

# 2021 Montana Youth Risk Behavior Survey (YRBS) County-Level Data

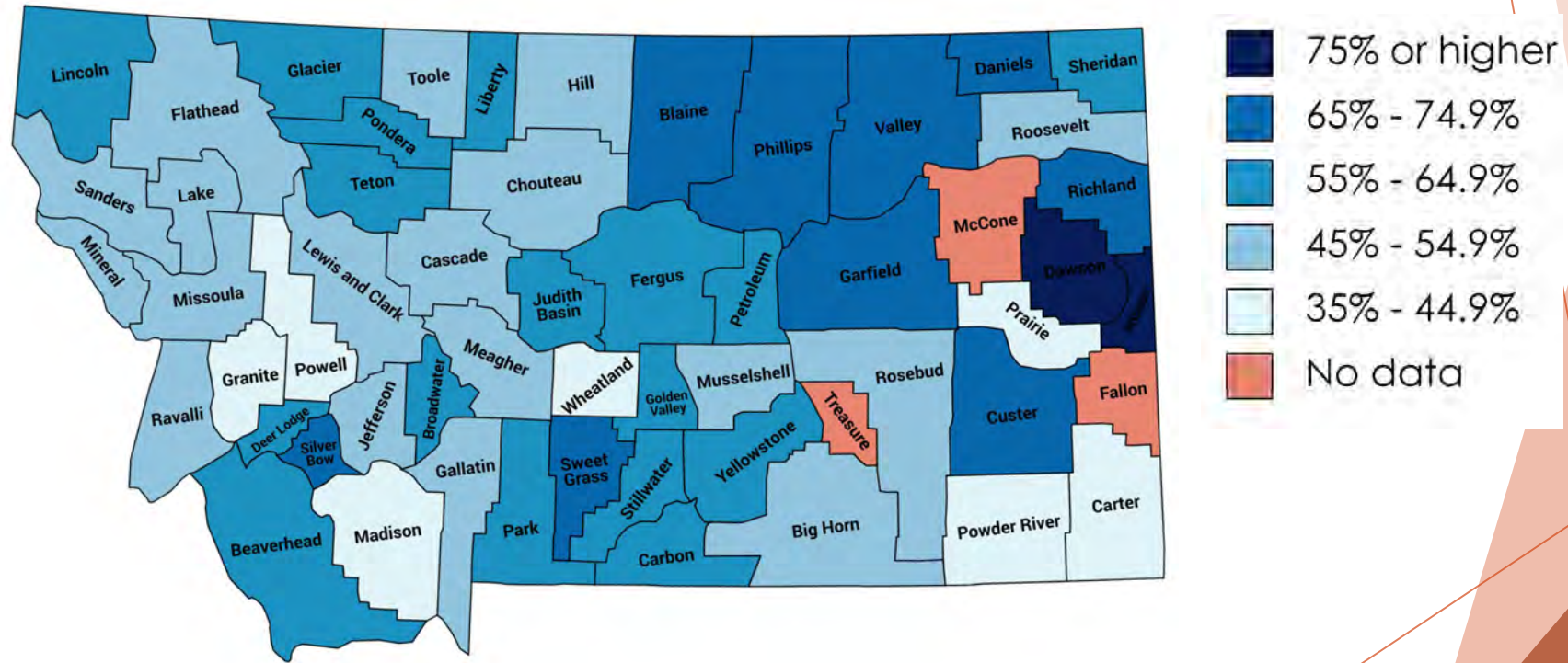
Presentation for the Education Interim Committee  
September 13, 2021



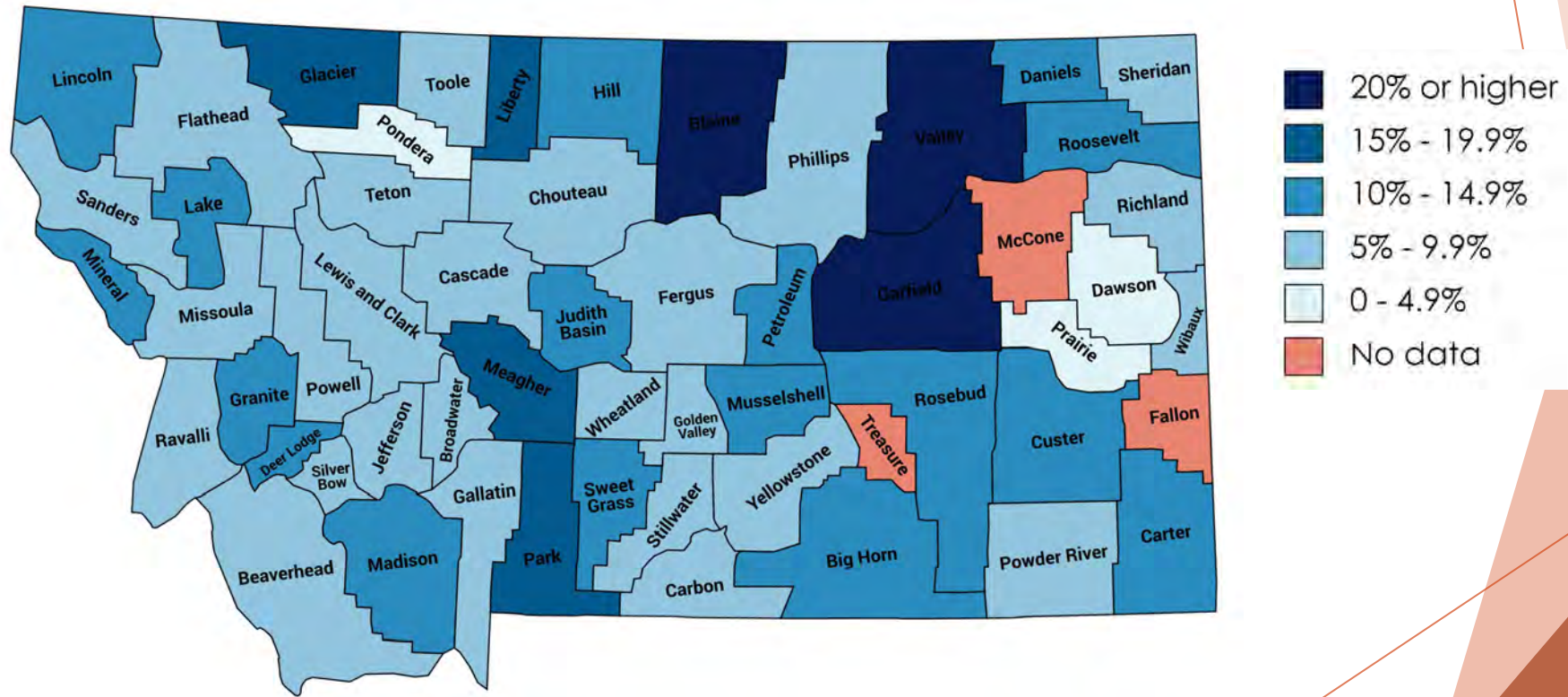
# What is the YRBS?

- Developed by the U.S. Centers for Disease Control and Prevention (CDC) in 1991 as a measurement of health risk behaviors that contribute to the leading causes of mortality, morbidity, and social problems among youth and adults in the United States.
- These behaviors fall into six categories:
  - Unintentional injuries and violence
  - Tobacco use
  - Alcohol and other drug use
  - Sexual behaviors
  - Dietary behaviors and nutrition
  - Physical inactivity

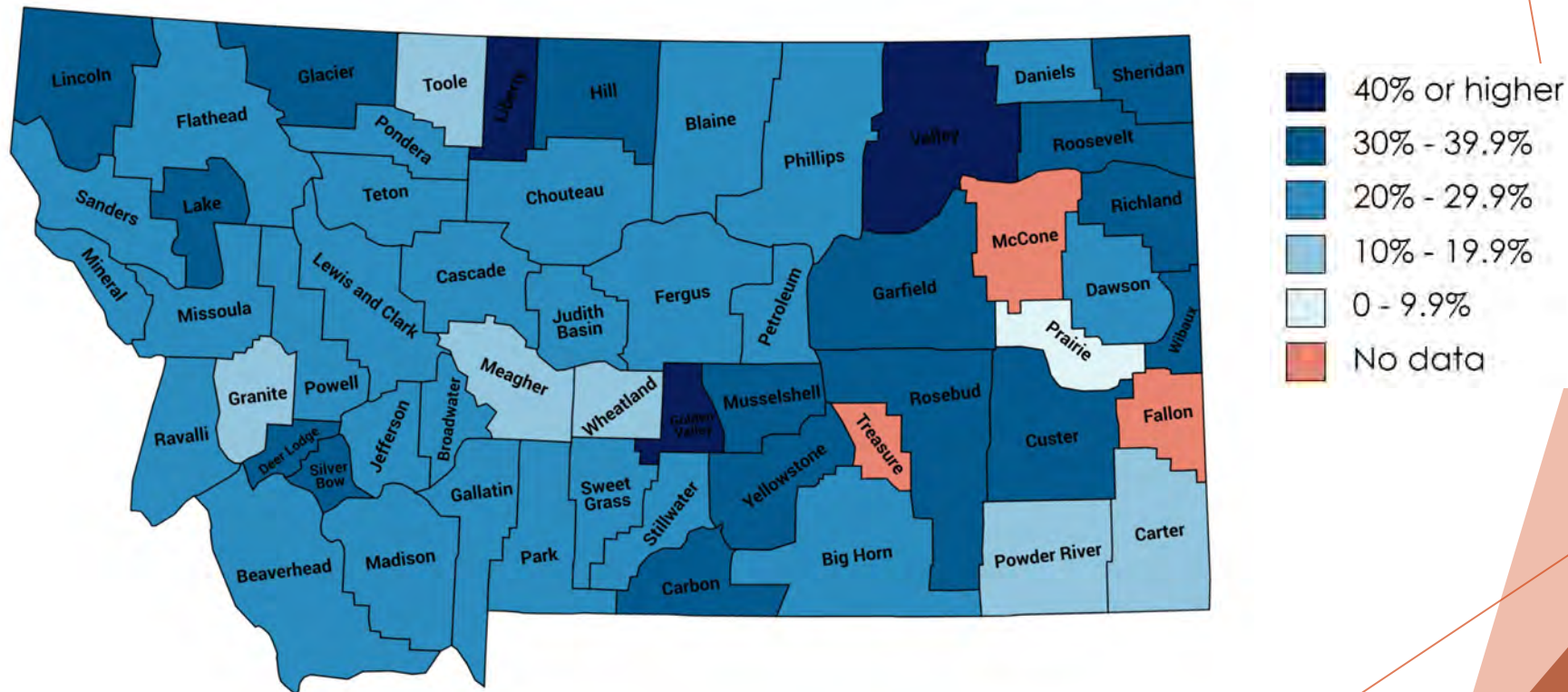
# Texted or e-mailed while driving during the past 30 days



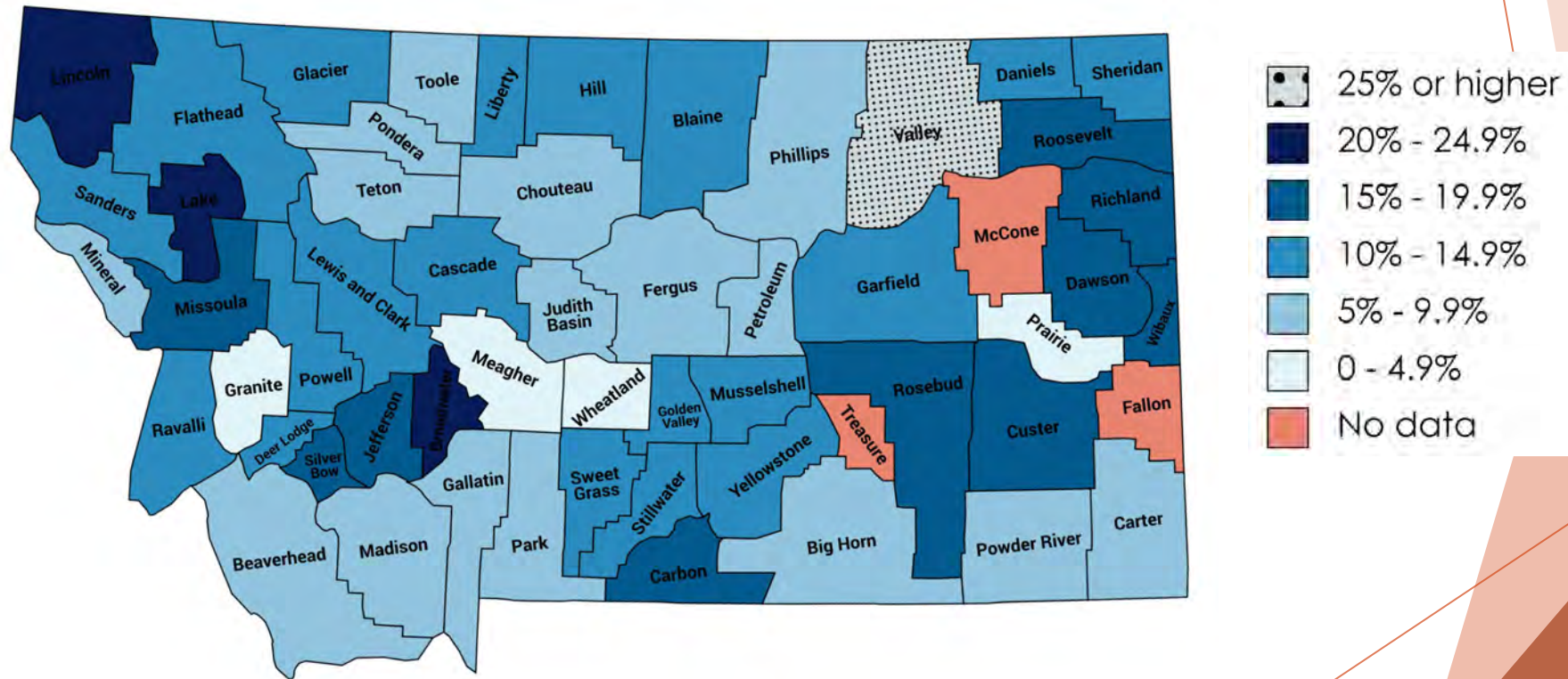
# Smoked a cigarette on one or more of the past 30 days ("currently smoke")



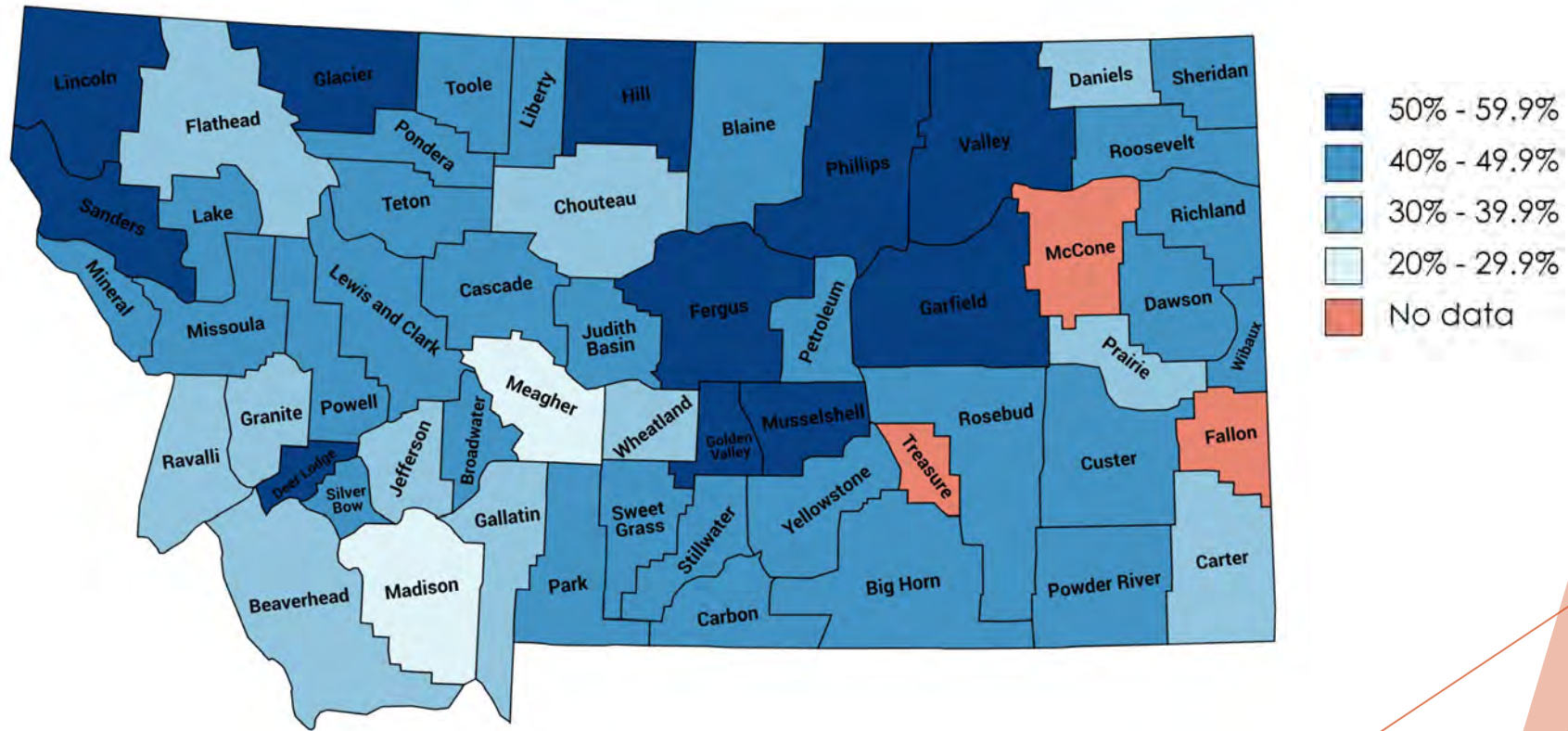
Used an electronic vapor product during the past 30 days (such as JUUL, SMOK, Suorin, Vuse, and blu. Electronic vapor products include e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods.) “currently vape”



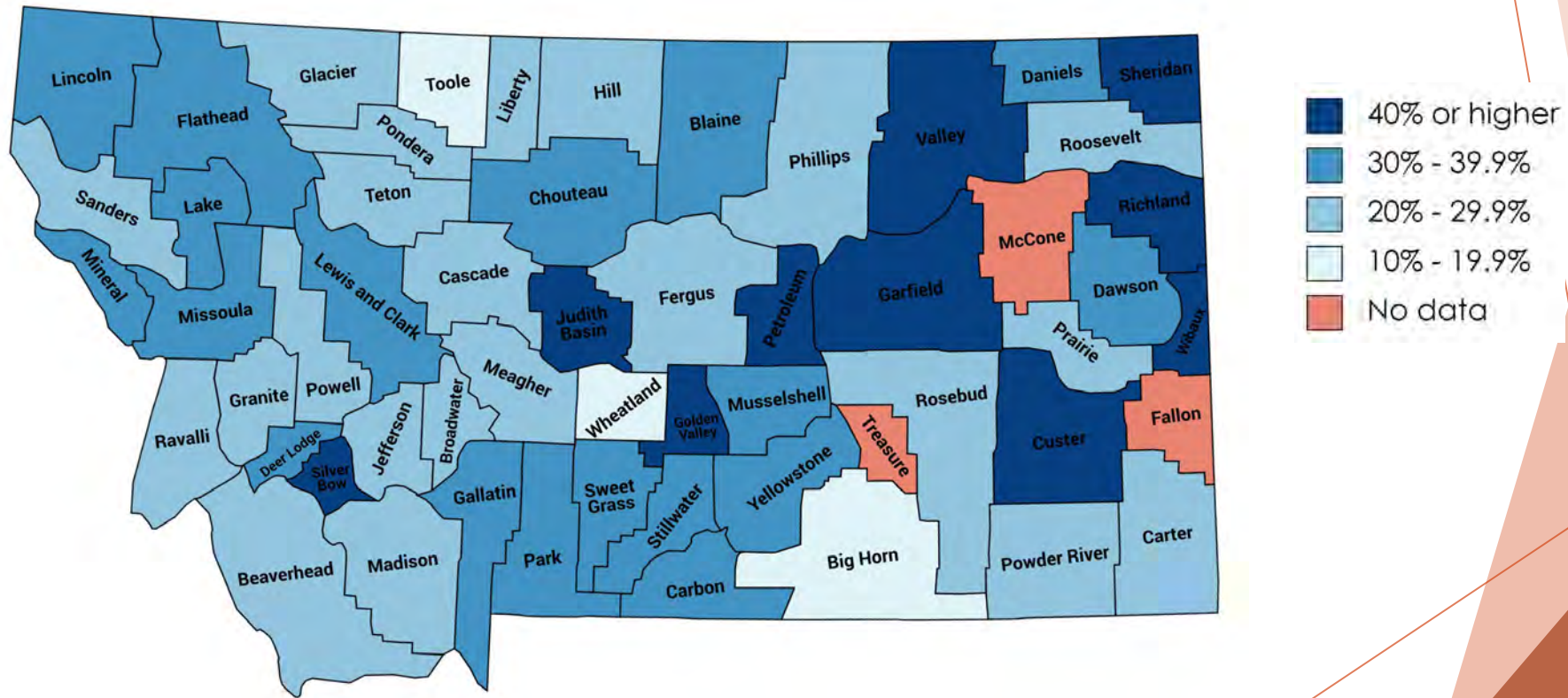
# Used an electronic vapor product on school property during the past 30 days



# Ever had sexual intercourse in their lifetime

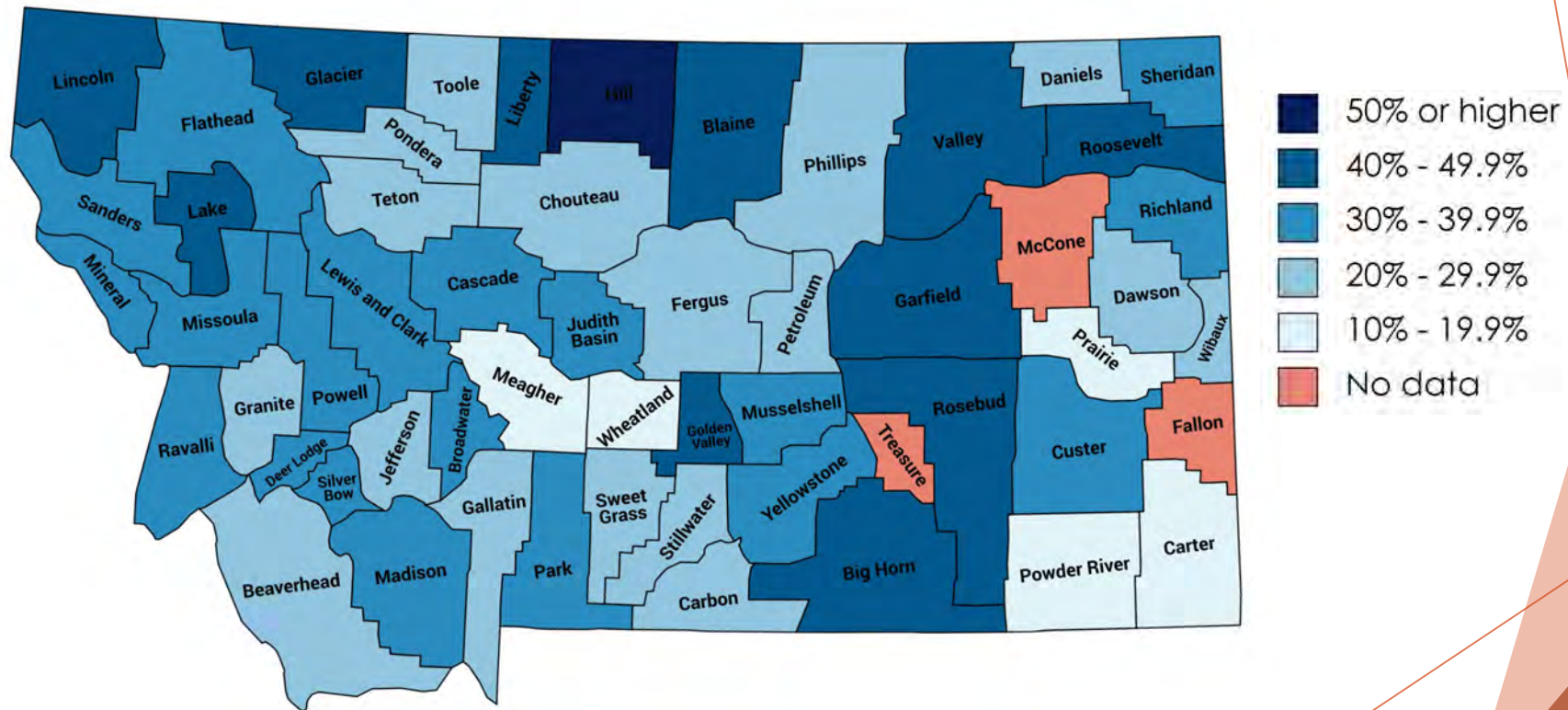


# Currently drank alcohol, past 30 days

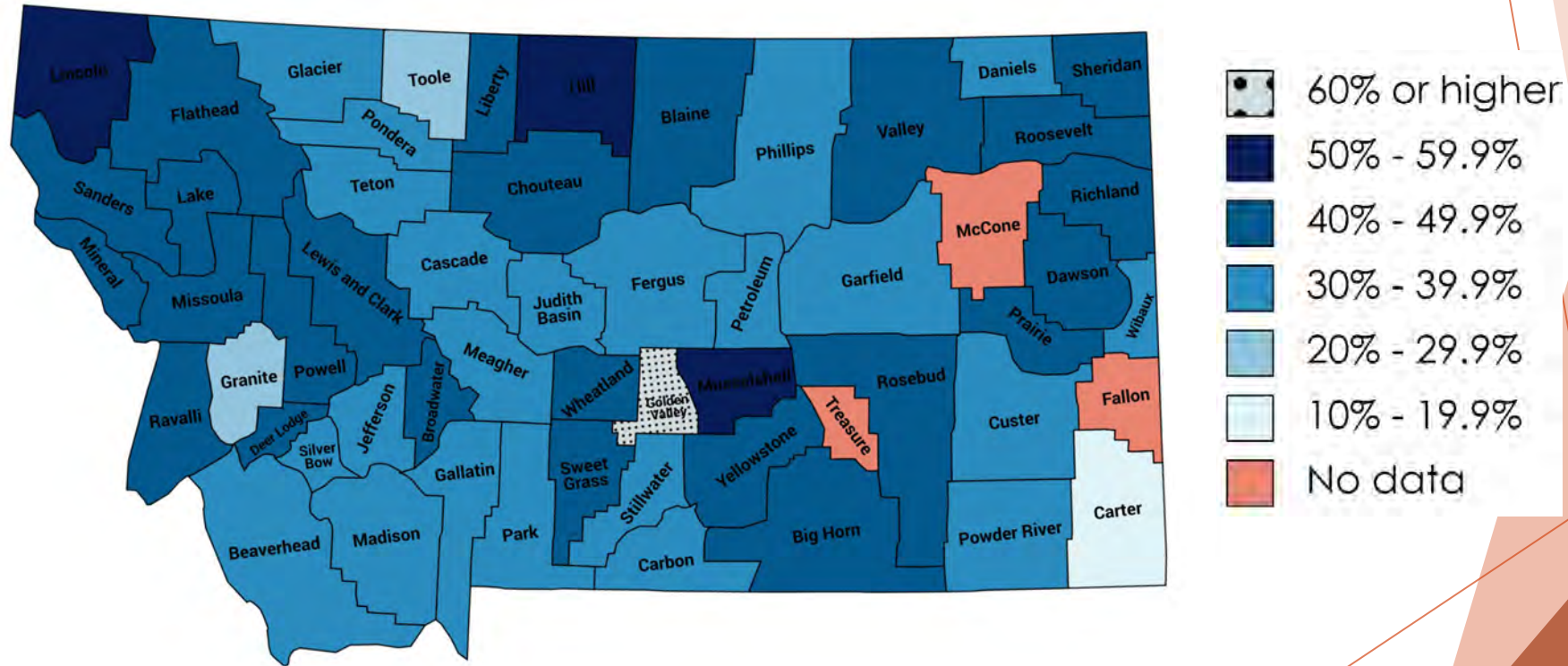




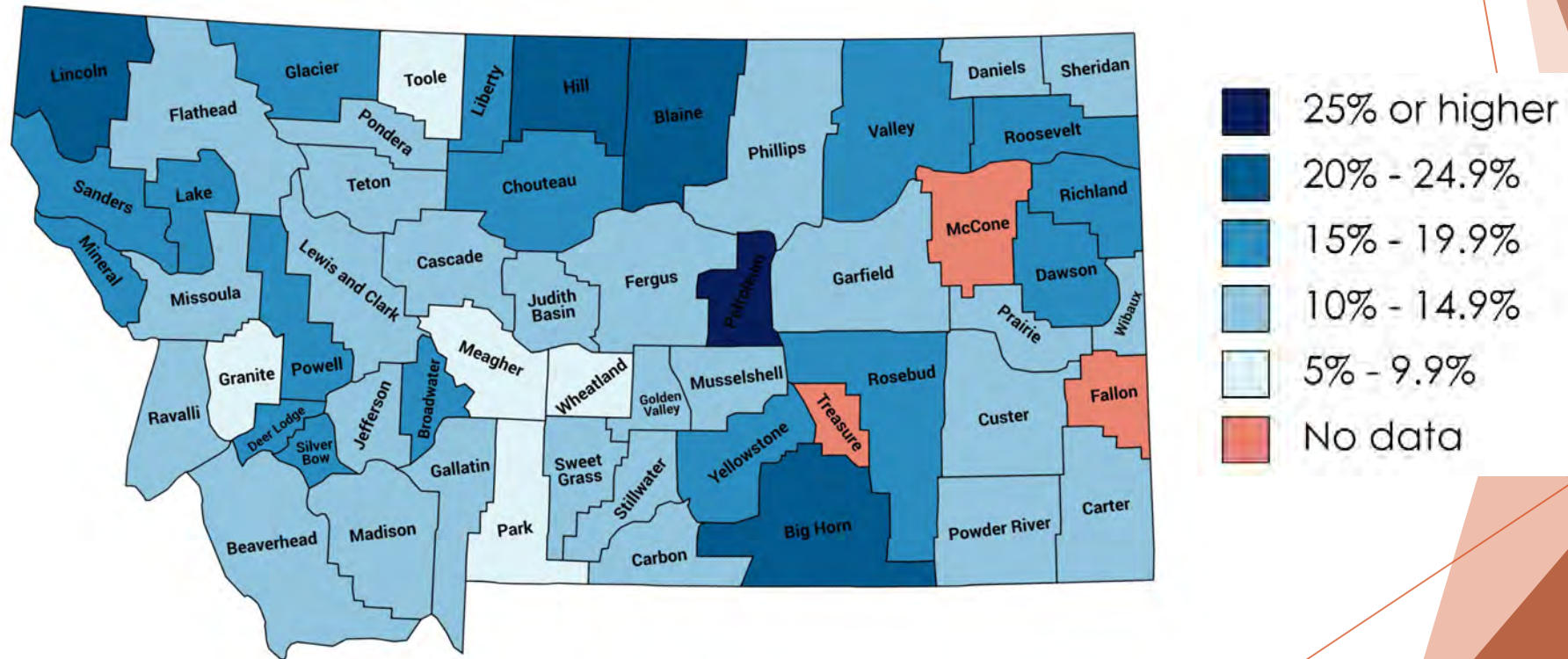
# Have ever used marijuana in their lifetime



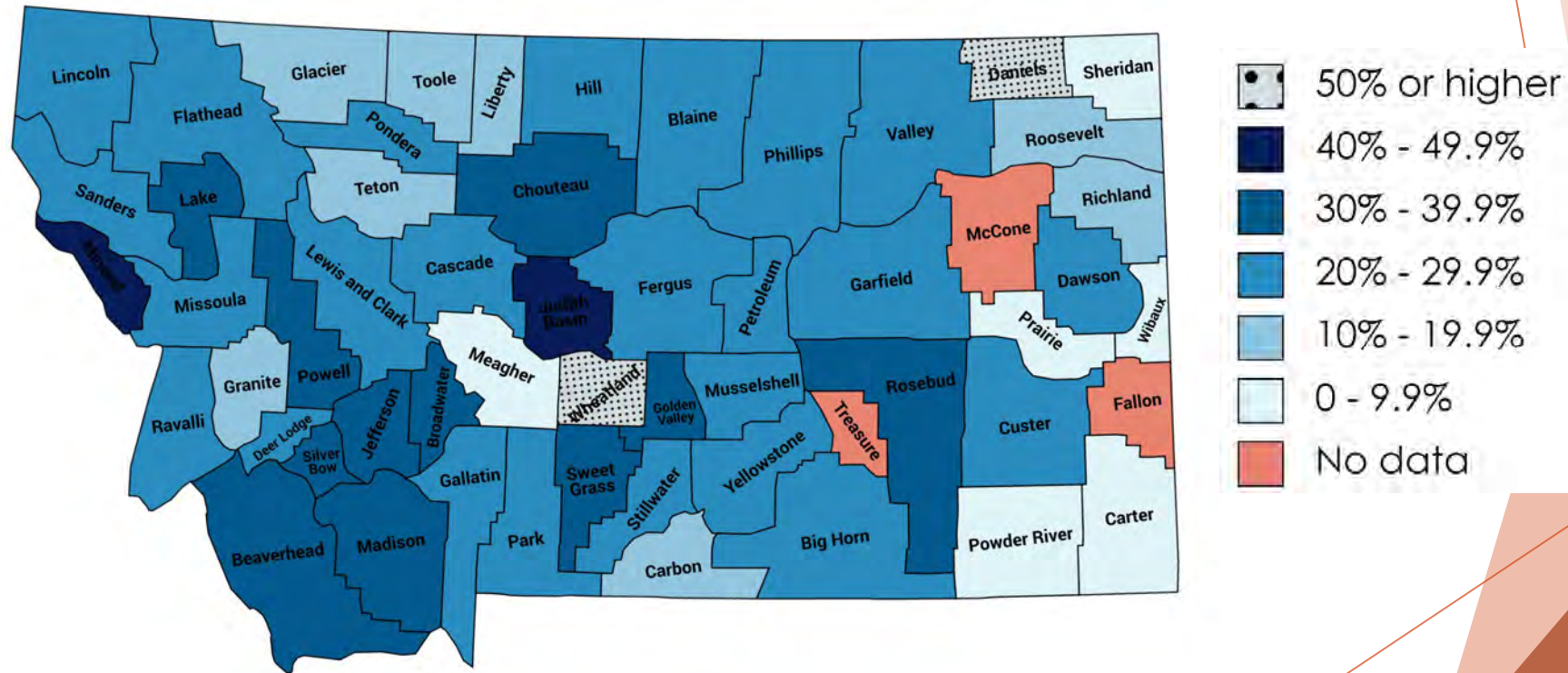
Felt so sad or hopeless for two weeks or more in a row they stopped doing usual activities, past 12 months



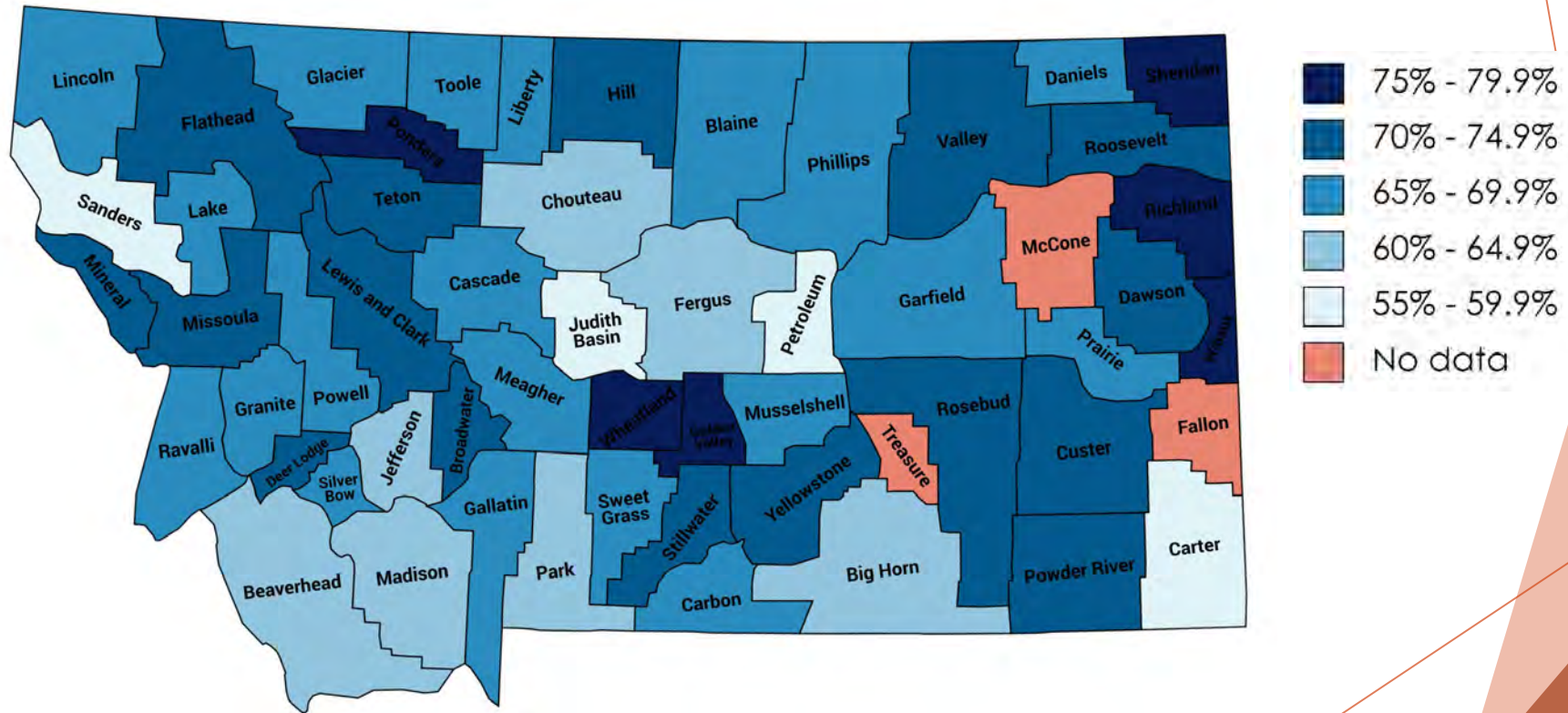
# Attempted suicide during the past 12 months



# Among students who attempted suicide, had an attempt that required medical treatment, past 12 months



Spent three or more hours on screen time on an average school day (TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media. Do not count schoolwork.)



# Montana Youth Risk Behavior Survey

[www.opi.mt.gov/yrbs](http://www.opi.mt.gov/yrbs)

Susan Court  
Montana Office of Public Instruction  
YRBS Program, State Coordinator  
E-mail: [scourt@mt.gov](mailto:scourt@mt.gov)  
Phone: 406-444-3178