

Helping ensure the mental well-being of inmates

At the DOC, the objective of mental health treatment is to alleviate symptoms of mental disorders and prevent relapses to sustain patients' ability to function safely in their environment. We believe treating mental health requires more than medication; it includes self-understanding, self-improvement, and development of skills to cope. All inmates are screened for mental health needs at intake.

Patient care is delivered by internal and external qualified mental health professionals including:



- Psychiatrists
- Psychologists
- Psychiatric social workers
- Psychiatric nurses
- Counselors



By the numbers

- 572** - Number of mental health screenings (January-June 2023)
- 359** - Number of mental health evaluations (January-June 2023)
- 1,992** - Offenders in DOC secure care diagnosed with a mental illness during their lifetime as of 8/5/23.
- 56** - Offenders in DOC secure care diagnosed as severely mentally ill as of 8/5/23.
- 33** - Incarcerated youth who are Severely Emotionally Disturbed (SED) as of 8/5/23.
- 1,613** - Offenders in DOC secure care receiving psychiatric medications.
- 392** - Average number of offenders seen by psychiatrist or psychiatric nurse practitioner monthly (in-person or telepsychiatry)
- 490** - Average number of offenders seen by a therapist or psychologist monthly (in-person or teletherapy visit)

Mental health treatment offered by the DOC in secure care:

- Mental health screening and evaluation
- Individual therapy
- Group therapy, including:
 - o Dialectic Behavior Therapy (DBT) skills groups
 - o Anger Management
 - o Beyond Violence
 - o Moving On
 - o Cognitive Behavioral Therapy (CBT) skills groups
- Wellness Checks (for SMI or GBMI individuals, or if requested)
- Psychiatry medication management
- Cognitive screening
- Crisis intervention

Mental health clinicians provide crisis care for all inmates including suicide prevention. Mental health paraprofessionals provide wellness checks to Guilty by Reason of Mental Illness (GBMI)/Severely Mentally Ill (SMI) inmates.

****Numbers to be inclusive of all DOC secure care RSNU, PHCF (juv-adult), MWP, MSP, CCC, DCCF.