doctor of acupuncture and Chinese medicine program, and not offering dry needling in the chiropractic program is at least in part a professional courtesy to our acupuncture colleagues for whom needling is an ancient art and for which they train for many hours</b>
<b>NW Health:</b> Susan Neppi <a href="mailto:sneppi@nwhealth.edu">sneppi@nwhealth.edu</a>	No-KB Research  2 <sup>nd</sup> email sent 11/25/2019
D'Youville: <a href="mailto:finneym@dyc.edu">finneym@dyc.edu</a>	No- KB Research  Phone Call with Rachel Ursang on 11/25/2019 – Dry needling is not taught confirmation

	716-829-7600.
<p>NUHS: <a href="mailto:rswenson@nuhs.edu">rswenson@nuhs.edu</a></p>	<p>NO -I have spoken with appropriate faculty to acquire responses to your four questions. I understand that you have the previous response from Dr. Arick sent to Mr. Clark. There is no change to our previous response. If you need more information, please contact me.</p> <p>Prior Response-&gt; In regard to your question, National University of Health Sciences does not teach dry needling in its core DC curriculum.</p> <p>If you have further questions, please feel free to contact me.</p>
<p>Texas: <a href="mailto:sfoster@txchiro.edu">sfoster@txchiro.edu</a> <a href="mailto:shughes@txchiro.edu">shughes@txchiro.edu</a></p>	<p>Sorry for the delay in responding. We do not offer dry needling in our curriculum. In the post graduate program, we sponsor <a href="http://structureandfunction.net">Structure and Functions [structureandfunction.net]</a> courses so the doctors can receive continuing education credit.</p>
<p>Cleveland: <a href="mailto:carl.clevelandIII@cleveland.edu">carl.clevelandIII@cleveland.edu</a> Jon Wilson <a href="mailto:jon.wilson@cleveland.edu">jon.wilson@cleveland.edu</a></p>	<p>1) Is dry needling taught in your core curriculum? <b>No</b> In any manner? <b>No</b></p> <p>2) If so, how many hours are taught? <b>N/A</b></p> <p>3) Is dry needling taught as a post-graduate offering? <b>No</b></p> <p>4) Is dry needling apart of any continuing education offered by your school? <b>No</b></p>
<p><b>Logan:</b> Ralph.Barrale <a href="mailto:Ralph.Barrale@logan.edu">Ralph.Barrale@logan.edu</a> Jason.Goodman <a href="mailto:Jason.Goodman@logan.edu">Jason.Goodman@logan.edu</a></p>	<p>No- KB research</p> <p>2<sup>nd</sup> email sent 12/9/2019</p>

**Summary Statement:** Of the 14 Chiropractic Colleges, only one provides instruction in dry needling, Parker University. 3 universities offer CE courses in the modality, Western States, Texas, and National University of Health Sciences.

## PART II

The following chart is given to provide you with some guidance as to how other states deal with the modality. Many of those who allow the modality but have no regulation have broader definitions of what “chiropractic” is than Montana and/or include it explicitly in the statutes/rules as allowable.

### *National Overview of Licensing Boards & Regulations*

CA = Chiropractic Acupuncture

<u>State</u>	<u>Allowed?</u>	<u>Regulations</u>
Alabama	Yes	100 hours of training and passage of exam
Alaska	Yes	Dry needling training, as currently practiced by allied healthcare groups, is insufficient in scope and duration. Clinical training should consist of a minimum of 24 hours, with significantly more practical training time recommended. Study and practice of clean technique should be included. The Board strongly recommends emergency procedures training should be sought, with specific training in utilizing low-pressure delivery oxygen systems and airways (OPA/NPA.); 2. Continuing education consisting of 8 hours biannually, with 2 hours of supervised technique and 2 hours of practical emergency procedures; 3. A very careful review of the Chiropractic Physician’s malpractice insurance policy and a letter of coverage for dry needling; 4. The Chiropractic Physician must be able to obtain the instruments of the procedure (filiform needles) in a legal

		manner consistent with the restrictions of his/her license
Arizona	Yes	24 hours in training including CDC training on clean needles
Arkansas	Yes, as CA	100 hours of training
California	No	--
Colorado	Yes	24 hours of training
Connecticut	Yes	
Delaware	Yes	
Florida	Yes, as CA	100 hours of training
Georgia	Yes	Not regulated specifically
Hawaii	No	--
Idaho	Unclear	No specific regulations for/against - 6/23/17 Minutes
Indiana	Yes	Not regulated specifically. Added to scope of practice legislation (2018)
Illinois	Yes	No specific req.; 50 hours suggested by ICS
Iowa	Yes, as CA	100 hours of training
Kansas	No	--
Kentucky	Yes	
Louisiana	Yes	Not regulated specifically
Maine	Yes, as CA	200 hours of training
Maryland	Yes	Sufficient training and education
Massachusetts		
Michigan	No	--
Minnesota	Yes, as CA	100 hours of training
Mississippi	No	--
Missouri	Yes, as CA	100 hours and passage of exam
Montana	Not currently specified	None
Nebraska	No	--
Nevada	Yes, as CA	Didactic Education and Training - Legislative change 2019
New Hampshire	Yes	
New Jersey	No	--
New Mexico	Yes	May practice but cannot hold themselves out as acupuncturist.
New York	No	--
North Carolina	Yes	Licensees are responsible for a) completing the formal training necessary to become competent in administering Dry Needling prior to treating patients with this modality, and

		b) for retaining proof of successful completion of such training while practicing in North Carolina. The Board recommends that licensees complete a minimum of 24-hours of Dry Needling training before introducing it into their practice.
North Dakota	Yes	50 Hours
Ohio	Yes	It is each licensee's responsibility to have the education, training and experience necessary to perform their duties within the scope of practice
Oklahoma	Yes	100 hours and passage of exam
Oregon	No	--
Pennsylvania	No	--
Rhode Island	Yes	
South Carolina	Yes	Not regulated specifically
South Dakota	Yes	Not regulated specifically
Tennessee	Yes	Not regulated specifically
Texas	Yes, as CA	100 hours of training and passage of exam
Utah	Yes	100 hours of training and passage of exam
Vermont	Yes	Not regulated specifically, 100 hours of training recommended
Virginia	Yes	Not regulated specifically
Washington	No	--
West Virginia	No	Must be licensed acupuncturist
Wisconsin	Yes	50 hours of training
Wyoming	Yes	24 hours of training - A licensee performing IMS/dry needling in his or her practice shall have written informed consent for each patient where this technique is used. The patient shall sign and receive a copy of the informed consent form. The consent form shall, at a minimum, clearly state the risks and benefits of IMS/dry needling.

**Summary Statement:** Dry needling/intramuscular therapy is currently widely accepted in most states. However, the practice is regulated through educational/training requirements/specific language.

**Framing the discussion:**

How do you get the training?

Who can provide it?

How many hours to gain competency?

Do we need specific needle safety requirements?

Will the training be audited?

Does the patient need to acknowledge the possible outcomes/risk?