

Health sector trends

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We have a spending problem...

...but what is it?

- It's not the amount of spending per se
 - NHE 19.7% of GDP in 2020, up from 17.6% in 2019
 - Ability to spend, preferences, unforeseen emergencies – no “correct” amount
- Financing mechanisms fail to promote efficiency
- Delivery mechanisms fail to promote efficiency
- No magic solution(s)

Aging

Oldest-old population growing faster than other age groups

- 50% more seniors (65+) by 2040
- 150% more people over 85 by 2040

Working age population won't keep pace

- 3.6 people 18-64 for every senior in 2020, dropping to 2.7 by 2040
- 30.2 people 18-64 for every person over 85 in 2020, dropping to 14.9 by 2040

Aging impact on health sector

- Boomers living longer with multiple comorbidities and chronic disease, including Alzheimer's
- Aging health workforce
- Increased demand for long-term services and support
- Increased demand for geriatricians, direct care workers
- Impact on family caregivers

Nurse shortage(?)

- Burn-out in the news
- Age-out may be more significant
- Short-term responses
- Longer-term responses
 - Medical education
 - Community outreach
 - Technology and telemedicine
 - Redefine the job

The economy and social determinants

- Faltering local economies and community health
- Rural health challenges
- Broadening perspective on inputs to health