

Healthy Montana Kids Summary 8-26-2021

The Healthy Montana Kids (HMK) Plan provides low-cost or free health coverage for children and teens up to age 19.

HMK currently serves 21,532 children and teens, as of May 2021.

Children in families earning more than 143% and up to 261% of the Federal Poverty Guideline may be eligible for HMK coverage.

DPHHS utilizes a third-party administrator (TPA) contractor, Blue Cross and Blue Shield of Montana (BCBSMT). BCBSMT contracts with providers, administers their fee schedule, authorizes services, and reimburses providers.

HMK covers the following Substance Use Disorder (SUD) Benefits:

- Detox;
- Tobacco cessation;
- Medication assisted treatment;
- Inpatient and Outpatient Treatment; and
- Outpatient therapy.

HMK covers the following Mental Health Benefits which can also enhance (SUD) benefits for children with both mental health and substance use disorder conditions:

- Outpatient psychotherapy with no limits;
- Behavioral health screening and assessments;
- Inpatient and Outpatient Treatment;
- Psychiatric hospitalization;
- Psychological testing;
- Psychiatric Residential Treatment Facility (PRTF) care;
- Autism treatment;
- Physical, Speech, and Occupation therapies;
- Therapeutic Group Home Care (although room and board cannot be covered with federal money);
- Community Based Psychiatric Rehabilitation and Support;
- Day Treatment; and
- Respite Care.

Outpatient Mental Health Services

4,174 HMK Members accessed this service in SFY 20.

This category includes outpatient psychotherapy, individual, family, and group with a licensed therapist, and

substance use disorder counselling.

There are no limits for this service and prior authorization is not required.

Extended Mental Health Services

275 HMK Members accessed this service in SFY 20.

This category includes Community Based Psychiatric Rehabilitation and Support, Home Support, and Respite Care.

Children receiving this service must meet the Montana Medicaid Severe Emotional Disturbance (SED) Criteria.

Psychiatric Inpatient

121 HMK Members utilized acute hospitalization for psychiatric or substance use disorder diagnosis in SFY 20.

Psychiatric Residential Treatment Facility

126 HMK Members utilized mental health and substance use disorder treatment in SFY 20.

Prior authorization is needed for placement in a treatment facility.

Therapeutic Youth Group Home (TGH)

14 HMK Members had a TGH stay.

TGH is an intensive outpatient therapy for children with a SED diagnosis. Prior Authorization is required.

CMS does not allow the room and board to be paid with the federal Title XX1 funds.

Prior authorization is required for this service.