

WHAT BREAKFAST MODEL IS RIGHT FOR YOUR SCHOOL?

BREAKFAST MODEL

LOGISTICAL DETAILS

BENEFITS & CHALLENGES

PARTICIPATION

7:00am

TRADITIONAL BREAKFAST



School nutrition staff prepare the breakfast meal and serve students in the cafeteria. Students must get to the cafeteria at least 20 minutes before classes begin in order to eat.



- Familiar to staff
- Low participation
- May perpetuate stigma or bullying
- Incompatible with buses/students running late

34%



GRAB N' GO BREAKFAST



School nutrition staff pack meals for students to pick up from the cafeteria or hallway carts on their way to class. Students may eat in hallways or common areas before class, or during the first few minutes of class time.



- Flexibility in breakfast pickup location
- Flexibility in where students eat
- Works well for all grades - K through 12
- Manageable for a small nutrition staff**
- Making food portable

62%

MOST POTENTIAL FOR INCREASED FEDERAL REIMBURSEMENT!



BREAKFAST IN THE CLASSROOM



School nutrition staff pack meals into portable bags, which are transported to each classroom by staff, students, or volunteers. Students eat during the beginning of class while teachers begin instruction.



- Highest participation of all models**
- Greatest stigma-eliminator
- Works well for all grades - K through 12
- Fosters sense of classroom community
- Learning curve for all staff

89%



SECOND CHANCE BREAKFAST



Breakfast is offered after 1st period or during a morning nutrition break. Students can take a bagged meal to eat in the hallway or a common area, or food can be served in the cafeteria traditional-style.



- Flexibility in breakfast pickup location
- Flexibility in where students eat
- Best for Middle and High Schoolers
- Fills gap between breakfast and lunch**
- Time management and efficiency

50%

10:00am

**TRADITIONAL
BREAKFAST**



Unknown - MT SNA Website

**GRAB N' GO
BREAKFAST**



Darby

**BREAKFAST IN
THE CLASSROOM**



Belgrade

**SECOND CHANCE
BREAKFAST**



Noxon



Westby



Browning



Billings



Helena - CR Anderson Middle



Unknown - MT SNA Website



Hardin



Poplar



Lockwood



Sunburst



Helena - Smith Elementary



Stevensville



Lockwood