

Montana Office of Public Instruction  
Tracy Moseman, Division Administrator  
Health Enhancement & Safety

# Youth Risk Behavior Survey

---

2019 Montana Results

September 2019



## Youth Risk Behavior Survey

- Since 1991, the YRBS has been conducted in Montana schools by the U.S. Centers for Disease Control and Prevention (CDC), through a cooperative agreement with the Montana OPI, to measure and monitor health risk behaviors among young people that can result in morbidity and mortality.
- A self-reporting student survey – Montana high schools and grades 7-8 schools can participate.
- Six topics:
  - Unintentional Injuries and Violence
  - Tobacco Use
  - Alcohol and Other Drug Use
  - Sexual Behaviors that can Result in Unintended Pregnancy and STI
  - Nutrition and Dietary Behaviors
  - Physical Inactivity



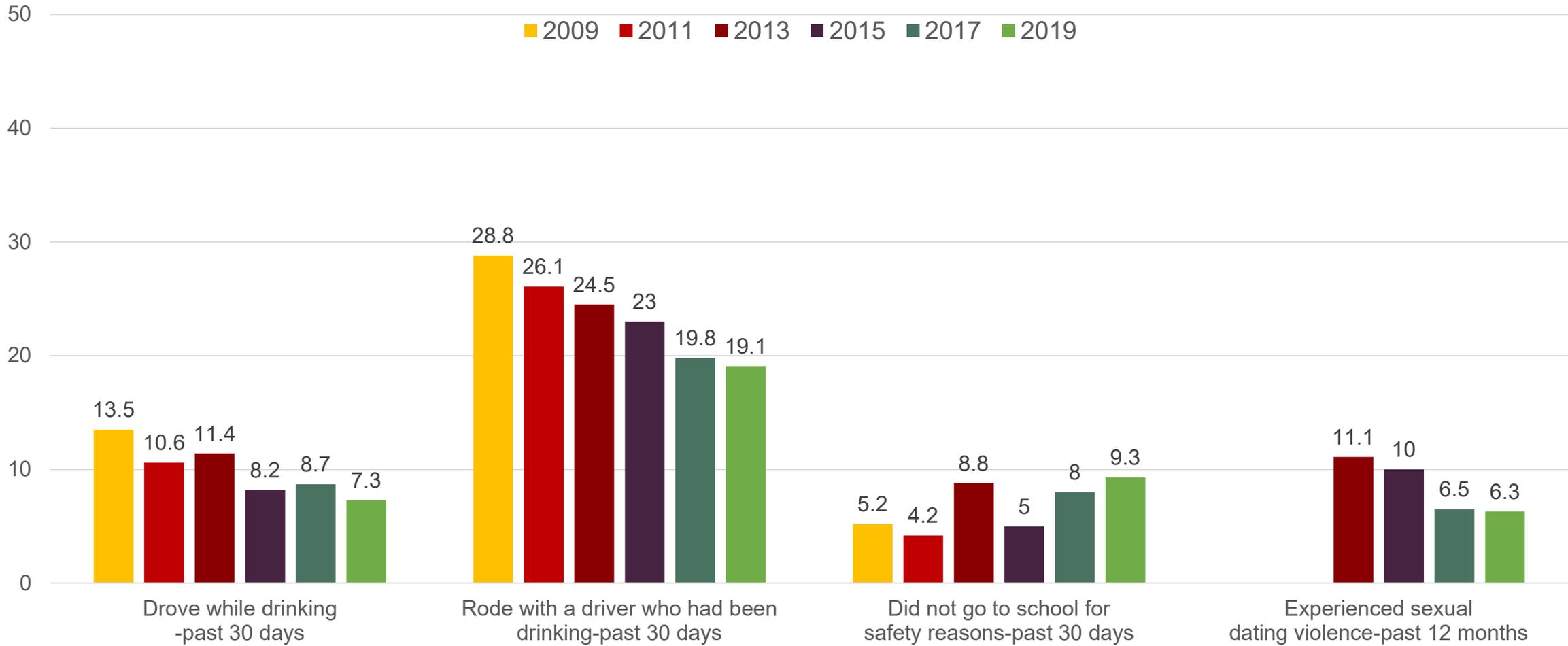
## Montana Reports Available

- The Montana High School YRBS (statewide) with results by race for Hispanic, Native American, and White
- Montana and United States Comparative Data
- Montana Trend Analysis
- Other Student Populations:
  - Grades 7-8
  - Native American Students on or near a Reservation
  - Native American Students in Urban Schools
  - Non-Public Accredited School Students
  - Alternative School Students and
  - Students with Disabilities.
- Regional Data for the nine MASS (Montana Association of School Superintendents) regions
- County Data (if there is more than one school in the county)
- Special Series: Homelessness, Tobacco, Suicide
- School-Specific Results can be accessed by designated school personnel through a secure portal



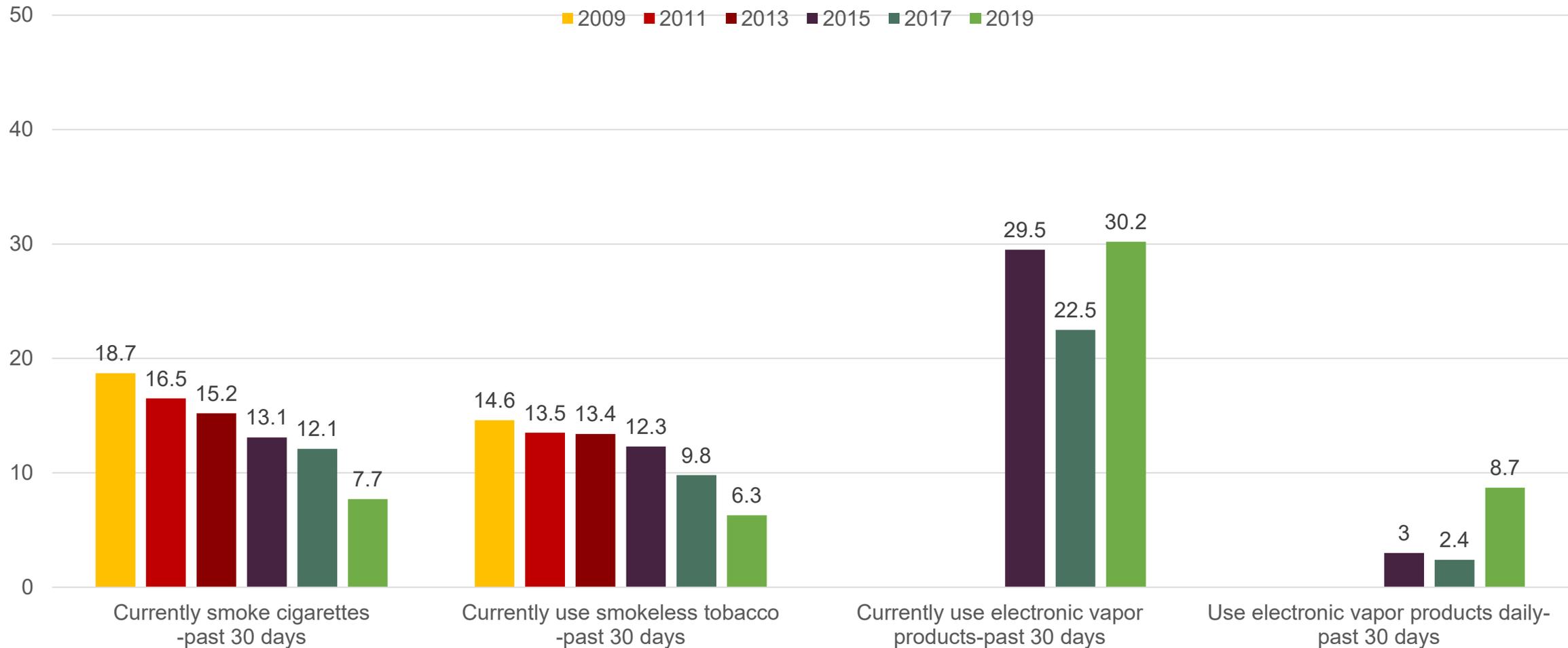
# Unintentional Injuries and Violence

10-Year Trend Analysis, Percentage of Montana high school students



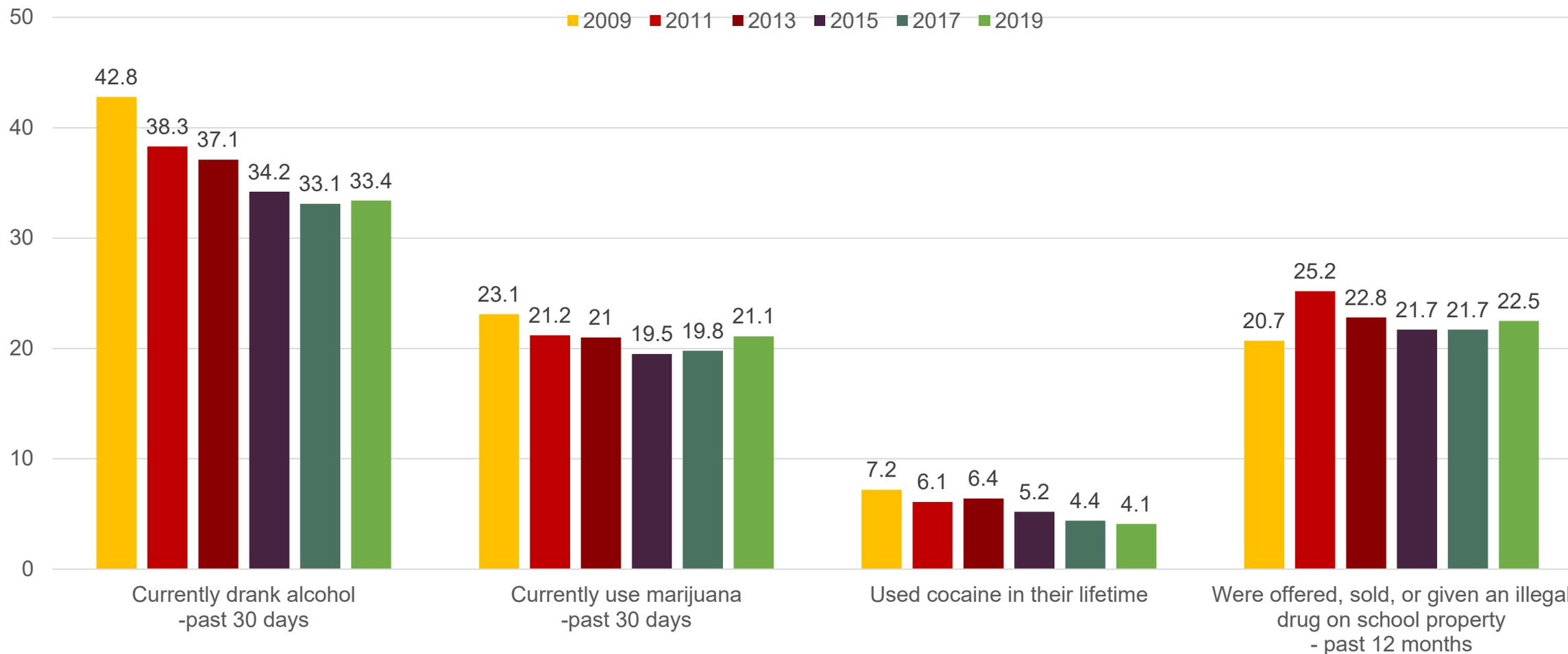
# Tobacco Use

10-Year Trend analysis, Percentage of Montana high school students



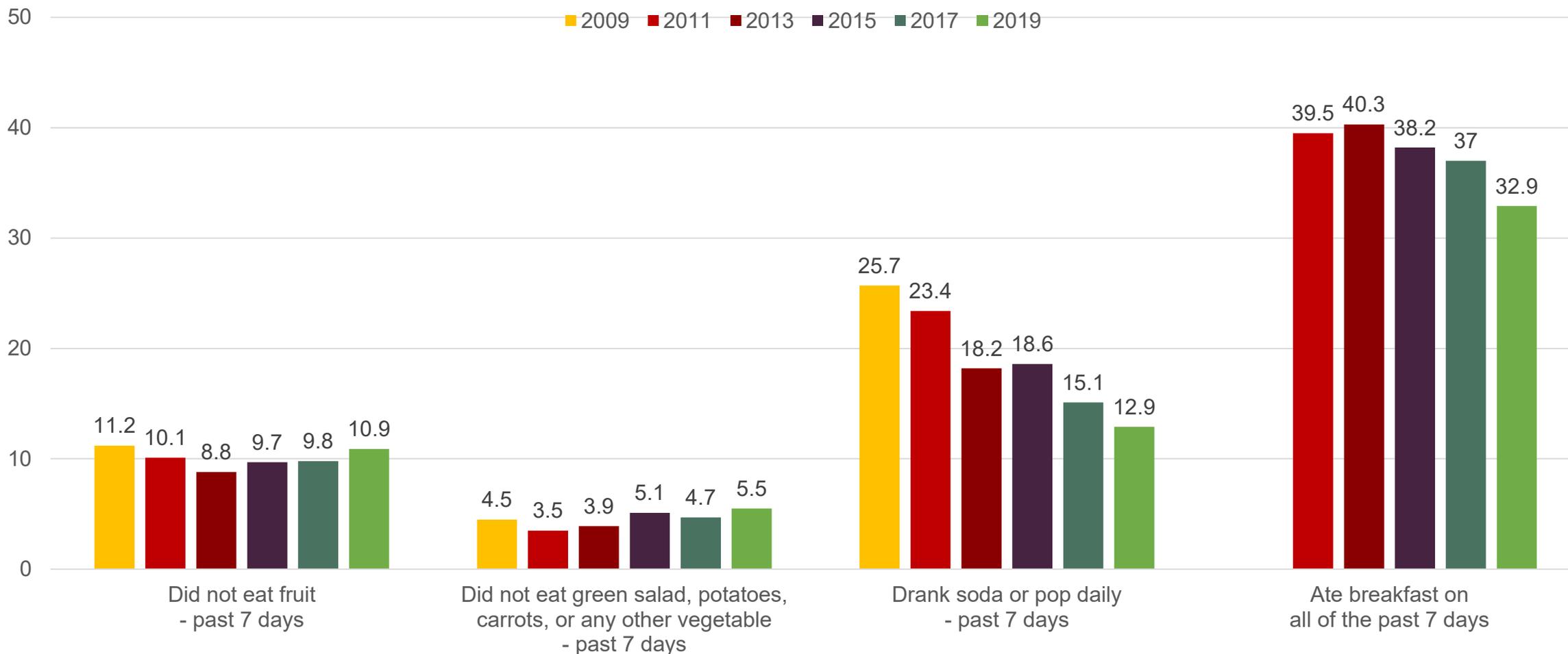
# Alcohol and Other Drug Use

10-Year Trend analysis, Percentage of Montana high school students



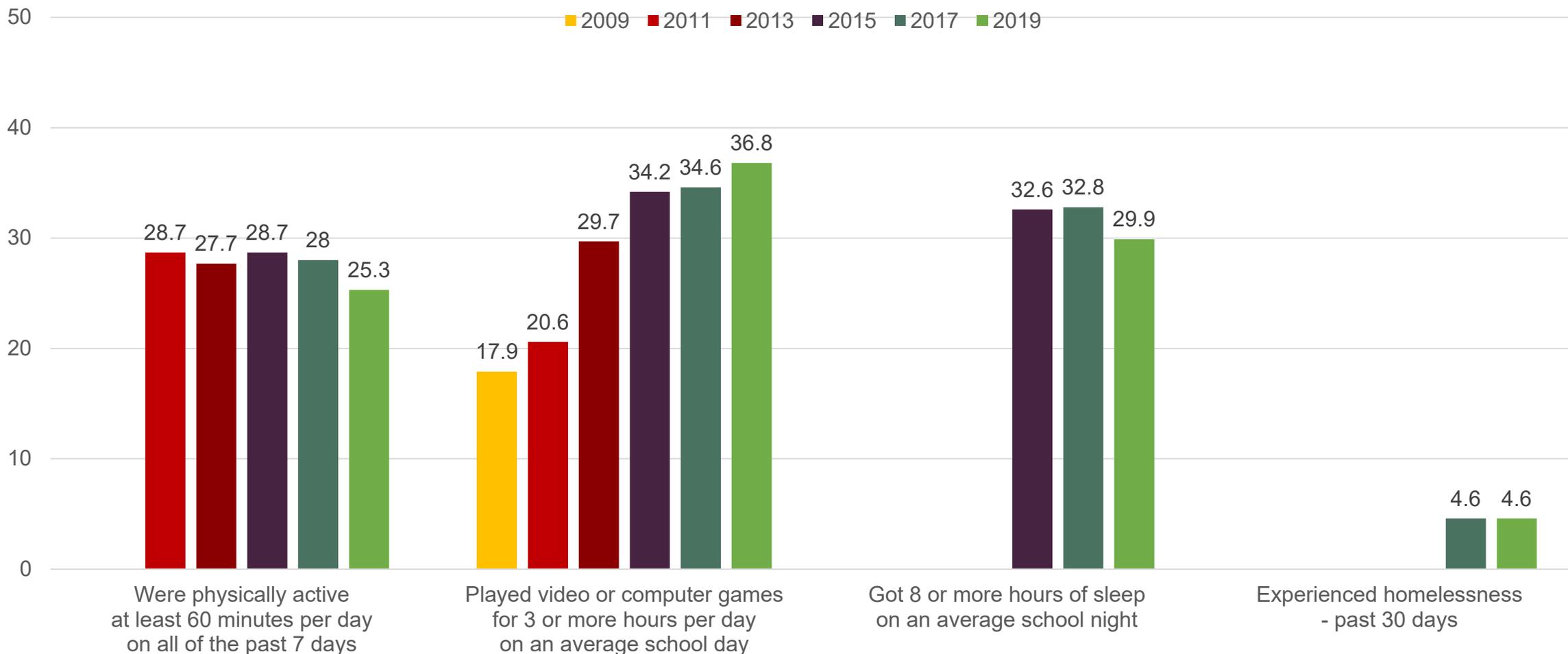
# Nutrition and Dietary Behaviors

10-Year Trend analysis, Percentage of Montana high school students



# Physical Inactivity and Other Behaviors

10-Year Trend analysis, Percentage of Montana high school students



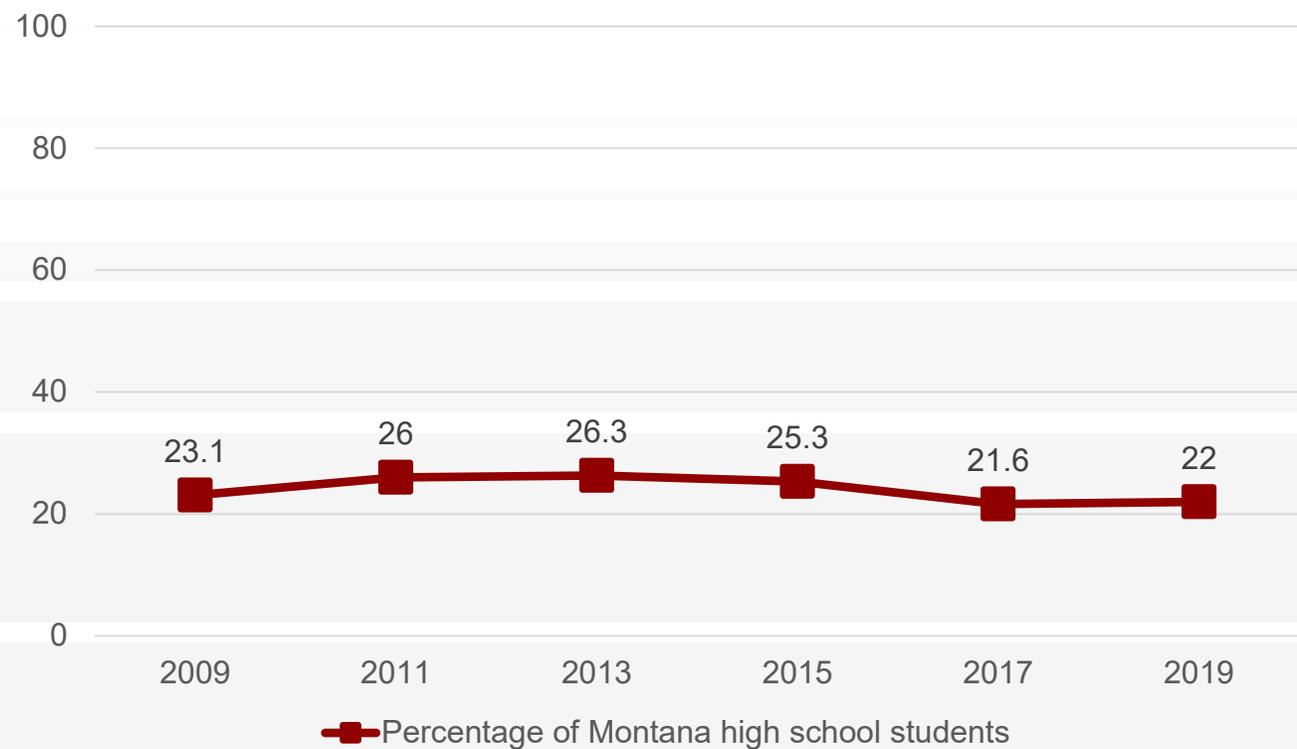


# **Bullying and Mental ▶ Health Behaviors**

2019 Montana

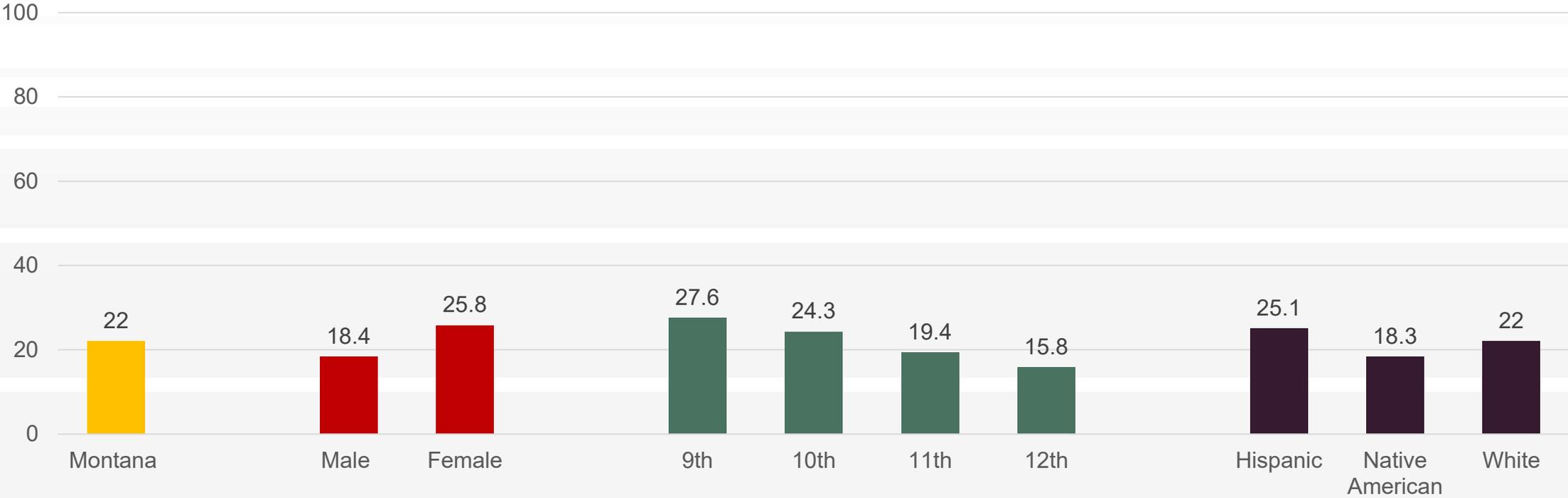
Youth Risk Behavior Survey

## Were Bullied on School Property – past 12 months

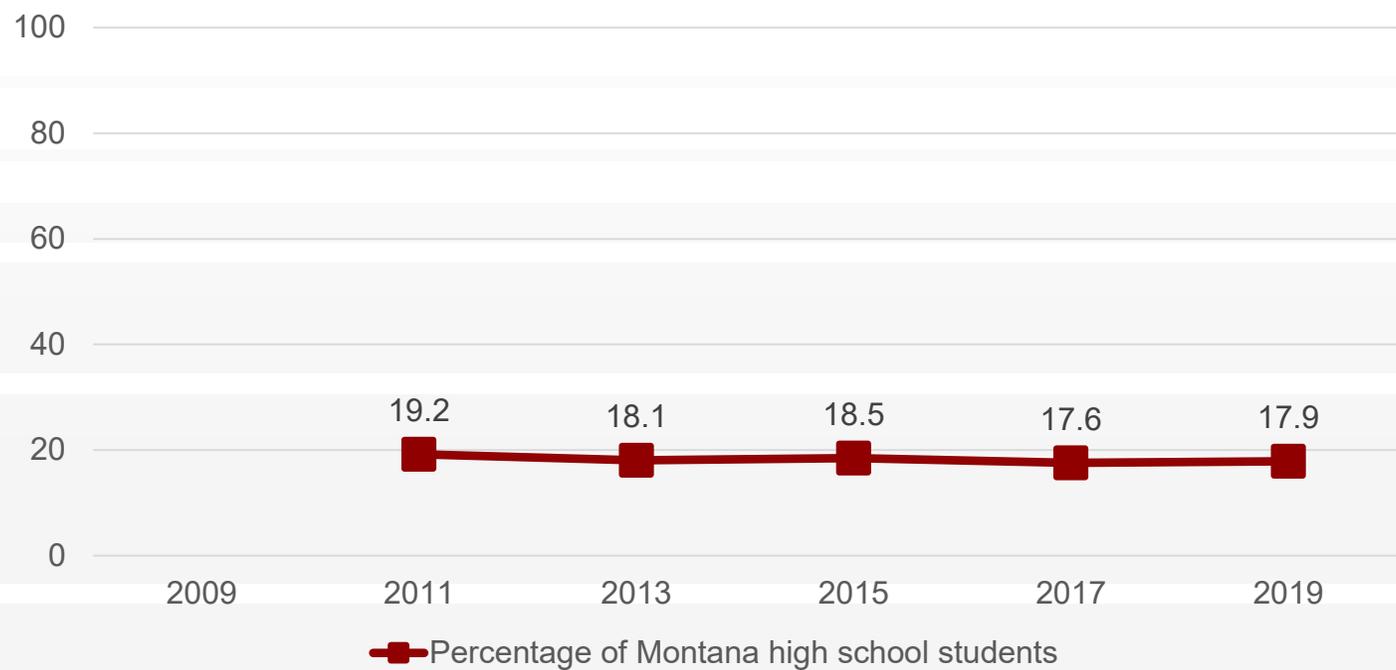


# Were Bullied on School Property – past 12 months, percentage of Montana high school students

Total-Gender-Grade Level-Race/Ethnicity



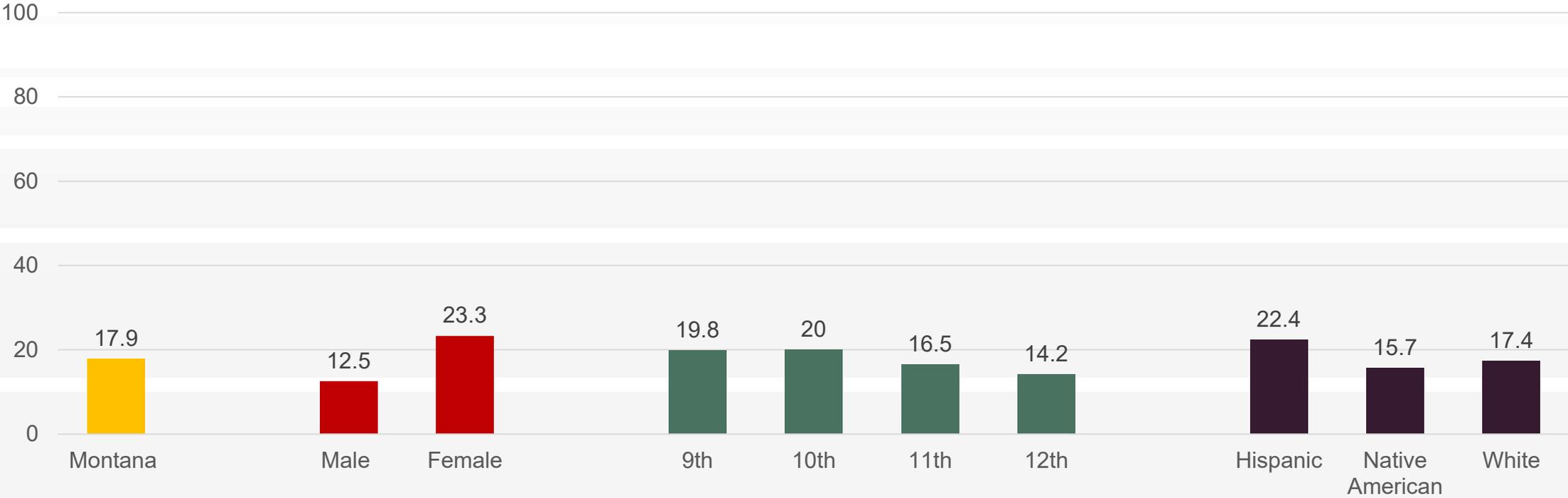
## Were Electronically Bullied – past 12 months



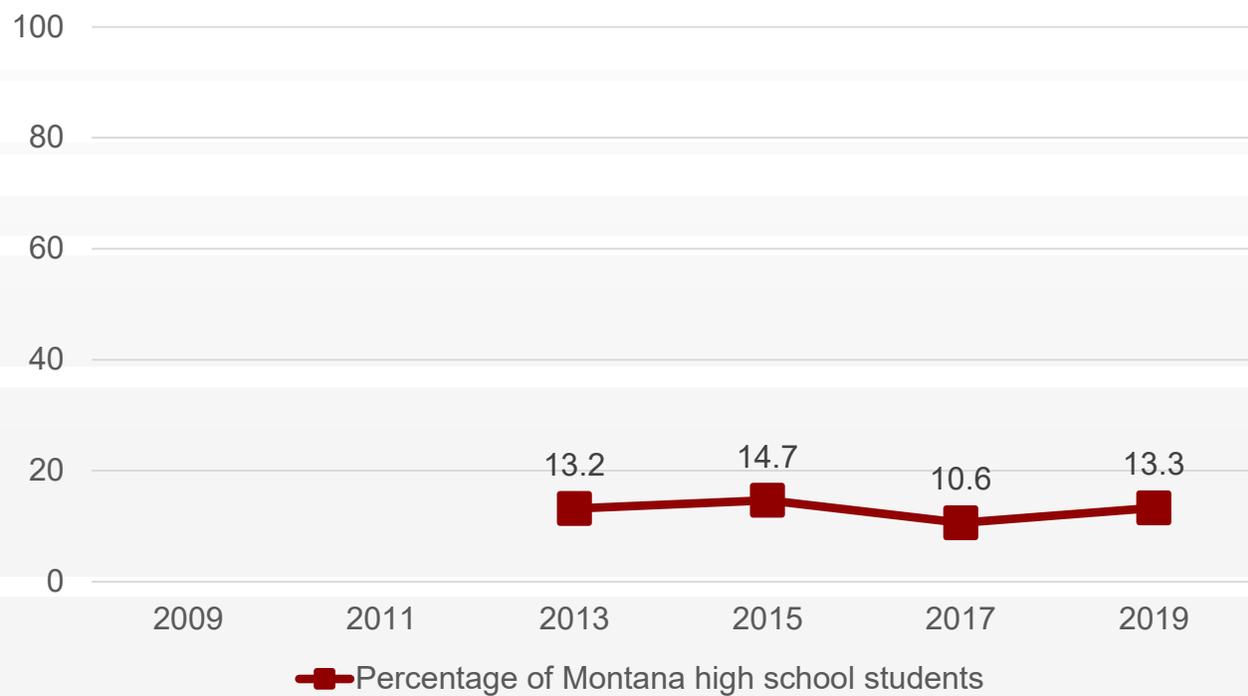
# Were Electronically Bullied, past 12 months

percentage of Montana high school students

Total-Gender-Grade Level-Race/Ethnicity



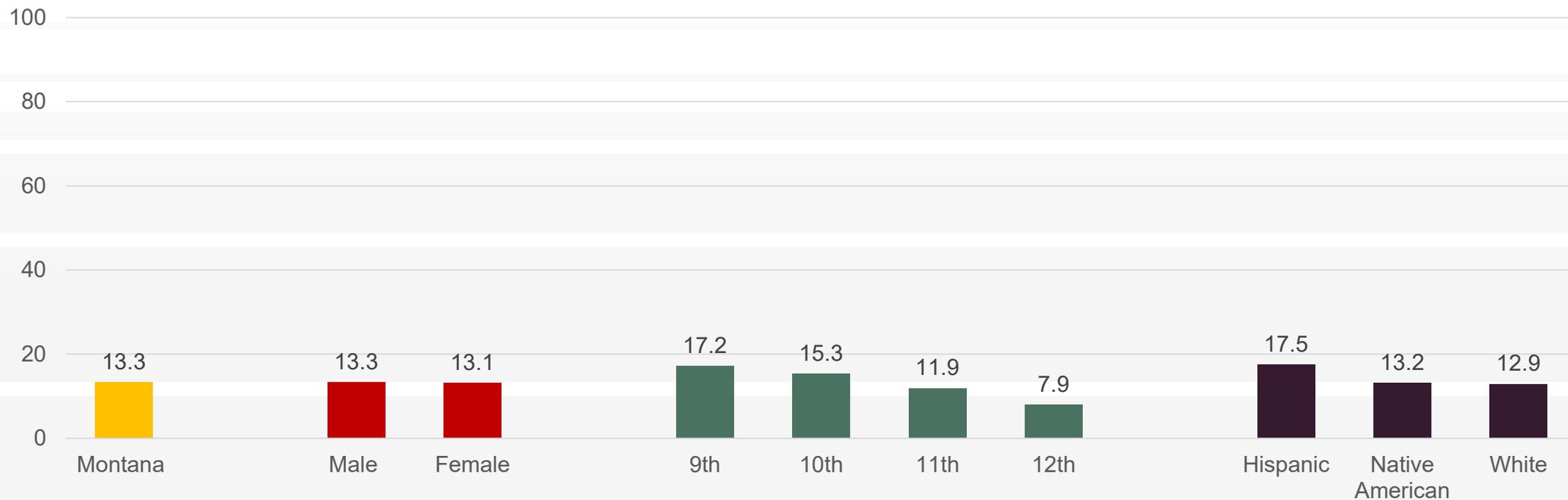
## Victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual – past 12 months



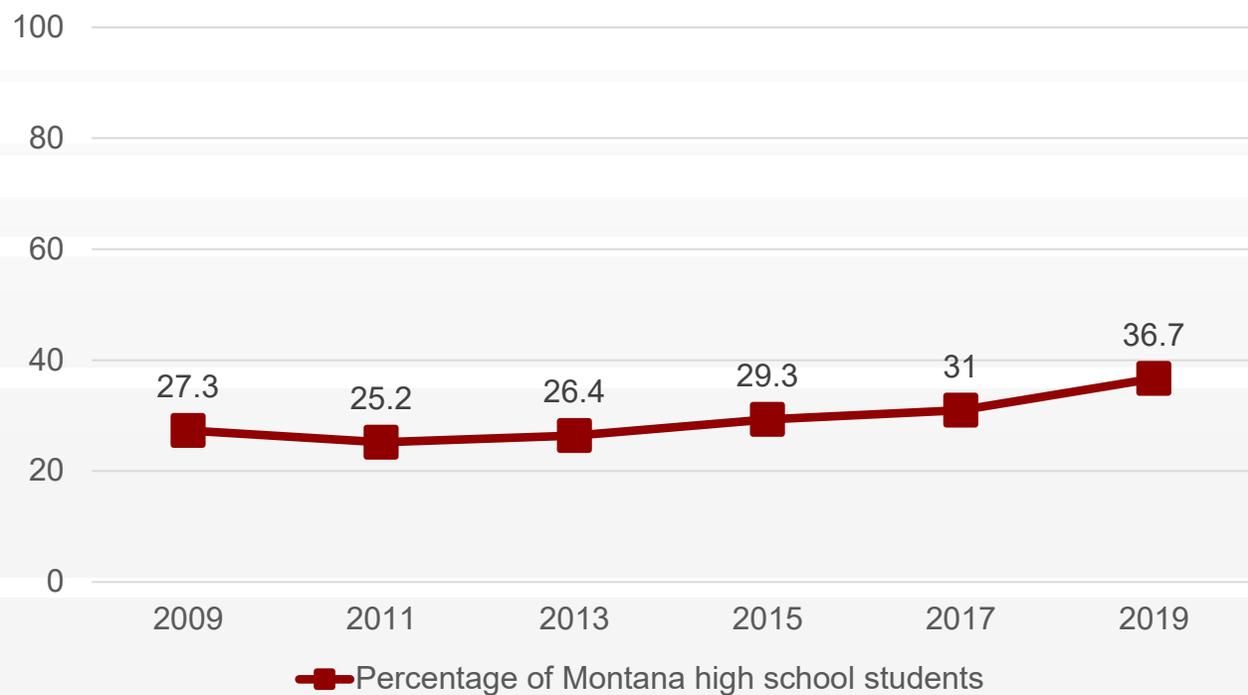
# Victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual – past 12 months

percentage of Montana high school students

Total-Gender-Grade Level-Race/Ethnicity



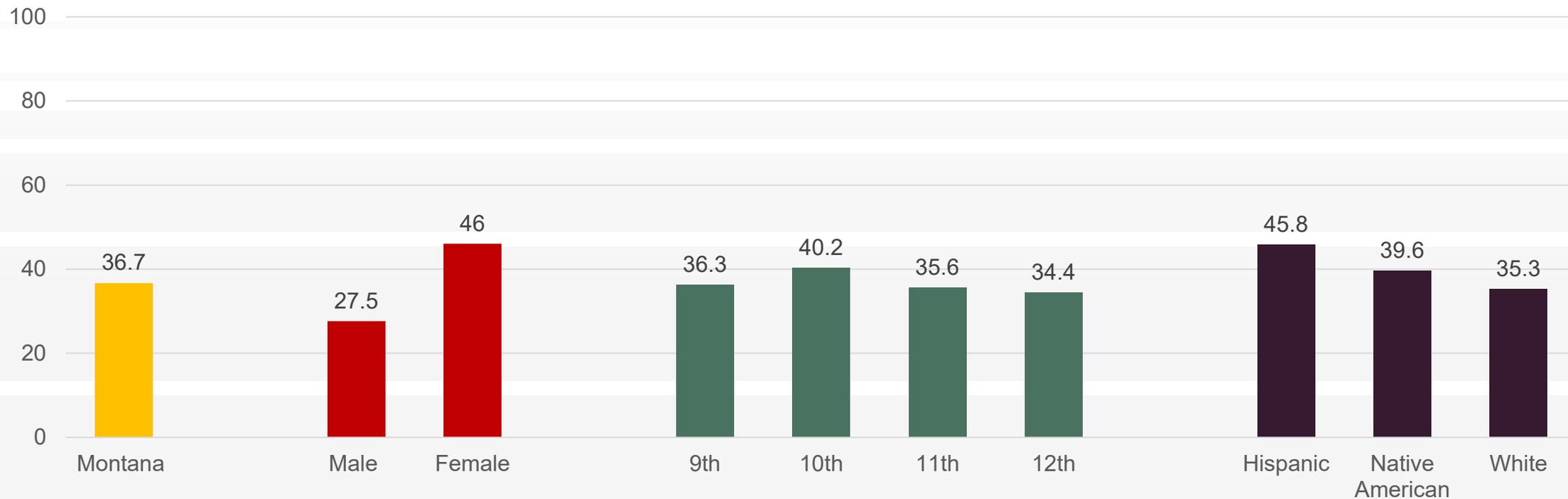
## Felt sad or hopeless for 2 weeks or more in a row that they stopped doing usual activities – past 12 months



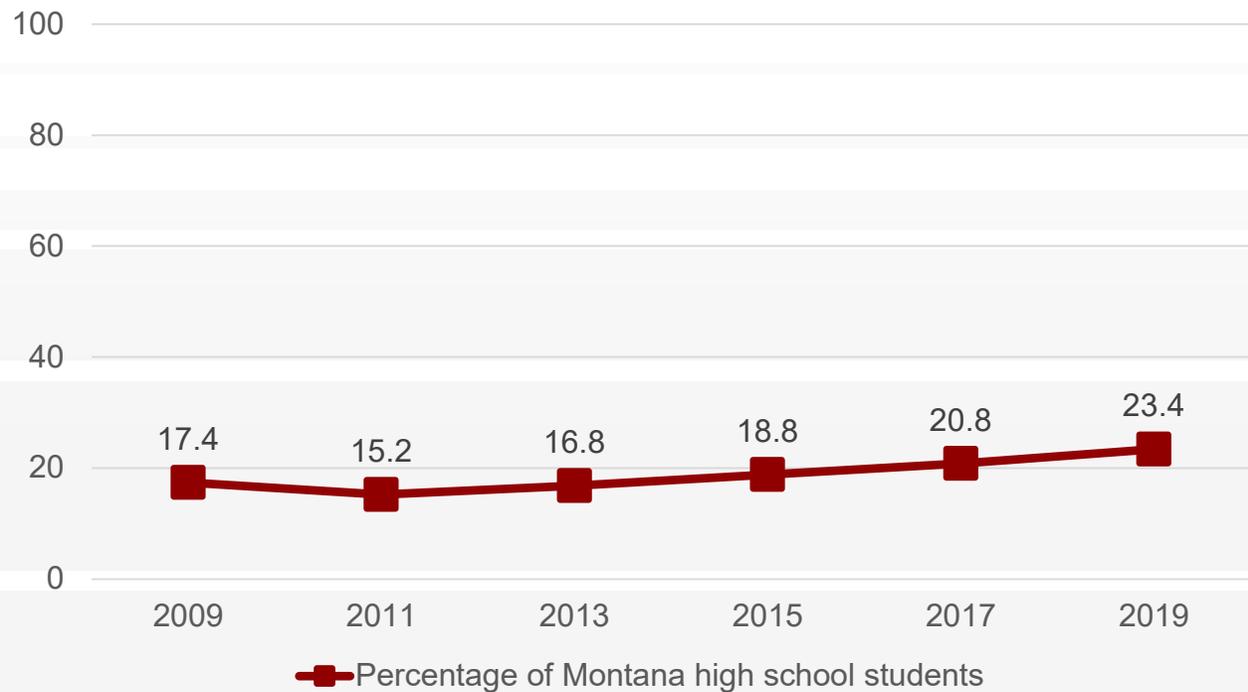
# Felt sad or hopeless for 2 weeks or more in a row that they stopped doing usual activities – past 12 months

percentage of Montana high school students

Total-Gender-Grade Level-Race/Ethnicity



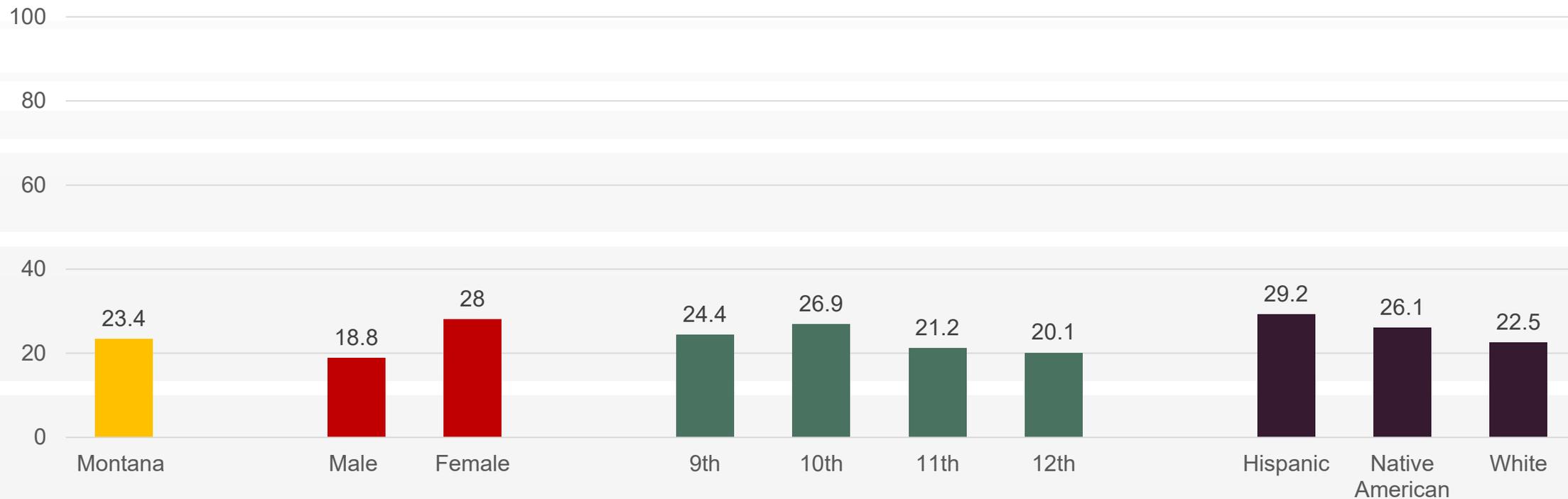
## Seriously considered attempting suicide - past 12 months



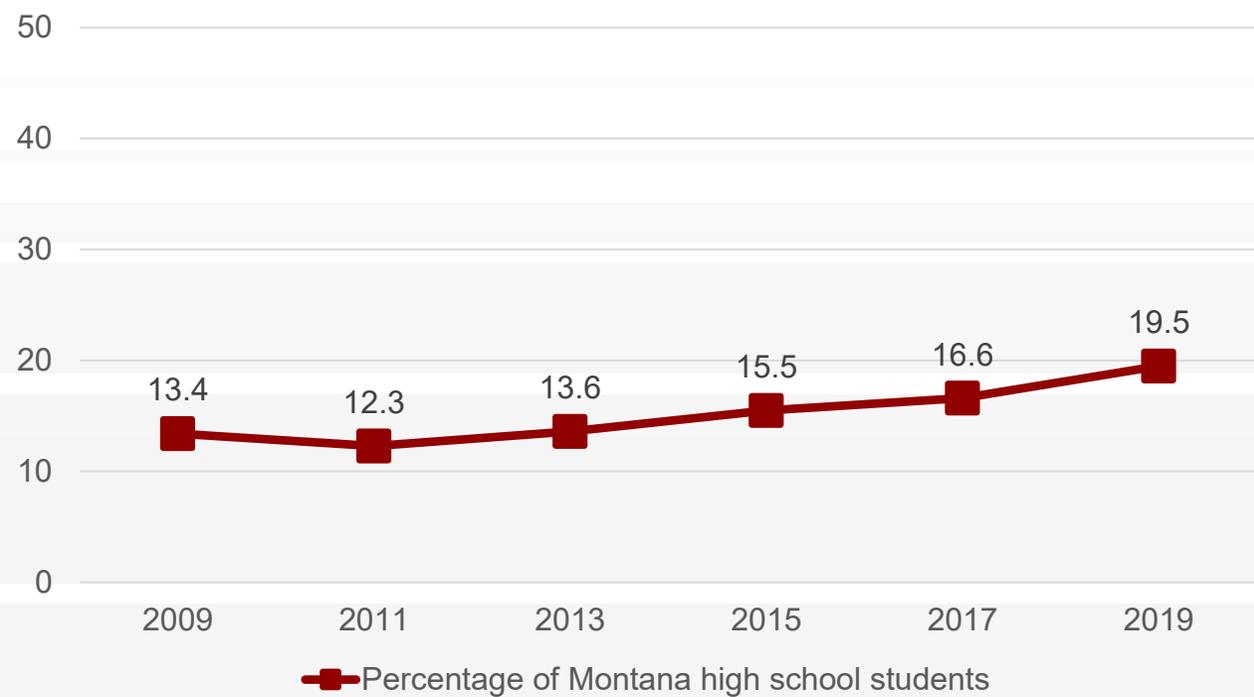
# Seriously considered attempting suicide – past 12 months

percentage of Montana high school students

Total-Gender-Grade Level-Race/Ethnicity



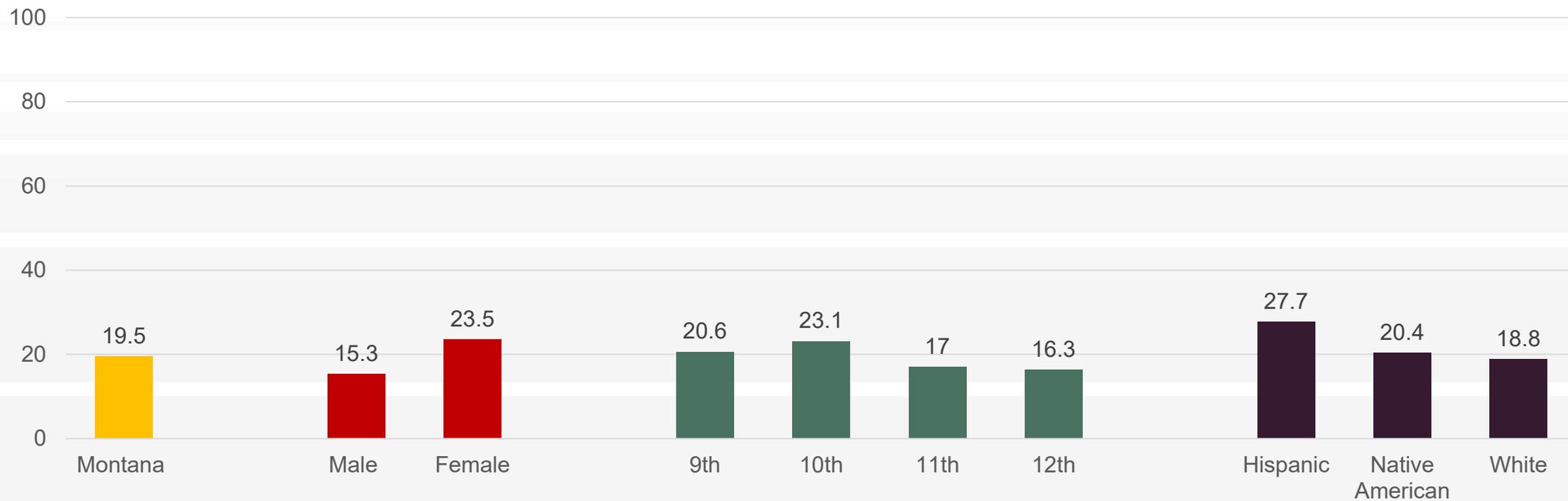
## Made a suicide plan - past 12 months



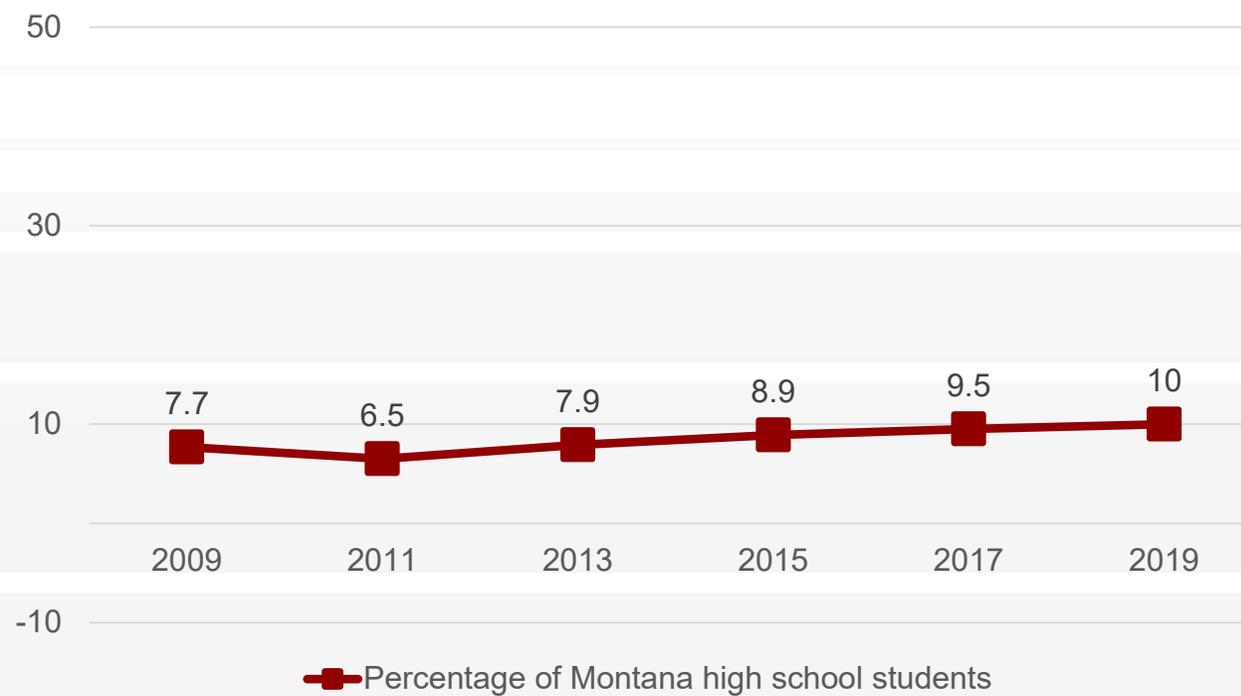
# Made a suicide plan – past 12 months

percentage of Montana high school students

Total-Gender-Grade Level-Race/Ethnicity



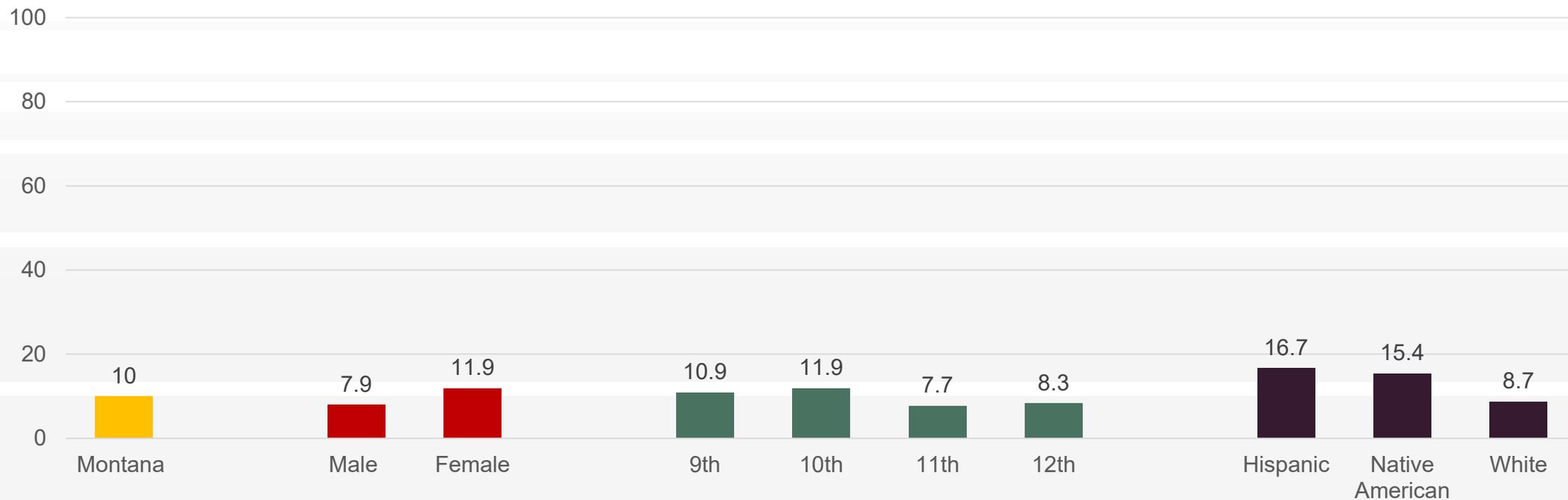
## Attempted suicide - past 12 months



# Attempted suicide – past 12 months

percentage of Montana high school students

Total-Gender-Grade Level-Race/Ethnicity





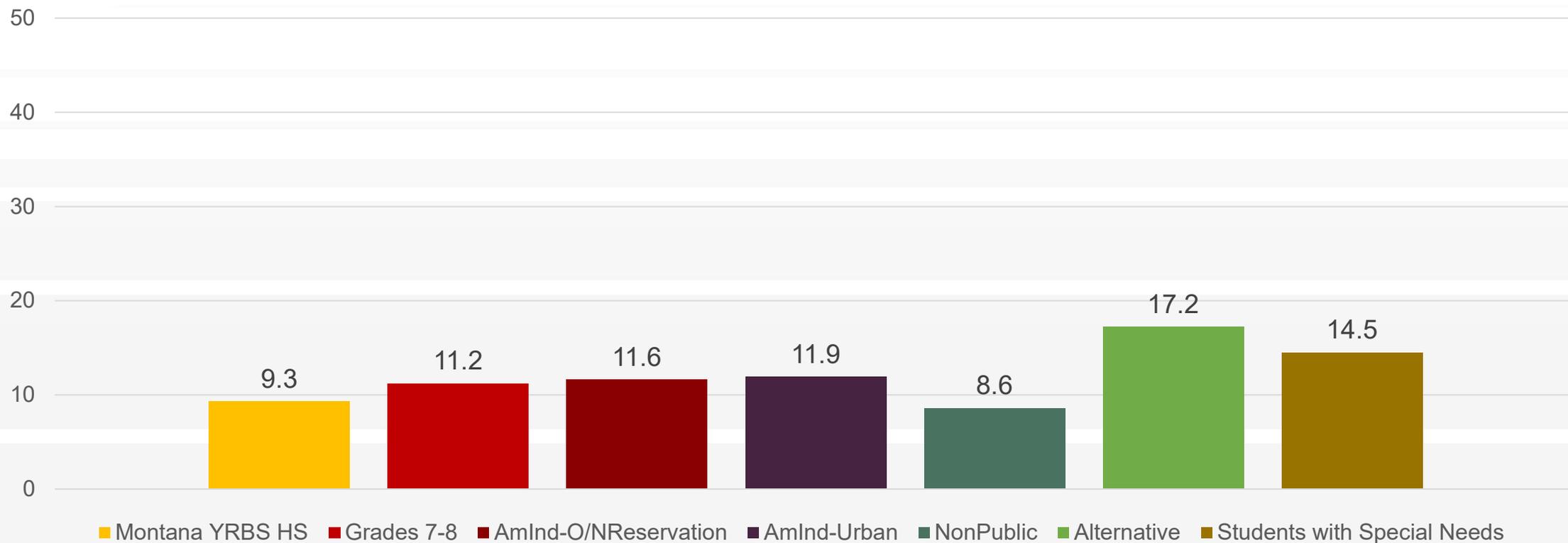
# Student Population

## ▶ Subsets

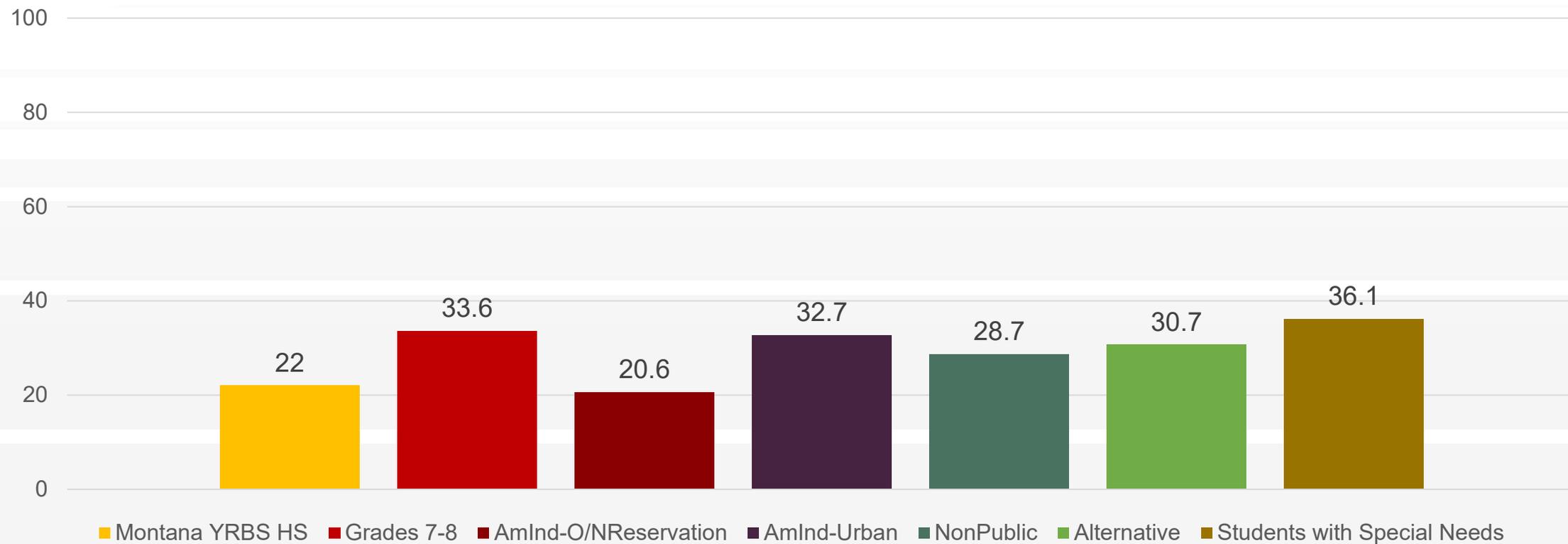
2019 Montana

Youth Risk Behavior Survey

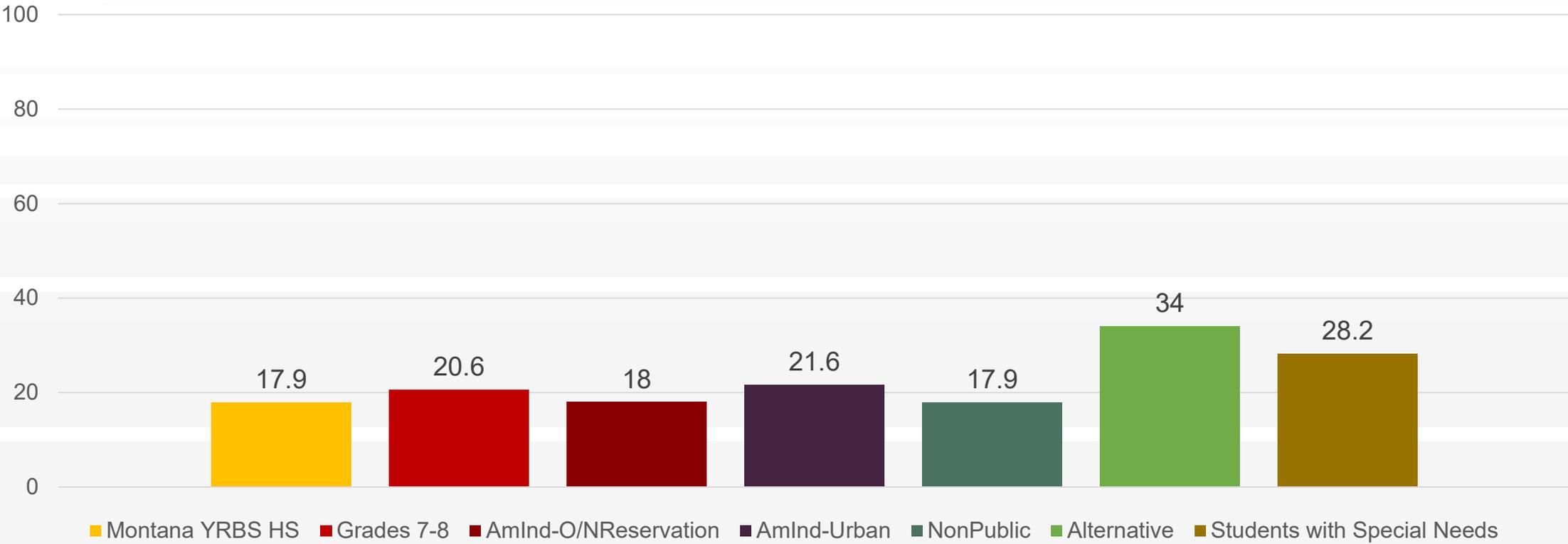
## Did not go to school because they felt unsafe at school or on their way to or from school/past 30 days



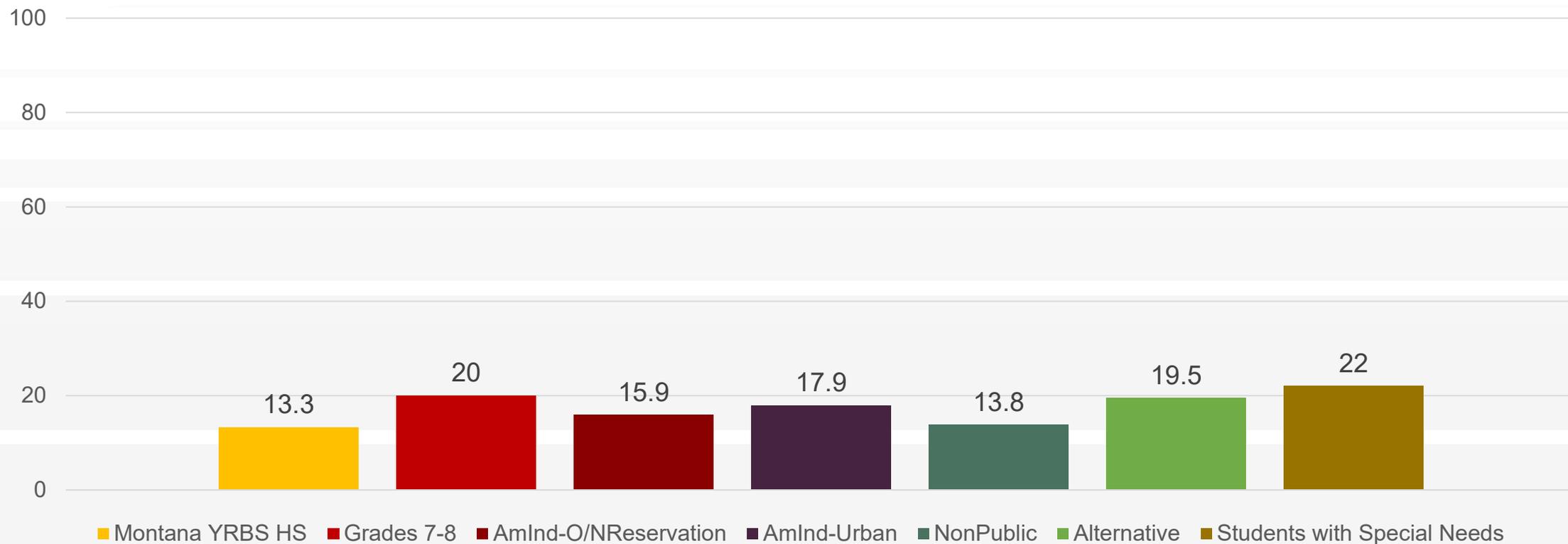
## Were bullied on school property/past 12 months



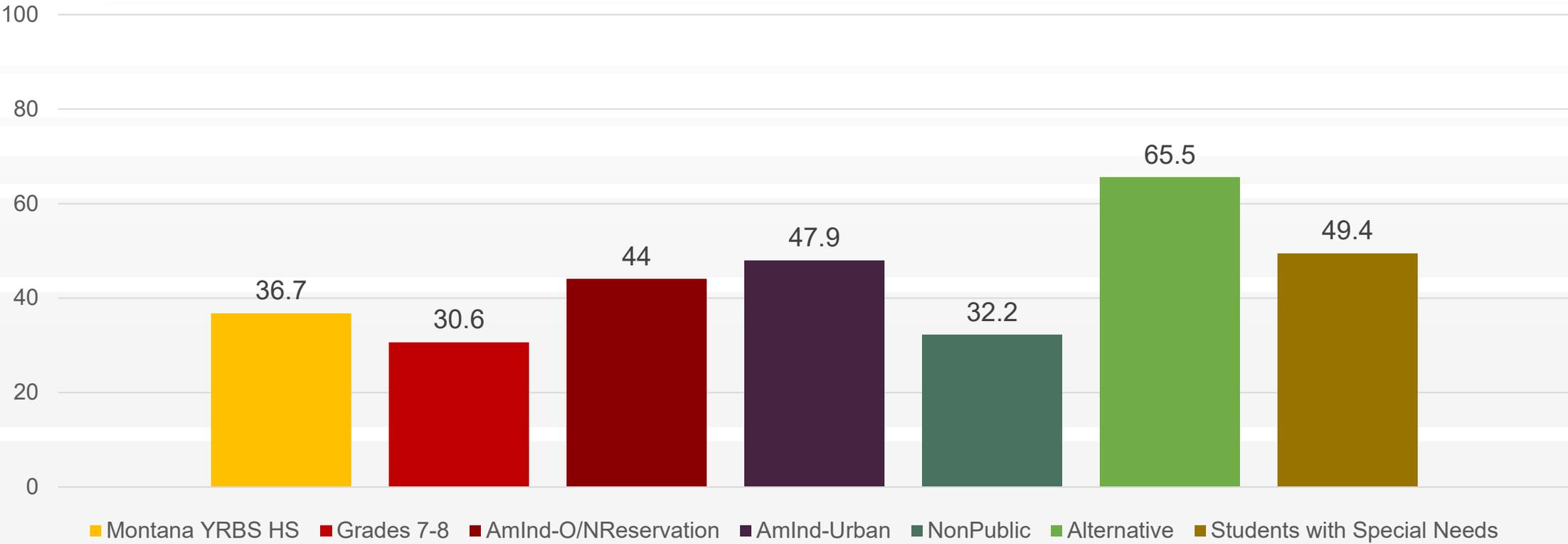
# Were electronically bullied/past 12 months



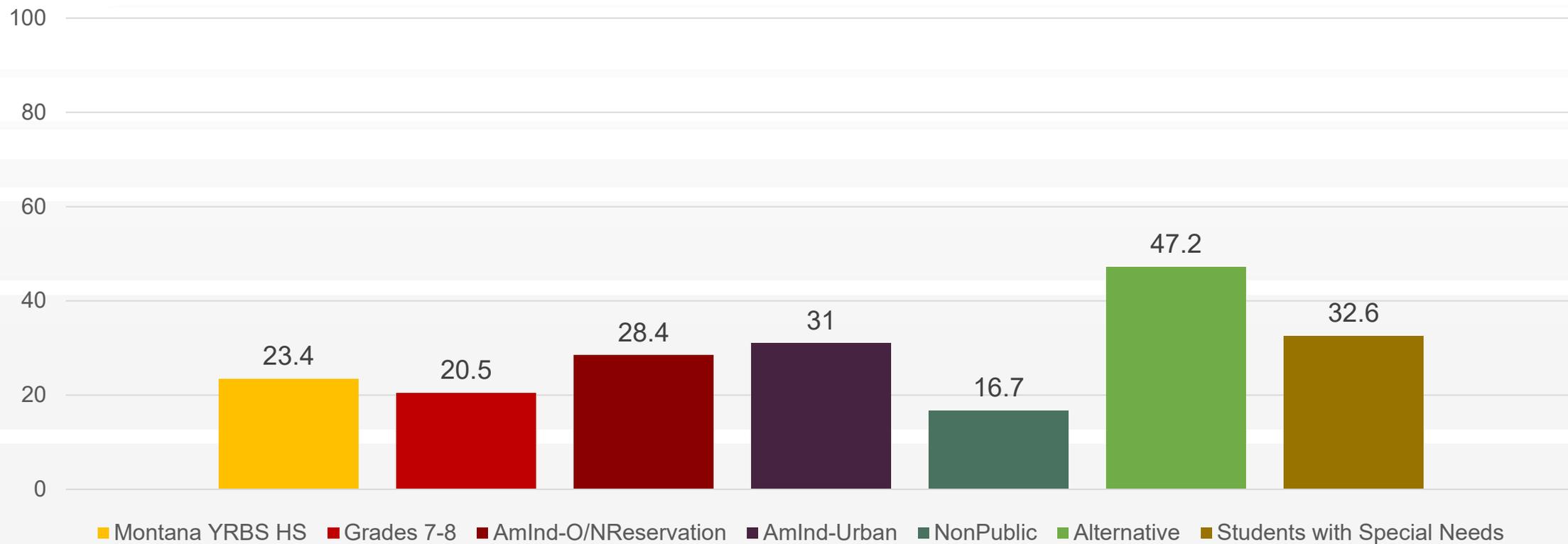
## Had been victimized because someone thought they were gay, lesbian, or bisexual/past 12 months



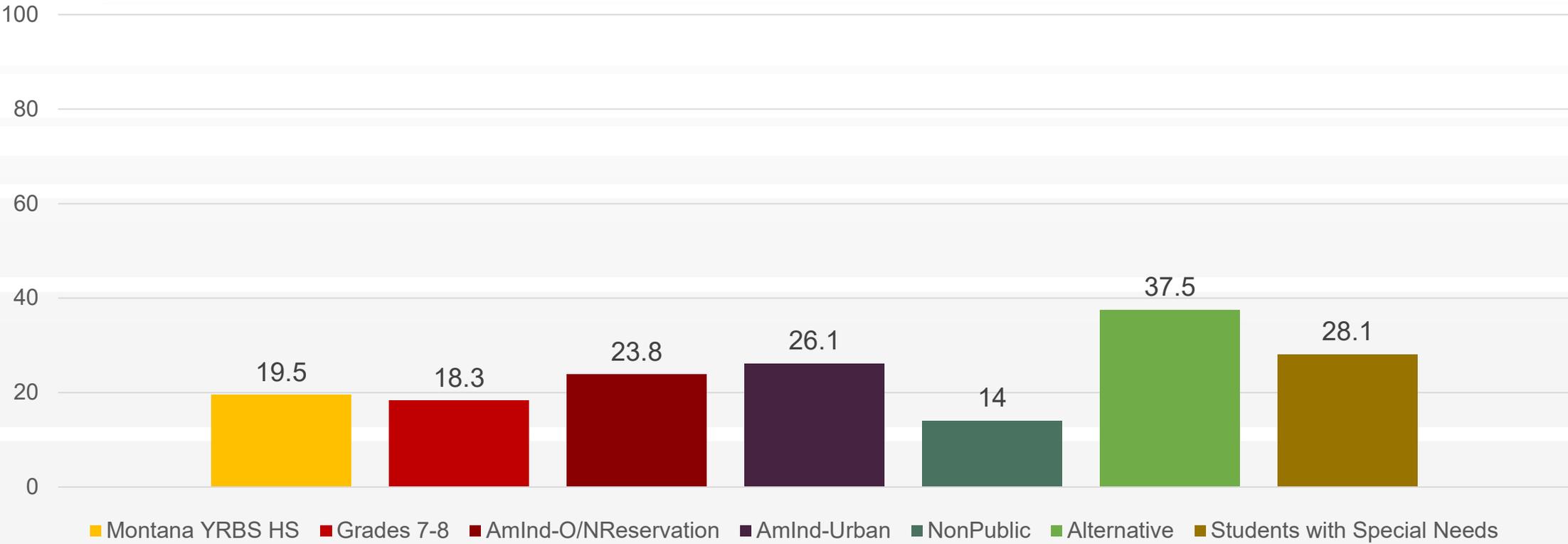
# Felt sad or hopeless for 2 or more weeks in a row that they stopped doing usual activities/past 12 months



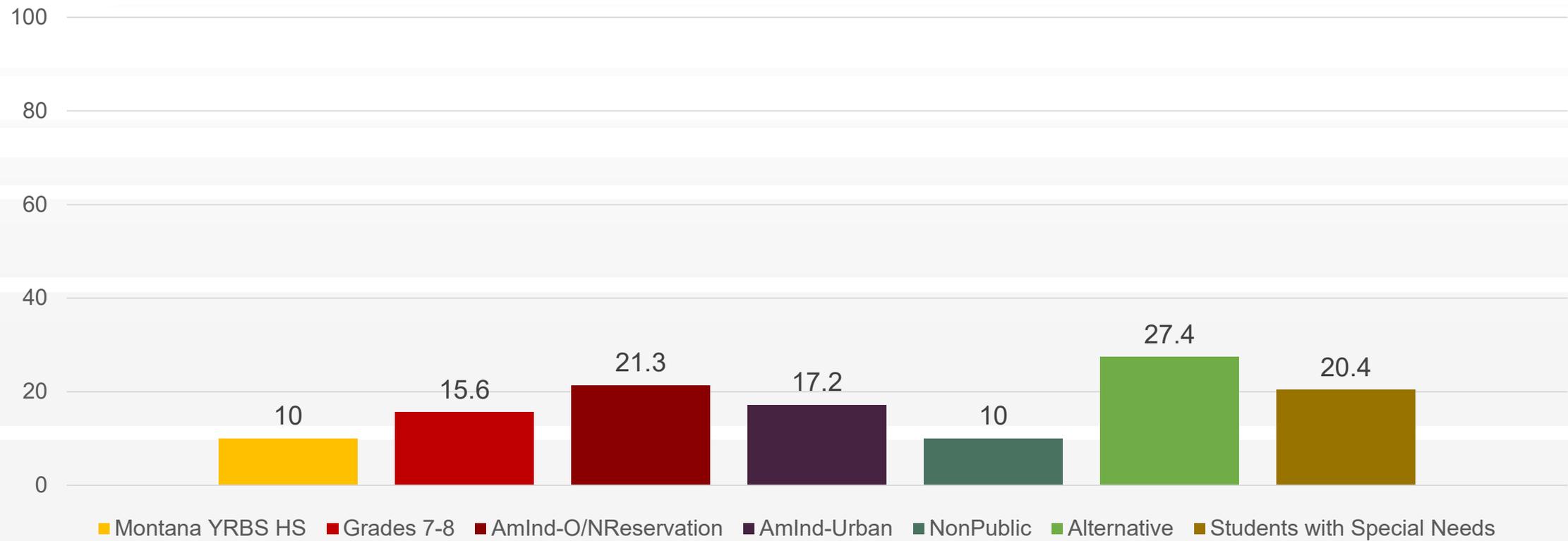
## Seriously considered attempting suicide/past 12 months



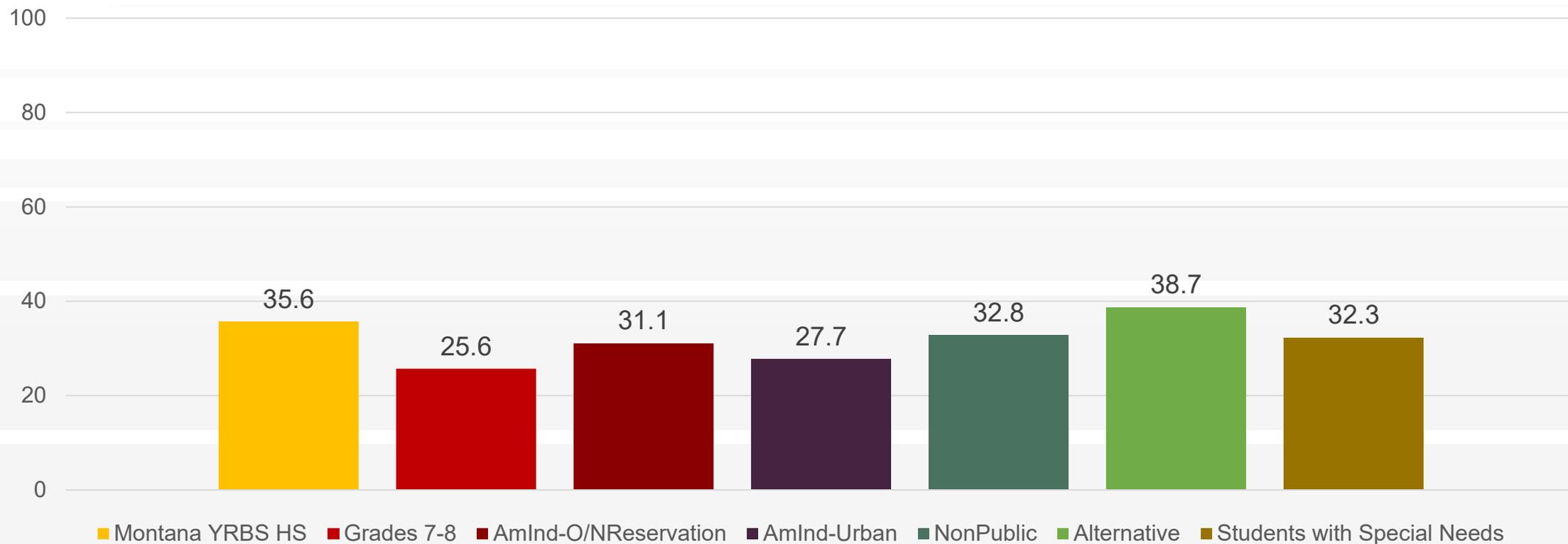
# Made a plan about how they would attempt suicide/past 12 months



## Attempted suicide/past 12 months



## Of students who attempted suicide, the percentage who had an attempt that required medical treatment/past 12 months



# Montana Youth Risk Behavior Survey

Montana Office of Public Instruction  
[www.opi.mt.gov/yrbs](http://www.opi.mt.gov/yrbs)

